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Joy's painting recalls the 1892 Parc Slip disaster

THE recent 125th anniversary complete a painting that has memorial events that great significance to her own remembered the Parc Slip family. mining disaster in Tondy have prompted a local woman to

An explosion at the mine in August, 1892, claimed the lives of 112 men and boys.

Joy Allen, who lives in Coity, can point to a family connection with four of the victims.

Her great-grandfather, and three of his brothers all lost their lives when the huge explosion ripped through the mine.

Lewis Cockram, aged 28, was married to Catherine, and had two children. It is his bloodline that comes down to Joy.

Three of Lewis' brothers died that day - John (35), George (40) and Thomas (37). In fact, there were two other brothers who had swapped shifts so they could attend the St Mary Hill Fair - a very big event in those days.

Joy told The GEM: "My sister, Catherine Delahay, has done quite a bit of research into this. "One thing I have noticed is that the name 'Cockram' seems to have died out in the area now, whereas so many names on the Parc Slip Memorial are still common in the area."

(CONTINUED ON PAGE 9).



Joy Allen with the painting.

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PORTHCAWL GYM WINS SOUTH WALES FITNESS AWARD!

A PORTHCAWL health and fitness club is celebrating - after taking the top award at a presentation evening.

The South Wales Fitness Awards were hosted at The Bear Hotel in Cowbridge recently, hosted by former boxer Nicky Piper.

The Porthcawl Health & Fitness Club, in John Street, was the big winner, taking the fitness club of the year award.

The event recognised gyms and health clubs that have 'gone above and beyond', and the club's owner and manager, a delighted Gareth Charnock, said that it matched the ethos of his gym.

Gareth told The GEM: "We have been in business now for five years, and we cater for all levels of fitness, and believe strongly in making every member of the community

welcome."

Community involvement is key to the gym, and it offers a wide range of classes designed to cater for all members.

In fact, the club was short-listed for two other awards, one being 'Class of the Year'.

Gareth said: "Dance Fit, run by Heather Barnett, received a well-deserved nomination, and we are really pleased that it was recognised."

The club's third nomination was 'Member of the Year', when the remarkable Rhian Power was the club's representative...

Remarkable because Rhian took up running under the supervision of the club's instructors, and lost six stone!

She has gone on to run six half-marathons, and emphasised her transformation this year when she completed the London Marathon!

Gareth explained: "As part of the community involvement, we put on regular events to raise



ABOVE (left to right): Heather Barnett, Gareth Charnock, and Vicky Evans-Banfield.

money for charity. "So far this year, we have raised over £10,000."

He added: "I still can't believe we actually won! All our hard work

has paid off. Five years owning the gym, and it's gets better and better every month.

"Many thanks to all the staff - Heather, Steve Vicky B, Vicky J,

Mark, Jack, Zak, for all the amazing work.

"Finally, a massive thank you to all the members, because if it wasn't for you, we wouldn't have won."



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'Tories made a grubby deal with the Ulster DUP'

TWO weeks back in Parliament is all it takes to realise that the Tories in Westminster are on the back-foot, following the general election in June.

We saw them deprived of a majority, after they took the electorate for granted – and last week, we were presented with yet more evidence that the UK Conservative Government is obsessed with clinging onto power.

Last Tuesday, the Government voted through changes to parliamentary committees, to give Theresa May a majority on crucial legislative committees that drive the Commons agenda. This is a direct power-grab by the Government in the wake of their embarrassing loss of seats in June.

The people didn't vote for the Tories to have a free hand, with no parliamentary scrutiny.

The people voted to embolden the opposition to PM May's Government.

This should be reflected in committees, as well as in the House of Commons.

The Democratic Unionist Party backed this move, following their grubby £1 billion deal to support the Government before the summer.

They should no



by **CHRIS ELMORE**
MP for
Ogmore

longer be sitting on the opposition benches in the Commons, and it is an outrage that they are still receiving financial support in the form of short money, which is specifically intended for opposition parties.

My Welsh Labour colleagues and I are standing up for Wales on Brexit, rail electrification, the public sector pay cap... the list goes on.

We will continue to fight for what is right for our communities across south Wales.

The next 18 months are an incredibly important time for our nation and the Government mustn't try to exclude Wales' voice.

The public aren't blind. The last election showed that the British people are growing increasingly tired of the Tories' underhand gerrymandering of our political system.

The desperation illustrated by the sticking-plaster they are attempting to create within committees will not last.

The Tories are on notice.

Kayleigh's charity gap year adventure in Nottingham

A BRIDGEND volunteer is following in her sister's footsteps – by taking part in the gap year programme run by the Catholic international development charity CAFOD, which will see her help people across the world.

Kayleigh Margetts (22), is taking part in CAFOD's 'Step into the Gap' programme four years after her sister, Eleanor Margetts, began the same journey, which led her to meet Pope Francis and speak in the Houses of Parliament.

Miss Margetts said: "I originally found out about the Step into the Gap programme through



Kayleigh Margetts from Bridgend.

my sister, as she was on the programme a few years ago. I got to hear all about the exciting things that she got up to while working with CAFOD, and I have been curious to see the work of CAFOD first hand."

During the year, Miss

Margetts will be based at The Briars in Nottingham, volunteering as a youth worker and working alongside the local community.

While there, she will help lead sessions at the retreat centre and work on outreach projects at local schools and parishes. She will also make an international trip to meet some of the communities that CAFOD works alongside.

Miss Margetts is planning to raise awareness of the charity's work by arranging an event around the upcoming Harvest Appeal, which will see communities across Wales and England hold fundraising events throughout October.

AM to question Welsh Government over proposed health board boundary change

REGIONAL AM Suzy Davies is to question Welsh Government about proposals that could see Princess of Wales Hospital transferred from the ABMU health board to Cwm Taf.

Mark Drakeford, Cabinet Secretary for Finance and Local Government, said in the Senedd that the Welsh Government would be considering whether or not to change the boundaries of the Cwm Taf health board, which covers the Pontypridd and Rhondda areas, so that the Bridgend county borough area would be brought within them.

At the moment, Bridgend is included within the boundaries of the Swansea-based ABMU board.

Mr Drakeford said that a

consultation will be launched this autumn along with a statement of intent.

Welsh Conservative Mrs Davies commented: "This change would bring PoW into the same health board as the Royal Glamorgan Hospital at Llantrisant. Maesteg Hospital would also be affected, as well as all the GP practices, clinics and dentists currently working in Bridgend."

"There are also implications for social care as at the moment, Bridgend is part of the Western Bay consortium along with Neath Port Talbot and Swansea Councils, which organise social services."

"We need to know if that would also need to change. This is a big decision and I will be submitting questions to the minister this week."

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REMEMBERING EDDIE PEDDAR

SINCERE condolences to Teresa Peddar and family on the loss of her dear husband, Eddie, who passed away suddenly at home on September 10.

Eddie, an insurance manager for many years, was latterly an employee of Bridgend County

Borough Council in the Highways Department.

He was extremely well liked by all his colleagues for his expertise and sense of humour. Eddie was also a former member and president of Bridgend Lions in 1987/88.

A great dad and grandad, he will be sorely missed by all who knew him.

Carol Thomas.

Body is found in Bridgend

SOUTH Wales Police confirmed last week that officers searching for missing Alan Gowans had located a body.

The police provided a statement which said: "The body was discovered near a brook on Marlas Road, Pyle, shortly after 7.30pm on Wednesday, September 13."

"Formal identification has yet to take place but Mr Gowans' next of kin have been informed of the discovery."

"The death is currently being treated as unexplained while enquiries continue."

Cancer caught in the nick of time for young Bridgend mum

A BRIDGEND mother is calling for others to prioritise regular eye tests during National Eye Health Week (September 18-24).

A free eye test voucher through the letterbox from Vision Express was the prompt Rachel Thomas needed to book her first eye test in 11 years, a decision which secured her future with her husband and three children.

Rachel, (30), had experienced slight blurred vision but assumed that it was a result of time spent at her computer. Having no other issues with her sight, she visited her local Vision Express store where she underwent a thorough eye examination.

The optometrist noticed a large pigmentation on the inside of Rachel's eye, so booked another appointment for her to have dilation drops administered, to obtain a closer look at the abnormality.

Rachel commented: "I wasn't overly concerned about the pigmentation as I'd researched it and found eye cancer to be very rare – accounting for less than one per cent of all cancer cases in the



Rachel Thomas having her eyes tested by a Vision Express optometrist.

UK, and largely affecting over 85-year-olds.

Rachel underwent proton beam therapy at The Clatterbridge Cancer Centre over four days. Following her treatment, she had a biopsy so that her genetic factors could be examined and an indication could be given as to whether the cancer was likely to spread to other areas of her body.

Unfortunately, Rachel suffered from a severe infection after the biopsy, that resulted in a major loss of vision and the near extraction of her eye.

The overall prognosis for Rachel is positive.

Her biopsy results showed that the cancer was caught early and was contained to her eye, and the genetic testing showed that she is at low risk for it spreading to other parts of her body. However, her vision will now begin to deteriorate and will eventually be lost.

Rachel said: "An impact of the proton beam therapy is sight loss, and I'll lose the sight in my left eye. I will have a short amount of time to adapt to these visionary changes; and I feel it is a small price to pay to beat cancer that could have spread very quickly and killed me."

BCBC tries to stamp out dog fouling

EFFORTS are being made to reduce dog fouling at two green spaces in Bridgend County Borough.

New signs, which also include a supply of dog waste bags, have been installed at both Maesteg Welfare Park and at the Woodlands playing fields in Pencoed to encourage all dog owners to be responsible and pick up after their animals.

The Glamorgan GEM • Contact us...

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HIGH TIDE TIMES (UNTIL SEPTEMBER 28)

The high tides listed in this week's GEM are those in Porthcawl. It should be remembered that along the coast, high tide times will vary.

For instance, in Barry, the high point will be 20 – 25 minutes later.

| DATE | Time | Ht | Time | Ht |
|---------|-------|------|-------|------|
| | AM | M | PM | M |
| 21 Thur | 07.59 | 10.2 | 20.14 | 10.3 |
| 22 Fri | 08.35 | 10.1 | 20.53 | 10.1 |
| 23 Sat | 09.09 | 10.0 | 21.21 | 9.8 |
| 24 Sun | 09.42 | 9.7 | 21.58 | 9.6 |
| 25 Mon | 10.12 | 9.3 | 22.27 | 9.1 |
| 26 Tues | 10.46 | 8.8 | 22.59 | 8.5 |
| 27 Wed | 11.22 | 8.3 | 23.42 | 8.0 |
| 28 Thur | | | 12.12 | 7.8 |

While The GEM makes every effort to check the accuracy of tide tables, we recommend that anyone putting out to sea, or walking in an area where they could be cut off, should check with a tide table specific to their location.

We abide by the code of practice upheld by the Independent Press Standards Organisation (IPSO). This contains provisions for issues such as accuracy.

If you have a complaint, write to us at the address below, left, or call editorial manager Don John on 01446 774484. All complaints will be fully investigated. If you are not satisfied with the outcome, you may wish to contact IPSO, Gate House, 1 Farringdon Street, London EC4M 7LG Website: www.ipso.co.uk. Tel: 0300 123 2220. E-Mail: complaints@ipso.co.uk. Enquiries: inquiries@ipso.co.uk.

Online petition for pavement in Corntown

The B4524 heading northeast towards the quarry and the A48. Image from Google Maps.



A CORNTOWN resident has launched an online petition to have a pavement built from the village to the Golden Mile Country Inn.

Caroline Chester, a nurse and mother, told The GEM that the Golden Mile, the village's local, is just under half a mile out of the village, but it is a hazardous walk, particularly in darkness.

Caroline said: "On the pub's recent opening night, it was a lovely surprise to see so many locals walking to the venue, something I have never witnessed before, other than the odd one or two walkers."

"But the speed limit on the road is 60 miles

by GEM
REPORTER
GOT A STORY?
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editorial@glamorgan-gem.co.uk

per hour, with no pavement, and it discourages locals to walk, or even go to the Golden Mile.

"As a parent and a villager, sadly I would rather drive than walk, because at the moment this is the safest option.

The petition, which by last week had had 216 endorsements, can be viewed by visiting: www.change.org/p/vale-of-glamorgan-council-add-a-pavement-for-a

safer-cohesive-community-in-corn-town-before-it-s-too-late.

On Facebook, one person suggested the pavement should go all the way to the A48, so public transport could be accessed.

Caroline added: "Other local residents feel the same as me regarding the lack of safe pedestrian access from the village to our only restaurant and bar.

"Very quickly over 200 people have signed the petition, therefore there is a significant interest in improving the safety around our village.

"The community council has agreed to discuss the issue at their next meeting yet I am still awaiting a response from the Vale Council."



Have you seen this 1927 vintage Ford custom car?

HOT ROD: custom car is stolen

POLICE officers investigating the theft of a distinctive custom car are appealing for anyone with information to come forward.

A spokeswoman said: "The blue vintage 1927 Ford was stolen from a garage on Broadoak Way, Bridgend, sometime

between Saturday, July 22 and Sunday, August 6.

"Anyone who witnessed any suspicious activity in the area during that time, or who has any information which could help with the investigation is urged to call 101 or Crimestoppers free and anonymously, quoting reference 1700305569."

Got a story? Then get in touch with us - email editorial@glamorgan-gem.co.uk or call 01446 774484

SAFETY FIRST as town gets set for 'invasion'... SEAFRONT ROAD CLOSED DURING ELVIS FESTIVAL

TO help ensure that the crowds expected to attend the Porthcawl Elvis Festival (September 22-24) can stroll safely along Porthcawl's seafront, a stretch of the main road along the esplanade will be closed for the majority of the weekend.

Bridgend County Borough Council (BCBC) is advising visitors to the event, and local residents, that there will be a road closure all day on Saturday, September 23, from 6am along the esplanade between Porthcawl Marina and the Seabank Hotel.

The road will stay closed on Sunday morning until 2am, when it will re-open, but will then close again for the rest of the day from 6am until midnight.

Timings may vary slightly in order to ensure the smooth



The Porthcawl Elvis Festival is a popular attraction - the late Billy Fury may have enjoyed it.

running of the event.

Temporary diversions will be in place and drivers are asked to pay close attention to the temporary signage when driving in and around the town over the festival weekend.

One-way systems will also be in place in Victoria Avenue, Doddridge Way and Park Avenue in order to minimise congestion on

the diversion routes.

The majority of the Eastern Promenade will be closed to all vehicles other than taxis, coaches and mini buses that are dropping Elvis fans off at the event, but the Salt Lake car park will still be open and accessible.

Additional signage will be provided to guide drivers to the car parks and dedicated drop-off zones.

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Members of the Lyne and Golunski family.

Fundraising sisters hand over £1,780 to Y Bont

A SPOKESPERSON for Y Bont has offered a "big thank you and congratulations" to sisters Sarah Golunski and Katy Lyne, who raised the grand total of £1,780 for Y Bont this summer.

They took on the challenge of covering the distance, 231 miles, between each other's home in Bridgend and Eastbourne throughout July, by running, cycling, rowing and walking seven miles a day and raised £1,135 in donations.

All that exercise was a great way to burn off the cake they ate during their mid-afternoon tea party fundraiser hosted by Mrs Janet Golunski, Katy and Sarah's

mother, in Corntown.

It was a lovely afternoon supported by 35 friends and family, who helped raise £645 by eating delicious cakes and sandwiches, washed down with Prosecco and tea.

Sarah's son Max, aged three, attends Y Bont. She said: "Max communicates non-verbally using pointing or gesture. He can only say a few simple words which can be frustrating when he's trying to tell you something."

"The staff at Y Bont are fantastic. Max has made much progress since starting his sessions, but there is a long way to go."

We are very grateful to the Lyne and Golunski family for supporting Y Bont so much this summer. Ninety per cent of our

income comes from a range of fundraising activities and donations, and with every £19 raised we are able to subsidise a child's morning or afternoon play session.

The children who attend Y Bont have extremely complex needs, due to disability or illness, with many requiring one-to-one care provision, so we try to offer an affordable rate to families by heavily subsidising the cost of day-care.

Without these subsidies the sessions would cost families up to £75 per child each day.

We want to say a big thank you to Sarah, Katy and all their family and friends who supported them during their fundraising activities.

AS

'Heart-breaking' Pamela's headshave in tribute to two brave men

A Vale woman is shaving off her hair for Cancer Research UK – in memory of her brother and a close friend who both died recently.

Pamela Dungey (53), of Barry, who is confined to a wheelchair, decided that having her long locks cut off was an ideal way to pay tribute to John Dungey and Sam Gould who both had cancer, and faced death with courage and dignity.

She told The GEM: "On Tuesday, October 3, I am going to be shaving my hair off to raise money for Cancer Research UK."

"The reason I am doing this is that just over three months ago I lost two incredibly important people in my life, and they were both taken by cancer."

"The first was a wonderful young man by the name of Samuel Gould. Sam was 33, and married with three little girls all under five years of age."

"He was an incredible young man. He was incredibly kind, funny, and always thought of others before himself."

Pamela said Sam, who had lived in Penarth

and then Caerphilly, was a life-enhancer.

"He loved people and even went into politics to be able to help those in need in his local constituency."

"He was diagnosed with bowel cancer, but by the time he had symptoms it was already too late. Just eight weeks later, he passed away."

"We were all stunned, but he faced his illness with the most incredible bravery and even made a film to be played at his funeral."

"Sam campaigned furiously about bowel cancer in younger people and was even on the BBC news."

"His loss has been devastating to his family, but before he passed away, I promised Sam that I would do something to raise money for Cancer Research UK."

Tragically, while Sam was fighting his battle, Pamela's much-loved brother John Dungey, from Barry, was also fighting for his life.

She explained: "John had a brain tumour and knew from the early days of his illness that it was terminal."

"John was 50 years of age, and a local businessman. He owned C and H Plumbing Supplies, but our John was also a volunteer crew member of Barry RNLI."

"He would go out in all winds and weathers to try to save the lives of people who were in difficulty at sea."

"We couldn't save John. He faced his own end with incredible bravery and courage."

"He was a true gentleman, and always wanted to help others if he could, but he was taken from us just one week after we lost Sam."

"John loved the sea, and he was never happier than when he was, as he called it, 'wave bashing'. The larger the waves, the more he loved it. But John did this because he loved people too, and always put others before himself."

"He put his own life on the line to save the lives of others."

"John loved living in Barry, and he loved the people of Barry. He had a very, very happy family life, with his wife Emma and his three children, his whole family, and particularly our mum, Rosemary."

"She was left devastated, losing her only beloved son."

His ashes, and handfuls of red petals provided by Rosemary, were scattered by Barry RNLI on the waters off the Knap at high tide.



Pamela will lose her long locks for charity.

Pamela says the family will never get over the loss of John, but her fundraiser is an attempt to pay tribute to the two men.

"I knew that I had to do something to help in some way. My promise to Sam still stands, and I also wanted to honour my brother John, but I am disabled and in a wheelchair, so my choices for fundraising were limited."

"I couldn't run a marathon, or bungee jump off a bridge, so I came up with the idea of 'Braving the Shave'."

"I've decided that the time was now right to make good on my promise and raise money and awareness for Cancer Research UK."

"Research is the only way that in the future young men like Sam and John might be cured of a terrible disease that affects people of any age, race or religion."

"It shows no mercy to those who suffer and to those who are left behind."

Pamela has a good head of hair, but will take it to the wood.

"I am going to have it all shaved off and I have set up a 'JustGiving' page for those who would like to make a donation to support me in this."

"I set myself a goal of raising £1,000 and to date, I am two thirds of the way there."

A local lady, Nicola Murphy, has offered her services to shave my

head. My hair is long and all of it will be donated to The Little Princess Trust, which makes wigs for children who have lost their hair through chemotherapy.

"I cut my hair short many years ago and donated it to the same charity, but this time I am going the whole hog, and shaving the lot off."

But despite the anguish she feels, and the prospect of being bald for a while, Pamela can see the funny side of life.

"I know I am going to look very odd for a while. After all, it's not often you see a rather large lady, in a wheelchair, with a bald head, whizzing around the streets of Barry."

"I know that what I raise will be a mere drop in the ocean, but it might, just might, help somebody in the future to live."

"To know that I am doing this for two incredible men, who have both touched my life and all of the lives around them, is a true honour."

She added: "Every penny counts, so please give if you can, and if you see a large bald woman in a wheelchair whizzing around Barry town, then give her a hug. It is going to be a cold winter ahead and she may need your warmth."

To support Pamela's fundraiser, go to: www.justgiving.com/pa-mela-dungey.

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Freemasons' £1,000 boost to charity



The Mayor of Porthcawl receives a cheque from Colin Best, representing the local Freemasons.

PORHTHCAWL Freemasons have thanked local people who expressed an interest in Freemasonry when visiting the Masonic Hall during their recent open days.

A spokesman said: "The values of Freemasonry are based on integrity, kindness, honesty and fairness. Freemasons are taught to practice charity and to care, not only for their own, but also for the community as a

whole – both by charitable giving, voluntary efforts and works as individuals.

"From its earliest days, Freemasonry has been concerned with the care of orphans, the sick and the aged. This work continues today. In addition, large sums are given to national and local charities."

The cheque was presented to Porthcawl Town Mayor, Coun Lorrie Desmond-Williams by Colin Best, on behalf of the local Freemasons.

IT'S A GAS!

Dale joins engineering apprentice programme



LEFT:
Engineering apprentice Dale Chilcott: "I am excited to play my part in keeping customers safe and warm."

BRIDGEND'S Dale Chilcott has begun an apprenticeship programme with Wales & West Utilities that has seen 21 apprentices and two graduates join the company.

The apprentices will be part of the company's engineering teams which repair gas leaks, lay new gas connections and maintain the gas network.

The graduates will be based in the company's Newport headquarters and focus on achieving Chartered Engineer status.

Dale, age 34, said: "I am delighted to start

the apprenticeship programme with Wales & West Utilities. The company's training programme is very well regarded, and I'm really looking forward to starting my career in a working environment with some of the best training in the industry.

"I am excited to play my part in helping to make sure the 7.5 million people we serve are kept safe and warm."

The apprentices will carry out all their training at Wales & West Utilities' state of the art training academy in Treforest, south Wales as well as local colleges. novative thinking to face future challenges.

Comedian backs 'Social Saturday'

COMEDIAN Rhod Gilbert is urging 'social businesses' in Bridgend to 'get social' on Social Saturday, October 14 – a day to shout about social enterprises and businesses in Bridgend.

Last year, social enterprises from all over Wales took part – but more are being encouraged to join in by holding a special 'Social Saturday' event.

They can offer discounts on the day, or simply show their support via social media, so that consumers can find out more about the sector and the benefits of buying social.

The social enterprise sector is estimated to be worth £2.37 billion to the Welsh economy and employs over 40,000 people and relies on the help of some 50,000 volunteers.

Rhod Gilbert is backing the campaign and said: "This Social Saturday, we're challenging you to unleash your spending power with social businesses local to you – cafes, shops, leisure facilities, wildlife centres, cinemas and pubs.

"You'll be surprised how many are on your doorstep. When you 'Buy Social' on Saturday, October 14, your money is reinvested to support a social or environmental cause, like getting people back into work and reducing poverty.

"They are changing the way the world does business, so help us celebrate this year."

AS

MP queries women's pension complaints

MADELEINE MOON has been told that no Government staff are deployed specifically to deal with complaints from women affected by changes in the state pension age.

In a written question, the Bridgend MP asked the Department of Work and Pensions (DWP) how many staff are deployed to respond to complaints received from women born in the 1950s affected by the changes.

She also wanted to know how many additional staff have been employed to respond to those complaints in each of the last 12 months.

DWP Under-Secretary Guy Opperman told Mrs Moon: "The responses to complaints received are being handled within normal business activities.

No additional staff have been employed to respond to these complaints."

Concern over the impact changes to the state pension age are having, particularly on women born in the 1950s, has led to the creation of a protest group called Women Against State Pension Inequality.

Report by Mike Prosser.

Welsh music in harmony with the Tearfund charity

IN a recent charity fundraising concert at Gilgal Baptist Church, Porthcawl, a large audience turned out to enjoy an evening of Welsh music.

Côr Dysgwyr Porthcawl (Porthcawl Welsh Learners' Choir) joined forces with Cantorion Coety to raise funds for the charity, Tearfund. The musical director of the Porthcawl Welsh Learners' Choir is Anne Brown, while Eira Paskin is musical director of Cantorion Coety.

They should both be congratulated on a most successful evening which raised in excess of £1,500.

Each choir performed individually and for three songs they performed as one choir. The guest

performers, Tomi Turner (tenor and harp) and the Côr Dysgwyr handbell ringers received deserved, warm applause from a most appreciative audience.

During the interval, Josie Smith from Tearfund gave a moving presentation, with information on the most recent aid activities undertaken by the charity in East Africa. As a result, the audience made further generous donations to the charity at the end of the evening.

Everyone who participated in the concert would like to express their gratitude to Gilgal Baptist Church and those people in the Porthcawl and Bridgend area for earlier contributions and the generous donations on the night.



Bridgend Lions' visit to festival raises funds

ON Sunday, September 17, members of Bridgend Lions visited the Abergavenny Food and Wine Festival

The fundraising trip was organised by Manuela Hiatt of Bridgend to support the Bridge Mentoring Plus Scheme and the sum of £180 was raised.

Hundreds of people attended this festival and luckily, the weather was kind.

Survey on 'modern-day slavery'

SOROPTIMISTS from all over the UK are working to establish the public's knowledge of human trafficking and modern day slavery.

From October 1 to 7, Soroptimists from SI Bridgend and district, as part of their mission to inspire action and transform the lives of women and girls worldwide, are encouraging members of the public to complete the UK-wide survey undertaken by the Soroptimist United Kingdom Programme Action Committee.

Working with UK Modern Slavery Training Delivery Group, which is part of the Government's

strategy to combat trafficking/slavery, the intention is to find out the extent of public knowledge of human trafficking and modern slavery.

The results will help to inform and direct their work. The on-line version of the survey is accessed from www.sigbi.org/survey/ and it is hoped that a wide range of individuals will give a few minutes of their time to log in and complete the survey.

For more information, contact Carys Brown, programme action officer, Soroptimist International Bridgend club, on 07817501630, or email: carysbrown@gmail.com.

Eileen Bayley



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The Swiss watch from within Europe, not within the EU

WITH regard to the recent spate of anti-Brexit letters in recent GEM pages, I have just returned home from a business trip to Switzerland, a country right in the heart of Europe, and one that is not in the EU and has withdrawn its application for membership.

From what I saw there, the country has a good standard of living brought about, one would assume, by high employment rates. During my stay I used Swiss Francs, the currency of this non-EU country. I came into contact with many students and fellow educators from a variety of countries.

I very much enjoyed

speaking German once more, having lived in Germany for three years and learned the language.

On my way towards the airport, I passed from Switzerland into France. The change was only noticeable by the sign announcing it and a sudden increase in the level of graffiti.

I voted Leave because I love Europe, not because I want to break away from it. Switzerland is proof that Europe does not need the EU.

Remoaners should take a trip there in order to see how Britain will be once we have left the EU.

Perhaps the only difference is that the Swiss believe in their country, just as those of us who voted Leave believe in ours.

Ade Pitman, Barry.

'No vote, no opinion'

YOUR correspondent Peter Knapp seems rather aggrieved that people who couldn't be bothered to vote should have their wishes taken into consideration.

It's very simple Peter; in the referendum, there were two choices on the ballot paper: Leave the EU or Remain in the EU.

Of those who actually made the effort by going

to the polling station/using a postal vote/vote by proxy, the majority voted to leave the EU.

In future, if you want to have a say on how the country is run, then get off your backside and vote.

Remember, people suffered and in some cases women died to obtain the right for all of us to vote.

Name and address supplied.

THE 'SILENT MAJORITY' HAS NO VOICE

IREFER to the letter from Peter Knapp of Cowbridge stating that the 29 million people who couldn't be bothered to vote in the EU Referendum that their voices should be heard.

Sorry, but if they don't vote, then they have no valid opinion so I say to them 'SHHHHHHHH'.

Ashley Wallace, Barry.

MP's childish view on 'Tory revenge'

IREFER to the article in last week's GEM by Chris Elmore, the MP for Ogmore.

I am amazed that a supposedly intelligent person should make such a childish statement – in accusing the Conservative Party over the "broken promise" on rail electrification, and saying that the Tory Government are trying to punish the people of Wales for rejecting them at the general election.

I am sure, like any party, they would have been happy to have had more seats.

Unfortunately, they had to put up with the number of 18 to 24-year-olds who decided to vote for Labour with a promise from Corbyn of free university fees and to write off those already paid – then after the election cancelling the promise – owing to cost.

It is also strange that Labour AMs and MPs never mention that when they lost in 2010, after 13 years in government, their incompetence with financial controls left the country near bankruptcy, and it will probably take until 2040 to put it right!

Barry Hoey, Bridgend.

Readers' Letters

Please keep your letters BRIEF and address them to: **The Editor, at Glamorgan GEM Ltd, Graig House, 53 Eastgate, Cowbridge CF71 7EL or email editorial@glamorgan-gem.co.uk**

• Letters and e-mails MUST include your FULL address and a contact telephone number.

An email address alone is not sufficient!

We reserve the right to edit all letters. We do NOT accept anonymous mail.

The state of the European Union

IN his state of the union address, the European Commission president, Jean-Claude Juncker, let the genie out of the bottle with his vision for the development of the EU.

It will see the creation of a European super-state, a European army, a European finance ministry, centralised decision-making – which includes majority voting determining tax and foreign policy, all members being part of a monetary union, and all activity overseen by an all-powerful president.

In the build-up to the referendum, the Remain lobby denied such visions even existed. Now we know not only that they do, but that it is only a matter of time before they become reality.

I wonder how many who voted to remain now see a different picture – with the route map for EU development clearly set out by the president.

A warning of this probability was given by the then Labour Party leader Hugh Gaitskill in 1964 when he advised against the UK being involved in European reintegration, as he was firmly of the view that it would lead to a European super state.

When the UK voted in 1975 for closer links with what became the EU, it was solely on the basis of a trade agreement. Since then PMs, with the notable exception of Margaret Thatcher, have willingly bowed to demands for the UK to hand over to Brussels authority for issues that should have remained firmly the responsibility of the UK Government.

All this has been done with little or no parliamentary debate and certainly no attempt to obtain the authority of the electorate. For the ex-

PMs, notably John Major and Tony Blair, to demand that Parliament must agree every stage of the exit negotiations endorses the high level of duplicity that exists in politics.

Despite Juncker's claims, the EU is crumbling: adult unemployment in a number of member countries is in excess of nine per cent, unemployment amongst the young has soared to unprecedented levels – and there are no signs that this will lessen in the short/medium term.

A whole host of member countries are struggling economically and, as an example, Italy has experienced almost no economic growth since joining the euro almost 20 years ago. Southern Europe is an absolute economic mess, with many from that area having to move from their countries to seek employment in northern Europe.

This is the reality of the EU and the vote to leave appears more sensible on a daily basis.

The UK will benefit from being away from the unreality of the EU, trade will prosper and remember that the need for the EU to continue its trade with us remains – economic realities will prevail over the boastful words of a president living in a dream world.

Finally, it is a fact that the EU accounts have not received a clean bill of health from the auditors for many years – financial management in the EU appears at best loose and at worst non-existent.

The UK has an opportunity to forge ahead, and those who wish to thwart the process clearly show their contempt for the democratic process when it fails to endorse their views or opinions.

Gareth Jones, Colwinston.

Autism cash must be spent on the right things

IWOULD like to present my opinion as regards how to improve the method of financing services for autistic people in Wales.

There is more awareness of autism in this age and there is significant attention being given towards the condition, thankfully.

I would like to inform you that there is a proposed plan by the Welsh government to give a sum of £13 million to finance a new body.

The new body, called the National Integrated Autism Service, will focus mainly on giving a diagnosis to individual people. But this isn't ideal and could be better.

As an individual living with the condition, I can explain how to make better use of the Assembly's money. I live near Cardiff where I receive help from a charity called Autism Spectrum Connections Cymru.

The purpose of the charity is to support and advise adults with autism; without it, the people living with the condition would have great difficulty managing everyday problems.

The charity provides an invaluable service in south east Wales. Personally I am completely dependent on the provision, and as a

result, I beg the Assembly to finance the charity which currently depends on funding from the lottery and donations.

Populated areas of Wales should have access to similar provision, in my opinion. How many people in Wales would benefit from this resource? This is the essence of my letter to the editor.

As well as financing the official body that gives diagnosis, it is important to finance what happens post diagnosis.

Both are equally important. Without the two it is as if a doctor tells you that you have cancer but there is no money available for the required treatment.

I believe that the £13 million earmarked for autism should be used for every aspect of autism provision in Wales – for diagnosis and post-diagnosis.

At the moment there is a consultation on the autism bill at the Assembly. I urge everyone reading this letter to respond, mentioning the importance of financing the provision for autism in the third sector in Wales.

To view consultation visit www.senedd.assembly.wales/mgConsultationDisplay.aspx?ID=274.

Aled Thomas, Penarth.

Film Academy Bursaries

Ffresh Talent/BFI Film Academy opportunities are now available to 16-19-year olds in this area.

These courses will be in Animation (Cardiff) and VFX (Swansea) and there will be full bursaries available to eligible participants.

The participants will

achieve a unit 1 NCFE Level 2 'Preparing to work in film' award, and the courses begin in early January 2018.

For more information and application forms see www.ffresh.com/ffresh-talent-2018/.

Kate Chesson
Ffresh Talent
07543 107225

Brynteg Comprehensive has new head

IWOULD like to introduce myself as the new headteacher of Brynteg School.

It is a privilege to be able to lead a school which has achieved so highly over the years and I certainly intend to build on this to ensure that Brynteg is even more successful in the future.

This term has certainly started in an positive way as we celebrate excellent results at Key Stage 3, 4 and the sixth form.

Recent press coverage focused on the

many successes of our pupils as they collected their results this summer and there certainly was a lot to celebrate.

The response to the change in uniform has been outstanding and it is a pleasure to see the impact that the introduction of blazers has had across the school.

Details of events at the school can be found on our website (www.bryntegschool.co.uk), Facebook (Brynteg School) and Twitter (@bryntegschool)

Ryan Davies.

Bridgend balladeer's 'Runaway success'

POP singer-songwriter John Nicholas is putting a unique spin on his tour of south Wales – in a bid to fundraise for Parkinson's UK.

John, 27, will be running between each venue of his tour in support of his mum, who has Parkinson's.

John's 'Runaway Tour' begins on September 25 in Haverfordwest, before he sets off for Carmarthen, Swansea, Bridgend – finishing up in Cardiff on September 30.

The longest distance John will be taking on between venues is 26 miles.

The Bridgend artist takes inspiration from musicians such as Foy Vance and John Mayer, and has played all over the UK, as well as in North America and South America.

John said: "My mum was diagnosed with Parkinson's in 2003.

"She was young to be diagnosed and it's had a huge impact on her and our family. I want to do all that I can to raise money for Parkinson's UK, to help my mum and others to manage the condition on a day-to-day basis, but ultimately to help the charity find a cure."

To support John's challenge, donate to his Just Giving page: www.justgiving.com/fundraising/johnnicholasrunawaytour.



JOHN NICHOLAS.

For stories like these, as well as sport, news and views, visit www.glamorgan-gem.co.uk every day

ROTARY: PART 5 – SERVICE ABOVE SELF

EARLIER in our Rotary report, we highlighted the programmes we run for our young people in the area, the work that we do in the community, how we go about collecting funds to allocate to good causes and how those funds are distributed.

Finally, we cover some of the many fun activities that we enjoy and to give you some more details about Rotary and what the club can do for you.

Race night

OUR Race Night, held annually and early in the year, sees members and guests enjoying an evening at the races, courtesy of video recordings.

The event is hugely popular, is great fun and as well as being a thoroughly entertaining night, it helps to swell our charity coffers.

Fish & chips night

ONCE a year the members abandon our normal meeting place, the Atlantic Hotel, and repair to a local fish and chip shop to sample their delights; the evening ends with a not too serious fun quiz.

Outings

WE have recently enjoyed a day out to Aberglasney House where we explored the house and gardens and had a supper afterwards.

We will shortly be visiting Llanelli house and look forward to many more such outings in the future.

Treasure hunt

EVERY other year, two of our very active members organise a treasure hunt in the Porthcawl area followed by a meet at a local hostelry.

The clues, for the uninitiated are quite brain-testing but we all seem to end up at the right place with the right answers – well, some of us at least!

Porthcawl Carnival

THIS year, The Rotary Club manned one of the floats in the Porthcawl Carnival with our 'My Fair Lady' theme from the musicals.

We all had an enormous amount of fun and fellowship and waved enthusiastically at the crowds of onlookers that followed the carnival's progress through the streets of Porthcawl. As a bonus we were delighted to have won the best float competition!

SO COME AND JOIN US!

VOLUNTEERING with Rotary by becoming a member could be the most important thing you could do.

At a cost of around £2.60 per week, your skills and experience could be invaluable in our drive to help communities at home and elsewhere.

Associate membership – We appreciate that many people are unable to join our club as full members because family and/or work commitments make them unable to do so. However, you can still make a difference by becoming an associate member.

Associate membership comes at no cost to the member. It is an opportunity to become associated with the Rotary Club by giving us your name as a potential helper.

We hope that we have convinced you that the Rotary Club of Porthcawl is a vibrant, active and fun organisation that prides itself on 'doing good' in the local community as well as internationally.

We are well on the way to eliminating polio, we provide a number of local activities for our elderly and young people to enjoy, we organise and run many local fundraising events that enable us to make sizeable financial donations to local charities and we arrange events that benefit the community as a whole.

We provide opportunities for our club members to have fun. Come and join us and 'Make a Difference'.

If you would like to come and see for yourself, contact any member of the club and we would be delighted to see you at one of our meetings.

If Rotary sounds like an organisation for you, whether as a full or associate member, or just as a Friend of Rotary, we would like to hear from you.

Our contact details are:

Club secretary Jeff Perren: 01656 788093; jeff@perrenpartners.co.uk. President elect Denzil Gould: 01656 715737; t.gould847@btinternet.com. President Sandra Townsend: 01656 788252; townsendi@btinternet.com.



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We look forward to
seeing you all soon...

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Caerau Men's Shed boosts Guide Dogs

THE newly-formed Caerau Men's Shed group in Maesteg has got off to a good start.

Only formed several months ago, and looking for new members, the group has already raised £150 for Guide Dogs Wales.

Meeting every Friday between 1-3pm at the Noddfa Community Centre in Caerau men of all ages are welcome.

Being part of the Men's Shed International organisation, the Caerau Men's Shed has been formed under the Men's Shed Cymru organisation, and their first donation was to Guide Dogs Wales.

Volunteers Norma and husband Michael came along with Angela their latest dog and explained the cost of training and how these dogs change people's lives.

MS

Porthcawl Townswomen's Guild news

PORHCRAWL Townswomen's Guild had a good start to their meeting, when chairman Dee Richardson, presented a card and flowers to Ann Barrett on her special birthday.

Ann is a long-serving registrar and being an old Porthcawlian, nothing much goes on in the town that she doesn't hear about.

A busy business meeting followed, discussing a forthcoming outing to Carmarthen and joining with the Inner Wheel on their Christmas market outing

to Gloucester Quays in November.

Members were asked to bring items for the stalls to the autumn fayre on October 27 at Trinity Church Hall in aid of Pagets Association – more details about this at next month's meeting.

Members then enjoyed their usual hearty harvest tea and entertainment.

Next month's meeting is on October 11 at 2pm in All Saints Church Hall, when the guest speaker will be Pat Johnson; and members will ask, 'What is she doing in the shed?' AS

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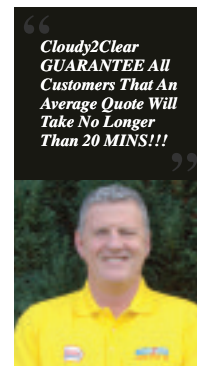
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Photographic society is back from summer break



The Toy (above) and left, club members.



Pyle & Porthcawl Photographic Society is up and running again after the summer break, and has a full programme of presentations, competitions and practical evenings ahead.

We welcome new members of all ages and skill levels – so if you have an interest in photography, why not come along and join us on Thursday evenings at 7:30pm at St Clare's School, Newton?

Our programme is available at www.pyle-porthcawl-ps.co.uk

Geoff Baker.

Neil & Co bank funds for mental health charity



Neil Davies and colleagues at the finish line in Birmingham.

NEIL DAVIES from Maesteg and colleagues from Lloyds Banking Group, completed the Fourtitude Challenge – helping to raise £317,097 for Mental Health UK.

Neil crossed the finish line in Birmingham on September 7, after tackling a mental agility challenge to test his resolve, 1,085 metres of Snowdon, cycling 100 miles completed by a half marathon, all over the course of four days.

Neil took part in banking group's challenge last year and has returned once again as a charity fundraiser.

Neil said: "The Fourtitude Challenge was really tough. The individual elements were challenging enough but doing them one after the other over four days was truly exhausting."

"I am thrilled we have raised so much for Mental Health UK and I hope this challenge inspires more people to get involved and help raise money for this important cause."

La La Land to show in Maesteg

ON Wednesday, September 27 at 11am, Maesteg Town Hall will open its doors for a new season of films.

"Strictly Cinema," said a spokesperson, "continues to create an alternative to modern outlet cinemas by offering film and 'sing along' activities, led by Goldies Cymru, for just £5.50.

The next film is *La La Land*, an award-winning modern musical.

For future events, visit the Facebook page: *Strictly Cinema*, or see the website www.strictlycinema.co.uk.

For ticket information visit maestegtownhall.com or call 01656 815995.



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Joy's painting calls to mind Parc Slip disaster of 1892

(CONTINUED FROM PAGE 1)

Joy's painting uses text from the London Illustrated News, so that all the names are part of the work.

She said: "Lewis Cockram's widow, Catherine, received just three shillings a week to live on after the disaster.

"That was two shillings for being a widow, and six (old) pence for each of her children.

It's amazing that she managed."

Joy's family has always felt close to the disaster.

They attended the centenary memorial event, when the then Lord Lieutenant, Murray McLaggen, read out the names of all the victims.

Joy's painting will be presented to the trustees of the memorial.



An artist's impression (left), possibly with some artistic licence, of the disaster from the London Illustrated News; and detail of Joy's dramatic visual retelling.

Cheese, wine and ukuleles = funds for Civic Charity

Seasons Restaurant at the Bridgend College, recently hosted a cheese and wine evening for the Bridgend County Civic Charity.

The Seasons Restaurant was set to perfection for the event, presided over by college staff member Kim Jenkins, who personally attended to the guests.

There was a special appearance by the Llynfi Valley Ukulele Group, under the guidance of Shaun Keddy, and the comperè was Les Jones, himself a ukulele player, who explained how they all meet regularly in Maesteg and were always willing to perform for local charity events.

The programme was very well arranged, with

each player introducing a musical item and they had the 'audience' happily singing along.

The Civic Charity committee and the Mayor of the county borough of Bridgend – Coun Pamela Davies, thanked Simon Pirotte, principal and chief executive officer of Bridgend College, for his continued support and for the use of the restaurant at the charity event, where £350 was raised.

The next charity event is on

Sunday, September 24 at 6.30pm for 7pm-11pm at the Golden Well Restaurant, A48 Brocstle, Bridgend – with special guest Huw Thomas (a well known Maesteg boy) arts and media correspondent with BBC Wales whose topic is: 'Reporting the News in the Digital Age'. Tickets: £21 per person.

For further information, or to reserve a place, contact Mari on 01656 651491, or Marlene 01656 871 439.



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Memory Jar cafe comes to Peterston super Ely

CROES-y-PARC Baptist Church at Peterston super Ely, has recently completed a new building – and we are keen to use this lovely facility for the good of the people in the community.

We have recently opened a drop-in Memory Jar cafe for people living with dementia, and their carers. On the third Wednesday of every month we will give a warm welcome and provide coffee tea and cake, as well as a variety of activities to all who come.

All the amenities are offered free of any charge. We have plenty of space for cars to park,

together with a building designed to enable access to everyone, regardless of any difficulty.

This new building has an up-to-date kitchen and toilets, as well as being a quiet area where carers can relax in comfort, while their loved ones are looked after by dementia-friendly volunteers.

The cafe operates on the last Wednesday of each month from 11am – 2pm (August excepted) at Croes-y-Parc chapel hall, Peterston super Ely. There is no charge.

For further information call 01446 760555.
DI DONOVAN

New logo for Cowbridge 10k



'COWBRIDGE on the Run' has been rebranded as 'Cowbridge 10k' this year, and it looks as if it is going to have its highest level of entries ever.

The event has also introduced a cheerful new Cowbridge 10k

logo. The event takes place this year at the rugby club on Sunday, October 15 at 10am and the aim is to raise funds for Cancer Research UK.

To register your place, go to: www.cancerresearchuk.org/support-us/find-an-event/stand-up-to-cancer-with-cowbridge-5-10k-2017.

Hospice hot dogs help raise money for Ty Hafan

AN 'art sculpture trail' to raise money for a children's hospice will take place across south Wales next weekend.

Snowdogs is, claims a spokesperson, the "biggest ever mass-participation public art trail in Wales", and will highlight landmarks and open spaces while boosting the local economy in Cardiff and the Vale.

The event has been organised by children's hospice charity Ty Hafan, public art producers Wild in Art and Penguin Random House.

The theme was inspired by *The Snowman* and the *Snowdog*, the animated sequel to Raymond Briggs' book and film *The Snowman*.

Each snowdog is

sponsored by a local business and individually designed by a different artist, and they are part of a scheme to raise funds for Ty Hafan to support children with life-limiting conditions and their families.

Members of the public can follow the trail by downloading the Snowdogs: Tails in Wales app or by following the map which will be available from Ty Hafan shops, Visit Cardiff outlets and also downloadable from the Snowdogs website.

The 1.5m tall sculptures will be on display at the Capitol centre between December 8 and 10 for a 'farewell weekend' before being auctioned on December 12 to raise money for the hospice.

For more information or to get involved, visit www.snowdogstailsin.wales. AS

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VTa says 'join B2B'

LAST Wednesday saw the first of the Vale Tourism Association B2B (business 2 business) events.

The event was held at Cobble Kitchen and Deli in Ogmore-by-Sea, where more than 30 local business owners heard owner Chloe Francis give an insightful presentation on how she has created and grown her business.

The event was attended by the Cowbridge with Llanblethian Mayor,

Coun Sian Vaughan, her consort Robert Vaughan, and regional AM Andrew RT Davies.

Mandy Davies, chair of the VTA, said that the visitor economy was "vital" to the Vale. All visitor-facing businesses and their associates were welcome to enrol in the VTA – which aimed to ensure businesses had the opportunity to network, keep up to date with events, share best practice, learn about funding opportunities, and receive industry news.

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SCOTTISHPOWER

Tall story!



Jacob and Isaac of Cowbridge shield themselves from the Vale sun under, appropriately, their 'sunflower tree'. Do you know of a bigger or taller sunflower in the Vale or Bridgend? If so, please send in a photo and description to: editorial@glamorgan-gem.co.uk.

'Barnett Formula stays unchanged after DUP deal'

THERE will be no extra money coming to Wales as a result of the support deal the Government has struck with the Democratic Unionist Party in Northern Ireland, says Alun Cairns.

The Welsh Secretary and Vale of Glamorgan MP says the deal will have no impact on the Barnett Formula, which determines how much money is distributed each year to the devolved administrations in Wales, Scotland and Northern Ireland.

Under the agreement the Government struck with the DUP, Northern Ireland is to receive an extra £1 billion in state funding.

Aberavon MP Stephen Kinnock asked Mr Cairns in a written question what discussions he has had with the Chancellor on

Barnett consequential funding following the deal and what assessment he has made of the effect of Northern Ireland's additional funding on the operation of the Barnett Formula.

Mr Cairns said the procedure for funding the devolved administrations is set out in the Statement of Funding Policy.

He told Mr Kinnock: "The Barnett Formula applies to changes in UK Government spend on devolved matters in England."

"The decision to allocate extra resource to Northern Ireland has resulted in no change to UK Government spend in England and therefore there are no Barnett consequential."

"A new fiscal framework was agreed with the Welsh Government in December, 2016, which enhanced the Wales funding settlement."

Mike Prosser.

Do you have a story, news or sport for **The GEM**?

If so, call **01446 774484** or write to editorial@glamorgan-gem.co.uk

Llinos in the fast lane

AFTER an eventful summer as part of the annual sporting circus that is the Tour de France, Barry TV presenter Llinos Lee is relishing another new challenge, as she turns her hand to presenting long-running S4C motoring series, *Rallio+*.

As well as bringing regular highlights from the World Rally Championship, *Rallio+* focuses on drivers and races across Wales and the UK. The show has recently returned to a weekly slot, at 6.30pm every Monday evening, with Llinos presenting items alongside fellow presenters Emyr Penlan, Hana Medi and former co-driver Howard Davies.

Barry-bred Llinos, a familiar face on the S4C live nightly magazine show *Heno* as well as the channel's sports programmes, is embracing the world of rallying and motorsport.

Llinos said: "Going out to watch rallies all over Wales has been an eye-opening experience. It is a fantastic community and what's great is all the rally teams and drivers, their families and the people who run the burger vans and other stalls, all know each other well and are so welcoming."

"I didn't have the best start. The first rally I went to was in Llandudno, but it had been snowing heavily all morning, so the organisers had to cancel the race! That doesn't happen very often so Howard Davies was calling me a jinx!"

"I've been to other rallies in Builth, Broughton in Flintshire, some in Llandovery, and Dolgellau. I'm really looking forward to Wales Rally GB. I've never been before so I'm not sure what to expect but I know it's going to be hectic. People from all over the world will be watching us on social media and Facebook Live to catch up with the rally, so it's going to be very exciting."

On top of her *Rallio+* and *Heno* duties, Llinos has



A racy little number dating from the 1970s and Llinos Lee

been part of Seiclo's coverage of the Tour de France over the last two summers, including gaining rare interviews with Sir David Brailsford, and Cardiff cycling duo Luke Rowe and Geraint Thomas.

In the episode, on Monday, September 25, the team will be on the Isle of Man with action from the final races of this year's British Rally Championship. With Wales Rally GB returning next month, *Rallio+* will broadcast a daily highlights programme from October 26 to 30.

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'Exceptional' GCSE success for Cathedral School students

FOLLOWING what a spokesperson described as "continued excellence" at A-Level recently, the Cathedral School is celebrating GCSE results – in both the pre-reformed and the new, more challenging qualifications.

The spokesperson continued: "This year, 70 per cent of all grades were exclusively A*/A, with 39 per cent secured at A*. Half of the cohort achieved 9 A*/A grades or better.

"Once again, the most common grade achieved

was A* and 90 per cent of grades were A*-B. 100 per cent of pupils achieved at least five GCSE grades A*-C."

Top performers included Charles Price and Dariyan Khan who each scored 11A* and under-17 Wales hockey player, Jessica Hill and Rachel Brown who both achieved 9A*.

Charles said: "I am so pleased with my results, especially with the new grade boundaries. I am very much looking forward to studying physics, mathematics, further mathematics and chemistry at the sixth form, and would like to thank the fantastic teachers, especially our head of English, Mrs Vaughan."

Among the students achieving 9A* or better, and joining Charles, Jessica, Dariyan and Rachel in the sixth form at the Cathedral School were National Youth Choir of Wales member, Benjamin Lycett, who will take history, geography and English literature at A-Level and Dylan Zhao, who will study history, mathematics, chemistry and biology.

Clare Sherwood, headteacher, said: "I am incredibly proud of our pupils and teachers who work so hard to make Cathedral School such a wonderful school with so many academic and co-curricular opportunities."

The school will host a whole school open morning (Nursery to Sixth Form) on Saturday, October 7. For further details, contact the registrar on 029 2083 8504 or registrar@cathedral-school.co.uk.

Open Doors to the past

OPEN DOORS events are taking place in the area over the next two weeks.

On September 23-24, the Wesley Church Centre, Tondur (formerly Tondur Methodist Church), will be celebrating 'The Railway Heritage of Tondur'.

There will be an exhibition of photographs, maps and artefacts that tell the story of Tondur Junction which, in its heyday, was one of the largest railway junctions in Wales – with an extensive infrastructure of marshalling yards, signal boxes, engine sheds, and wagon works.

There will be model railways on display, both finished and in progress, which will help bring to life the railway history of the area.

Refreshments will be available on both days.

On Tuesday, September 26, the Memo Arts Centre in Barry will hold an open day from 9.30am to 9.30pm. The Memo is the largest arts centre in the Vale of Glamorgan.

In the 1920s, Barry decided to build a permanent memorial to their 635 who fell in the First World War. They built the £20,000 Cenotaph and theatre as a centre for cultural and

civic activity in the town.

The Cenotaph and Hall of Memory remain worthy memorials to 1,818 Barriars who gave their lives for freedom, in two World Wars and subsequent hostilities.

The open day will include an opportunity to visit the Cenotaph and Hall of Memory with history boards and information available to guide you through your visit, before attending free special cinema screenings. Films marking the history of World War One are being shown as part of the open day to honour the lives of those who fell in war.

On Saturday, September 30, St John's House, Newcastle Hill, Bridgend, will open from 11am to 3pm. A Grade II* listed building, St John's House is the oldest dwelling of its type in the town, built circa 1511-12.

The property is described by the Royal Commission as a 'high-status house and of great significance'.

A number of medieval attractions will be at the house during this open day: a musician playing medieval instruments and music from that time; a medieval herbalist; and archers displaying their weapons.

Coal Porters play St Donats



THE Coal Porters will be stopping off at St Donats on their sixth British tour, with a new line-up that includes Paul Fitzgerald on banjo and Adele's fiddler, Kerenza Peacock.

They will appear on September 30 in the Tythe Barn at UWC Atlantic College, St Donats Arts Centre, near Llantwit Major (CF61 1WF); boxoffice@stdonats.com or 01446 799100. Tickets: stdonats.com.

The band's mix of folk, indie and blue-grass has wowed audiences at home and abroad, including four North American tours and major festivals.

Plan for the future with Passmores...

PASSMORES, one of Barry's most reputable and longstanding firms of solicitors, would like to encourage all people to plan ahead – to avoid problems if they later lose mental capacity.

It means making a Lasting Power of Attorney (LPA) on the latest version of the forms. A Lasting Power of Attorney is a legal document that enables one person to make decisions on behalf of another.

There are two types of LPA: financial and welfare. Financial LPAs enable a person to act on behalf of another if, for example, they are ill or disabled and cannot act for themselves.

A welfare LPA enables a person to act on behalf of another if that person does not have the mental capacity to act for themselves, for

example, in the case of a severe stroke.

Without an LPA, it may be necessary for family members to apply to the Court of Protection for authority. This can be a distressing and lengthy process and is far more expensive than making an LPA.

Once all parties have signed the LPA, they must then be registered with the Office of the Public Guardian before they can be used.

Carli Evans of Passmores Solicitors (member of Solicitors for the Elderly and also the Society of Trust and Estate Practitioners) is actively encouraging all people to plan ahead and make Lasting Powers of Attorneys.

People wishing to discuss their requirements should contact Carli Evans to arrange a suitable no obligation appointment on 01446 721000 or by email ce@passmores.com.

Devon-Wales ferry idea is refloated

ALUN CAIRNS says he is happy to look at the potential for providing a regular ferry service between south Wales and north Devon.

The Welsh Secretary and Vale MP was questioned on the issue in the Commons by Peter Heaton-Jones.

The north Devon MP said that one project that could provide significant economic opportunities on both sides of the Bristol Channel, is the provision of a regular ferry service between Ilfracombe in his constituency and south Wales.

He said: "It has been considered by a commercial company.

What support could the Wales Office give to that idea?"

Mr Cairns said he would be happy to meet Mr Heaton-Jones to discuss the prospects for such a service.

He said: "Like me, he recognises the major economic opportunities of binding the regions together."

"Between the south-west of England and the south Wales economy, we have one of the largest digital clusters and one of the best cybersecurity clusters."

Mr Cairns said more could be done to encourage economic growth in areas such as tourism through the provision of a regular ferry service. **MP**

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Charity auction to protect Welsh rivers

FROM September 18-October 22, Salmon and Trout Conservation (S&TC) is running its annual online auction, which includes many spectacular fishing opportunities on some of the most glorious rivers in Wales.

The event raises funds to carry out research to help protect fragile rivers and aquatic wildlife in Wales and across the UK.

Apart from an opportunity to fish on some of the most glorious rivers in Wales – from Gwent to Anglesey – the

auction offers a chance to fish and then enjoy lunch on the river Itchen in Hampshire, in the company of 'the voice of cricket', Henry Calthorpe Blofeld.

The annual online, silent and 'live' auctions are gearing up to offer some truly remarkable and rare opportunities to bid for exclusive fishing opportunities, stunning works of art, fishing and feasting packages.

The online auction opens on September 18 and will run for six weeks, while the silent and live auctions will be held during S&TC UK's dinner, held in the appropriate setting of Fishmongers' Hall in London

on Thursday, October 12. The redesigned auction site will include the facility for bidders not attending the dinner to leave commission bids on those items only on offer at the dinner.

Veronica Kruger, the S&TC dinner and auction organiser said: "At last year's auction and dinner, we raised an impressive £100,000.

"With the support of our generous donors and bidders, we feel very confident that we will raise even more this year.

For more information, or to donate auction lots, contact: Veronica Kruger on email: auction@salmon-trout.org. AS

News from the colonies at the Fon-Mon Apiary

DESPITE the very changeable weather, all of the colonies are very active. Every break in the weather sees the foragers leaving in droves, and pollen gathering is very much to the fore.

I am feeding three colonies at present; two are swarms from earlier in the year, and the third colony is a very recent arrival. This is not a swarm, but was a well-developed colony taken a couple of weeks ago from inside a double built ship-lap fence. It was originally a swarm, and they had gained access to the inside area of the fence by way of a knot hole.

By removing several planks, the entire comb was visible, as were thousands of busy bees. To facilitate their removal, the entire honeycomb had to be cut away from the woodwork.

This comb, along with a vast number of bees, was placed into a large container and because the queen bee was in the container on the removed comb. Eventually, all of the colony followed suit.

Lots of the foraging bees were, however, returning via the knot hole and congregating on the

area previously occupied by the comb.

How did we get these bees into the container? Although we did not see the queen bee, she was on one of the transferred combs in the container.

If you have the queen, you will get all of the other bees. She signals her presence via a pheromone (chemical signal) and all of the colony members then become aware of her presence and location.

With this signal to guide them, very soon all of the colony were one again.

Removal was left until the evening, when all flying stops and the colony settle for the night. The entrance was closed up and the colony moved to Fon-Mon Apiary where, after a couple of days to settle and get used to their new location, they were transferred to a proper hive.

They are now thriving and are looking good. A great deal of disruption, to be sure, but the colony has been saved instead of being destroyed.

Time, knowledge and experience are the keys to a successful outcome in events such as this.

HAROLD WILLIAMS

ADVERTISEMENT FEATURE



TIME TO TRANSFORM EYE HEALTH

The Royal National Institute of Blind People (RNIB) and Specsavers are urging people to have regular eye tests to help maintain and protect their sight.

Research* commissioned by the charity and high street opticians has revealed that one in five people will live with sight loss in their lifetime, despite at least half of all cases being avoidable. With nearly six million people in the UK currently living with sight-threatening conditions, nearly every family in Britain is touched by sight problems in some way.

While sight is the nation's most precious sense by far, with 78% of people polled saying it is the one they would least like to lose, a quarter of UK adults are still risking avoidable sight loss by not having had an eye test in the past 2 years.

Of those who had not been for an eye test during that time period, 33% did not think that there was anything wrong with their eyes, while 24% said that they just didn't have the time.

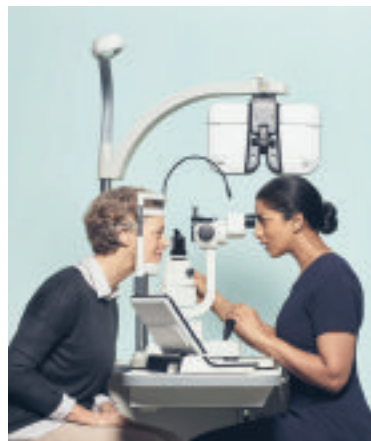
Specsavers believes that eye care should be accessible to everyone. Specsavers Healthcall offers a free NHS sight test at home and a comprehensive home eye care service to those who cannot visit a store unaccompanied.

As with all Specsavers staff, the home visiting teams are becoming Dementia Friends to help people with dementia recognise sight loss. The research reveals that only one in three people who qualify for a home visit are aware of the service. It is vital that, in an ageing society, we meet the needs of these vulnerable people and increase awareness.

Specsavers' clinical spokesperson Dr Nigel Best said: 'Some people are waiting until they experience sight loss before booking an eye test, which means they are potentially preventing their optician from detecting signs of eye health problems or other medical issues at an early stage. Early intervention is vital in the management and successful treatment of many conditions.'

RNIB acting CEO Sally Harvey added: 'We would encourage anyone who has put off going for an eye test to book one at the earliest opportunity.'

* YouGov Survey commissioned by Specsavers and RNIB 23rd June - 7th July 2017 of 6,430 UK adults aged 18+.



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Transforming eye health

Out & About with The GEM

'CRAFTY EVENING'

ST ILLTYD'S Church in New-castle, Bridgend, is holding a crafts evening today (Thursday, September 21).

All are welcome to attend and try their hand at flower arranging, card making, felting, embroidery and

wire wrapping.

Tickets are £3 and include a glass of wine, nibbles, the chance to try something new at one of Bridgend's oldest churches.

The craft session will be held in the church and begins at 7pm. Visit @saintillydbridgend on Facebook.

Let's dance!

DANCING is recognised as an effective way of staying active and keeping fit, while enjoying a very pleasurable and social hobby.

Over the last 20 years, Line Dancing has helped bring fun and welcome exercise to much of the population and today still appeals to a wide age range.

The Miskin class, however offers, something a little different.

There are just a few classes across the country which have specialised in

their approach and are often referred to as 'Latin-in-Line'.

The Miskin class is one of them where more emphasis is placed on the styling of the steps, together with the music of Latino artists, such as Enrique Iglesias.

This focus on Latin music appeals to many, and the easy-going teaching approach is a good starting point for anyone who wants to learn to dance.

The Latin group will shortly be running a 'taster' class and extend a welcome to all. Enjoy learning some simple dance routines in good company. It's fun and a great way to improve fitness as well!

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Latin Line Group Improvers 7.00-8.30

What's On in your area

Palmerston Forts talk

THE Flatholm Society is hosting a talk on The Palmerston Forts, presented by Peter Sampson today (Thursday, September 21) at 7pm in The Kymin, Beach Road, Penarth.

It requests a donation of £2/3 to cover costs. Refreshments, tea or coffee and a raffle. For info, contact Peter Sampson on 01446 404842, or e-mail pb.sampson@ntlworld.com.

Parish of Colwinston, Llandow & Llysoworney Mothers' Union

A TABLE top sale will be held in Colwinston village hall on Saturday, September 23 from 10am - 1pm.

Tables £10, set-up from 9am. For tables contact Kath Jones on 01656 648515; gareth606@aol.com; Chris Williams 01656 660935; christine.tygard@talktalk.net.

Free entry for buyers, all proceeds to Mothers' Union funds.

Barry Toy and Train sale
ON Sunday, September 24 from 10.30am - 3pm a toy and train sale will be held at Barry Leisure Centre, Greenwood Street, Barry (CF63 4RU).

A sister event, the Cardiff Toy & Train Sale, will take place at Penarth Leisure Centre on a three-monthly basis (next show Saturday, October 7).

Barry is easy to reach and centrally located with a direct road link from the M4 at Junction 33; it has large amounts of free car parking (the Civic Centre next door offers parking space free of charge for the Barry sales).

The show attracts a wide range of traders and a massive variety of both toys and trains. The public are urged to bring their surplus items along, even if only for a free valuation.

For further information, call (01643)702757 and 07966 694579 or www.chrisdyerfairs.co.uk.

Royal British Legion

THE AGM of the Penarth branch will take place in the Penarth Conservative Club, Stanwell Road on Tuesday, October 3 at 9pm.

All branch members are warmly invited to attend this short meeting, after which you may like to join us in the bar for a pint and a chat.

If you have any items relevant to branch activities that you would like included for

discussion at this meeting contact the branch secretary Matthew Salisbury on 02920 308351 or email matthew@cavamh.org.uk by Tuesday, September 26.

Harvest Thanksgiving

AT Zoar Presbyterian Church in Bonvilston (near the Aubrey Arms) on Wednesday, October 4 the service of thanksgiving will be taken by Rev Lee Duffield at 3pm; afternoon tea to follow. The collection is for the Vale Foodbank.

Nail cutting service

Age Connects Cardiff and Vale provide a nail cutting service for older people, provided by trained Cardiff and Vale University Health Project staff.

A new session has started in St Athan and is being held on Monday mornings on a monthly basis from 9am to 12 noon at Western Vale Family Practice Square, St Athan (behind Chemist) and costs £13.

To book appointments, or for further information, contact Nail Cutting Service, Age Connects Cardiff and Vale, on 02922 3311133.

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There is so much happening in St Hilary this month...

IN date order, this is what's coming up in St Hilary:

The Bush Sunday quiz
FROM September 17, 8pm start, £1 per person. Higher or Lower: restarts.

Defibrillator

A PRESENTATION in the village hall, 12 noon on Sunday, September 24.

St Hilary can be the site for a community defibrillator thanks to a grant from the Welsh Ambulance Service who will subsidise the purchase of the equipment. However, the village needs to collect at least £500 towards this facility.

Defibrillator donations can be given to either Gillian Harris or Liz Loch.

Harvest Thanksgiving

IT'S time to get your ticket for the Harvest Supper on Friday, September 29 at 8pm in the village hall following the 7pm service in the church.

Tickets are £12.50 per adult. Contact Gillian Harris at Sorrento: 07714 961182 or Mary Llewelyn 07800 974 527.

St Hilary produce market

ON Sunday 8 October we will, once again, be holding the St Hilary produce market in the village hall from 11am - 2pm.

It has proved to be a popular event and one that many villagers contribute to, by donating surplus home grown fruit and vegetables; making chutneys, cakes, puddings, jams, soups, apple juice, etc from the donated fruit; buying the produce.

Good news!

LLANFAIR Community Council has agreed to be the adopting body for the St Hilary telephone.

Now all you good citizens who supported the restoring of the box might just get asked to wield a paintbrush soon.

So let's get it looking shiny and bright red again

soon (pending agreement with BT) and then we can do something useful with the space!

Sorry the process is taking so long, but we are moving forward now. Thanks for supporting the project.

Caroline Neudegg,

Village Forum: The meeting provisionally scheduled for September 18 was postponed, pending decisions about the use of the telephone box and siting of the defibrillator (see above). More details in due course.

Terry & Monica

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“The Headteacher and senior leadership team communicate an extremely clear vision of excellence for the school that has, at its heart, the maximum achievement of all learners and their spiritual and moral development.”

— Estyn (2015)

Ty Llandaff receives defib

A LIFE-SAVING defibrillator was

presented to staff at a Cardiff care home this week.

Ty Llandaff, a private nursing, residential and respite care home in Pontcanna, received the device from the Cardiff East Ambulance Service which is accessible for use in the local community.

The defibrillator, when used within the first three to five minutes of a person suffering a sudden cardiac arrest, can increase a person's chance of survival from what is currently, less than five per cent to around 70 per cent.

After accepting the generous contribution from representatives from the Cardiff East Ambulance Service, who are based in Rumney, Ty Llandaff staff received training on how to use the defibrillator correctly in the event of a medical emergency.

The device is very safe and can be used on any adult and on children aged one and over. It will not allow a shock to be given unless the heart rhythm requires it.

Ty Llandaff opened in January



and has 70 luxurious en-suite bedrooms across three floors. The home can accommodate people for nursing or residential care from the age of 18 and offers short-term respite care for individuals looking for a place to recuperate after surgery or illness.

Ty Llandaff care home manager Janice Evans, said: "It's a great privilege to receive one of these fantastic defibrillators for use at the care home."

"We are told that most sudden cardiac arrests happen outside of a medical facility, and understand the vital importance of installing a life-saving defibrillator into our care home."

"We feel that the best way to protect against this potentially fatal condition is to ensure that

we have one in a common and accessible area of the building and to have trained as many of our staff, as possible on how to use it correctly."

"Most importantly, having the defibrillator gives our residents and their families the reassurance that in the possible event of a sudden cardiac arrest, we have the correct equipment in place to ensure that the best outcome is achievable."

"We would like to thank everyone at the ambulance service for such a wonderful and generous gift."

For more information about Ty Llandaff, call Janice on 02920 600 100, email info@tyllandaffcare.com or visit www.tyllandaffcare.com.



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NURSING, RESIDENTIAL & RESPITE CARE

mother! is bold, thought-provoking – AND INCREDIBLY DIVISIVE!

JENNIFER LAWRENCE is one of the most bankable stars working today, an actor who, it's fair to say, has her pick of the projects open to her.

While she's dabbled in blockbuster territory with the *Hunger Games* and *X-Men* franchises, Lawrence has shown a willingness to work with more dramatic fare in films that, more often than not, trouble awards voters.

Her latest film sees her team with the much-admired Darren Aronofsky (last seen tasking Russell Crowe with building a big boat in his apocalyptic *Noah*) as she plays the title character in *mother!* Opposite her is Javier Bardem as Him, and the pair play a couple who are renovating their secluded home. However, when a mysterious gentleman (played by Ed Harris) and then his equally mysterious wife (Michelle Pfeiffer) turn up at their door, it sets off a disturbing and bewildering series of events...

Darren Aronofsky is a director who has the ability to wow and baffle in equal measure. While some of his films have taken the straight ahead approach (most notably *The Wrestler*), much of his work has come laced with idiosyncrasy.

With *mother!* Aronofsky is arguably at his most divisive and indolent; it's a film that will split audiences completely down the middle with very little in the way of middle ground, but to these eyes it's a film that, if you buy into it, will connect with you and resonate long after its conclusion.

In a way, it's indicative of modern-day cinema that this film has been met with such reactions – after all, we're being slowly conditioned to process remakes, sequels, adaptations of books



and other existing properties as the norm. Yet *mother!* is so wildly off-kilter, so far removed from the present filmic landscape that you can't help but admire Aronofsky's chutzpah and ambition to deliver something that falls way out of easy categorisation.

It's the sort of film it's best to know as little as possible about before you go in. Once you're in its unsettling embrace, it offers you two options – fall in line and be beguiled by the boldness or become frustrated with the lack of easy answers and explanations. If you find yourself in the latter camp, then fair enough. This isn't a cinematic journey for the faint of heart, but if you're in the former camp, then there's plenty to become captivated by.

As the film switches gears from dark comedy to psychological horror, to something else entirely, Aronofsky keeps it ticking along with sublime touches that leave you consistently unsettled. The heavy use of close-ups, the score that underplays by refusing to be too knowing and playing to type,

Aronofsky conducts the camera – and the audience – with the majesty of a director in complete control.

Equally, a sequence towards the end of the film – as things unravel far beyond what you may feel they are capable of doing – is delivered with such élan, such ferocious ambition, a tour-de-force of direction that is breathtaking.

Having written the first draft of the screenplay in a five-day 'fever dream', Aronofsky's themes and notions play smartly and subtly – there is religious allegory, the notion of the suffering artist making those around him suffer more, the role of the woman in the world, layers up on layers that build and expand throughout.

It draws some wonderful performances from the cast; Jennifer Lawrence is superb as she runs through the gears. With scant back story offered up, Lawrence's character is veers from being a victim to being the dominant force, her relationship with Javier Bardem's writers-block afflicted Him

running from cold shoulder to undoubted love; in a film where the narrative drive and point of view comes from her, Lawrence is fantastic in the role.

Around her Bardem is a willing foil, shifty, somewhat nefarious but the film never paints him in broad strokes, while their original interlopers, Ed Harris and Michelle Pfeiffer are, by turns, strange and feisty, neatly tuned supporting roles that open the door for the madness to ensue.

And madness certainly does ensue; to

say that *mother!* follows a delineated narrative path would be an understatement, but Aronofsky wraps the film up in such a way that what he's trying to say is more than clear. The journey there requires a strong will and won't be to everyone's taste, but you'll be hard-pressed to find another film that is so unabashedly didactic, bold and thought-provoking.

VERDICT: Divisive in the extreme, as many will be turned away by *mother!*'s twisted and unorthodox execution as those who will find plenty to delight and ruminate in its layered narrative. Compelling and engrossed, Darren Aronofsky has made a film that is designed to get a reaction. That reaction is entirely up to the viewer, but it's an uncompromising and hugely original piece of work with some strong performances. *Highly recommended.*

SEE THIS IF YOU LIKED: *The Fountain* (2006), *Rosemary's Baby* (1968).



by
GARETH JAMIESON
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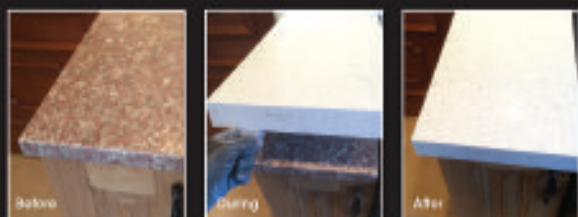
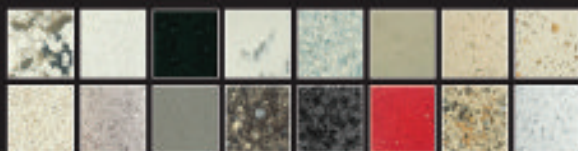
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As bold as brassica *The garden in September*



Growing green leaf veg in winter

YOU may have picked your last tomato, but that's not the end of the season for growing veg in pots.

There are many leafy crops that grow well when the weather gets a bit cooler and September

is the perfect time to sow seeds in garden containers for winter leaf vegetables.

Although harvests are smaller than in the summer months, if you choose the right crops to grow and protect them from wind damage, you can pick fresh leaves throughout the winter months.

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(CONTINUED ON PAGE 21)

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To celebrate our 10th anniversary, we have decided to expand the business, and we will soon be opening our first showroom in Barry. Work is currently under way on the purpose-built showroom at the Ty Verlon Estate, Cardiff Road, in Barry – and we expect to be ready to open the doors to the public in March 2018.

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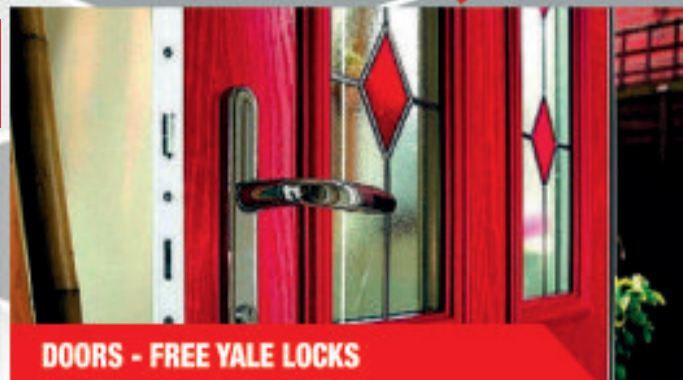
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Growing green leaf veg in winter



(CONTINUED FROM PAGE 19)

You can start picking the outer leaves sparingly from mid November.

Rocket – an easy-to-grow crop which adds a lovely peppery flavour to salads. The younger leaves are milder, more tender and palatable and you can start picking from about four weeks after you have sowed the seed.

Spinach – perpetual spinach makes an excellent 'cut and come again' crop that will produce loads of tasty leaves throughout the

winter which you can cook or use as a salad leaf. If you live in an area that has substantial frost you may think about protecting the crown of the plant with straw.

Sowing seeds is easy: just fill your containers with compost, scatter the seeds thinly with about 1-2cm between them and then cover with a thin layer of compost (about 5-10mm) and water with a fine spray.

Don't forget to water regularly – plants still need water in winter, just not so much – but

try to avoid watering before a frost. Winter crops grow slower so they don't need too much feed, but a little bit would help produce a good yield.

Position your pots in a sheltered spot to keep them out of the wind, and make sure they are easy to reach so that harvesting is hassle free.

Harvest your home-grown greens by picking the outer leaves first, so that the inner leaves remain for plant re-growth.

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CLASS 126+ Best Bale of Silage: 1st GARETH REES, WRINSTONE FARM, WENVOE; 2nd TW JARVIS & SON, GELLI GOLL FARM; 3rd R & L ANTHONY, TYTHEGSTON FARM, BRIDGEND.

CLASS 127 BEST FIELD OF LONG TERM LEY: 1st LYNDON JOSEPH, STORMY DOWN.

CLASS 128 BEST FIELD OF

SHORT TERM LEY JUDGED ON THE FARM: 1st E WILLIAMS, OLD PARC and VJ THOMAS & SON, PANCROSS FARM; 2nd R & L ANTHONY, TYTHEGSTON FARM; 4th RS THOMAS, SUTTON NEWYDD FARM, WICK.

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CLASS 131 BEST FIELD OF WINTER WHEAT JUDGED ON THE FARM: 1st R & L ANTHONY, TYTHEGSTON FARM; 2nd EH RADCLIFFE & SON, PENMARK PLACE; 3rd VJ THOMAS & SON, PANCROSS FARM; 4th TOM LOUGHER.

CLASS 132 BEST FIELD OF SPRING BARLEY JUDGED ON THE FARM: 1st PC THOMAS & SON, GILESTON FARM, ST ATHAN; 2nd MARTYN JONES, CORNTOWN FARM, EWENNY; 3rd RS THOMAS,

SUTTON NEWYDD FARM; 4TH GARETH REES, WRINSTONE FARM, WENVOE.

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CLASS 134 BEST FIELD OF BEANS JUDGED ON THE FARM: 1st JACK EVANS & SON MARCROSS FARM; 2nd EH RADCLIFFE & SON, PENMARK PLACE; 3rd WD JAMES & SON, THE GRANGE.

CLASS 135 BEST FIELD OF

SPRING OATS: 1st MARTYN JONES, CORNTOWN FARM; 2nd RHODRI LEWIS, TY FRY FARM, ST GEORGES; 3rd, LYNDON JOSEPH, STORMY DOWN; 4th TOM LOUGHER.

CLASS 137 BEST FIELD OF MAIZE JUDGED ON THE FARM: 1st R & L ANTHONY, TYTHEGSTON; 2nd VJ THOMAS & SON, PANCROSS FARM; 3rd HD HANKS & SON, TY CANOL FARM, LLANTRITHYD.

CLASS 138 BEST CLAMP OF MAIZE: 1st R & L ANTHONY, TYTHEGSTON FARM; 2nd VJ THOMAS & SON, PANCROSS FARM; 3rd HD HANKS & SON, TY CANOL FARM.



Fitzalan High School Open Evening

Thursday 28 September 2017
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(Estyn, 2017)



Report says UK residents are losing 'confidence' in food standards

A NEW food fraud report reveals UK food confidence is declining, with cases of food fraud such as the horse meat scandal most to blame.

As Britain prepares to leave the European Union, new research by commercial insurer NFU Mutual reveals that only 15 per cent of people in Wales and the south west have confidence in the European food chain and just six per cent in the global chain, fewer than one in every 10 people.

Almost three quarters (72 per cent) believe there to be an issue with food fraud in the UK, with one fifth also believing that they have personally experienced it (20 per cent).

Hearing about high profile cases of fraudulent food in the media, such as the horse meat scandal in 2013, is the most common cause of reduced confidence in over half of consumers (55 per cent).

The NFU Mutual Food Fraud Report 2017, published on September 7, also found that in Wales and the south west, takeaways are the least trusted type of food outlet (44 per cent) followed by online (21 per cent) and artisan food markets (16 per cent).

The least trusted product types are processed foods (37 per cent), red meat (19 per cent) and supplements (14 per cent).

Commenting on the report, Frank Woods, retail sector specialist at NFU Mutual, said: "There has never been a more important time for tackling food fraud and

getting regulation right as we plan to leave the European Union, but Government proposals for where we will get our food from are already under tough scrutiny from industry and consumers alike, with concerns over quality.

"Producers are under immense pressure to offset price rises caused by the weakened value of sterling and higher import costs, squeezing already tight budgets and resources and potentially cornering them into using cheaper global suppliers that may be more vulnerable to fraud."

He continued: "Much of the industry is addressing this by changing its supply strategy and supporting British producers – likely to be popular with a majority of consumers who want to support local businesses on home soil."

The NFU Mutual Food Fraud report, which is designed to understand challenges facing businesses working across the 'field to fork' supply chain, explores attitudes and influencers of trust, perceived blame, impact upon behaviour and awareness of food crime.

The report includes viewpoints and advice from major industry bodies including the British Retail Consortium, Food and Drink Federation, British Hospitality Association and National Farmers Association.

To download a PDF copy of the full report, visit www.nfumutual.co.uk/foodfraud.

LET'S GET!

ARE you isolated and over 60? Have you perhaps lost your confidence? Do you need short term support and motivation to get out of the house? If you are looking to join clubs and activities in The Vale, Age Connects Cardiff and Vale 'Let's Get' project share their knowledge of what is available in the community, encourage, and support you to become more involved.

Make new friends and share your interests. The focus of the project is to help those who would otherwise be isolated to attend friendship groups. We aim to bring people together to establish friendships and share interests, throughout the Vale of Glamorgan. Call Toby Messer at Age Connects on 07377 414806 for further information.

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**Porthcawl
Comprehensive
School
Ysgol Gyfun
Porthcawl**



Open Evenings 2017/18

**The school is proud to hold its Annual Open Evenings for 2018 intake;
Year 7 on 4th October and Sixth Form on 17th January at 6pm.**



Porthcawl is a traditional school with a proven track record of excellence for all.

GCSE, AS and A2 results consistently compare very favourably with local and national figures.

Key Stage 3 Results 2017

Over 95% of our Year 9 pupils gained Level 5 or more in their subjects

GCSE Results 2017

83% of Year 11 pupils achieved 5 or more A* - C - Best Ever!

More than 1 in 3 of all grades achieved were A*/A

27% of pupils achieved 8 or more A*/A

A Level Results 2017

98% of pupils achieved grades A*-E

81% were at grades A*-C

An amazing 27% were at grades A*/A

35% of pupils secured a place at a

Russell Group University

The school has been delighted to welcome our new Year 7 and Sixth Form pupils - once again many joining us from out of catchment.

"I couldn't believe how welcoming everybody was and how quickly I settled in."

Our Estyn Inspection Report was very positive and we were proud to read that:

"One of the school's strengths is the exceptional working relationship between teachers and pupils. The school has a strong ethos based on fairness and this creates a caring and disciplined environment."

Any student or parent can obtain more information and a school prospectus by emailing **info@porthcawlschool.co.uk**

Alternatively you may wish to telephone 01656 774100.



Further information can be found on the school website: www.porthcawlschool.co.uk

Entries for the Best British Roast Dinner closing soon

TIME is running out for pubs to enter the Best British Roast Dinner competition before the deadline on October 1.

Entries for the national competition have been flooding in, with pubs eager to give their roast the fame it deserves with £10,000 of PR up for grabs for the winner.

Nick Otley, owner of Bunch of Grapes, winners of Best British Roast Dinner 2016, said: "We've always been busy, but after winning the Best British Roast Dinner competition, we've been taking bookings for Sunday service weeks in advance."

The competition will also crown regional champions for South England, North England,

Midlands, Wales and Scotland. With the exception of the national winner, each regional winner will receive a runner up prize of £2,500 of PR to help put their pub on the map. The campaign, sponsored by Unilever Food Solutions, inspires pubs to serve a roast every day of the week.

To be in with a chance of winning, all pubs need to do is explain what makes their roast great. Visit www.britishtorastdinnerweek.co.uk for full entry criteria, terms and conditions and to enter the competition online.

Now in its sixth year, the Best British Roast Dinner competition is part of British Roast Dinner Week (September 24 to October 1).

NEWS IN BRIEF

Vale AM's surgery

VALE AM Jane Hutt will hold a surgery on September 22 at Llantwit Major Heritage Centre, Town Hall between 4pm – 5pm.

No appointment necessary.

Buttrills Q & A

VALE of Glamorgan MP Alun Cairns and COUNS Leighton Rowlands and Vincent Bailey invite Barry residents to join them for an information presentation and Q&A session on the Buttrills refurbishment project.

This meeting will be the ideal opportunity to ask your representatives about the plans for Buttrills and the effects which the project will have on the lives of local residents.

Friday, September 22 at 7pm, in the Cherry Orchard pub. Booking not necessary.

Alpha course

MOUNT Pleasant Baptist Church at Mount Pleasant, Cadroxton, Barry (CF63 2HE) is running an Alpha course from next Monday (September 25) at 7pm.

For further information, call Minister in training Andy Gibbs on 01446 735915.

Jumble sale

THE 1st Dinas Powys Scout group are holding a jumble sale on Saturday, September 23 at 1.30pm at the Scout Hall, Dinas Powys.

Admission 50p.

Tractor road run

A CLASSIC tractor road run is being held this Sunday, September 24, at 10am – starting from Llanilid Farm, Pencoeed (CF35 5LA), supporting Nick's Trust Fund and Marie Curie. Further details from Wayne Griffiths, on 07866 495064.

Entry is £10 per tractor/vehicle/4x4. Guest appearance by Welsh rugby international players. A Gareth Bale signed football shirt will be auctioned, with other items.

A hot beef and salad lunch is to be served, along with Fablas ice cream. Please come along and support, bring the children for some fun!

Parish of Colwinston, Llandow

& Llysorwney Mothers' Union

A TABLE top sale will be held in Colwinston village hall on Saturday, September 23 from 10am – 1pm.

Tables £10, set-up from 9am. For tables contact Kath Jones on 01656 648515; gareth606@aol.com; Chris Williams 01656 660935; christine.tygardd@talktalk.net. Free entry for buyers, all proceeds to Mothers' Union funds.

Harvest Thanksgiving

THE former Church of St Lawrence at Fort Road, Lavernock, will be holding a traditional Harvest Thanksgiving Service on Sunday, September 24 at 3 pm.

Fruit, vegetables and flowers will decorate the old building, and hymns and Bible readings will combine with poetry to evoke the beauty of the season. Hot and cold drinks will be served at the end of the service.

All visitors will be warmly welcomed and free parking is available to the left of Fort Road. Any enquiries to Rev Margaret Stark on 02920 701303.

Public invited to Glamorgan NFU harvest festival...

'Make the most of dystonia support'

SOUTH Wales Central regional AM, Andrew RT Davies, has urged dystonia in the Vale to make the most of the support services available.

Dystonia is a condition affecting 70,000 people in the UK, and sufferers experience uncontrollable and painful muscle spasms caused by incorrect signals from the brain.

The Dystonia Society organises a south Wales support group and Mr Davies recently attended a session at the University Hospital of Wales in Cardiff.

Mr Davies had the chance to meet with sufferers of the condition

from across the area and learned more about how it affects their everyday lives.

He commented:

"Dystonia is an awful condition that can cause considerable pain for those affected by it, so it was really beneficial to attend the support group and learn more about it."

"It was fantastic to see the support on offer, and have the chance to speak with people from across the area about how it affects them."

"The group meets every six months and if you, or family member are affected by the condition, I'd urge you to get involved and make the most of the support available."

GEM READERS' LETTERS EXTRA

Who are the dirtier animals?

WHEN I go out walking with my dog, I always carry many poo bags and make sure that I clean up any mess.

But no matter where I walk on Dock View road, Weston Hill, Fordd-y-Milleniwm, Docks Waterfront or Barry Island promenade, owners are not picking up after their dogs.

Is Barry the dirtiest town in Wales with this problem? Which end of the lead is the animal on? Ashley Wallace, Barry.

NFU Cymru is inviting the public to join in this year's Glamorgan Harvest Festival, which will be taking place on Thursday, September 28 at Margam Abbey, Margam, Port Talbot.

It will start at 7.30pm and it will be followed by light refreshments.

Glamorgan NFU Cymru county chairman, Abi Reader said: "Once again, we hope to get a good turn-out at this year's event. I would encourage all local members to come along to join with the local rural youth movement, Glamorgan YFC, for this annual event."

"The invitation is extended to everyone; we look forward to welcoming you there."

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Other clinics available throughout South Wales. Please see website for more details

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Cowbridge Comprehensive School

Ysgol Gyfun Y Bont Faen

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Open Evening

For New Year 7 pupils

Wednesday 4 October 2017

4 - 6pm

**We think our School is fabulous but don't just take our word for it
take a closer look...**



Why Choose Cowbridge Comprehensive School?

Our team of committed teachers are passionate about learning and continually strive to look for innovative ways of helping young people to learn better and more effectively.

Our long tradition of academic excellence places us as one of the highest performing schools in Wales. As a result we will talk to you about children, our story and the next steps in our journey. We talk and care about children not statistics.

Our caring, nurturing ethos permeates all aspects of school life. High levels of care, support and guidance coupled with our high expectations ensures a calm, purposeful learning environment.

Our proud tradition of sporting excellence means that our sportsmen and women regularly achieve regional, national and international honours, at an enviable range of sports.

Our exceptional range of activities beyond the classroom are central to life at the school; each year boasts a great repertoire of musical and drama performances, visits and activities.

Our facilities are state of the art. However, we dream big and then bigger again. Our ongoing capital development programme means our facilities and resources will remain amongst the very best in Wales.

Above all, we are distinguished by our students, they are our finest ambassadors. They are engaging, sincere, compassionate and have high aspirations and expectations of themselves.

Students describe us as the School with a smile!



GCSE

100% 5 or more A* - G Grades

92% 5 or more A* - C Grades

46% 5 or more A* - A Grades

Congratulations

to our students of 2017
Well done to our staff and parents for
their contribution to this stunning
success!

Llongyfarchiadau

A-Level

100% pass at Level 3

83% A* - C Grades

32% A* - A Grades



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Bridgend Sports RFC mini and junior round-up

BRIDGEND SPORTS mini and junior team fixtures saw the club take on sides to the north, south, east, and west of Bridgend last week.

Friday night saw the **under-16s** travel for a game against Porthcawl. Sports youngsters put in an outstanding performance to come away with a 7-27 win.

The remainder of the sides played on their routine Sunday morning slots with the **under-15s** hosting the opponents they faced from the shot trip down the M4 to Llandaff North last week.

Llandaff North continued where they left off, the previous week, as they raced into a 15-0 lead at half time. The Sports youngsters fought back early in the second half as they scored two tries and converted one to bring the score to 15-12.

Their opponents were not to be outdone as they scored two further tries, converting one to take the game 12-27.

The **under-14s** faced Pontyclun at home, securing a well-deserved win. The game started off at a fast pace with the Sports dominating the game with their pick and drive, which led to the first try.

Sports also showed that they could spread the ball wide and score tries. Pontyclun fought their way back into the game, scoring either side of half time to take the lead 10-12. Sports dug deep and fought their way back with two further converted tries.

This was a well-disciplined performance by the under-14s where their pre-season fitness work really paid dividends. Sports 24 Pontyclun 12.

This week it was the turn of the Zebras to visit the **Sports under-12s**.

A tough encounter was anticipated by the home team as there had been some late withdrawals due to illness.

However, building on a fine performance from the week before, Sports confidence is growing.

In perfect rugby weather the Sports kicked off, Treorchy gathered and opted to kick ahead. Harri Williams gathered and took it straight back into the Treorchy half.

After an exchange of kicks, the Sports secured the scrum ball and moved it quickly but were held up. Treorchy countered but were cut short by a Ieuan Pilliner tackle which forced the Zebras to concede a penalty.

The Sports cleared but were soon under pressure again as the Zebras forwards gained the upper hand

for while. The Sports persevered to claw their way back into the Treorchy half when a clever switch move saw Iestyn John make ground down the blind side but play was halted as Treorchy stole possession at the maul.

Treorchy did not make use of the possession and the half ended with both sides all square at 0-0.

For long periods of the second half both sides tried to run the ball but as much as they threatened, neither side could find any real fluidity to their play.

Mackenzie Dent and Megan Lewis tried a more direct route and made ground into the Treorchy half, only to see possession conceded at the next phase of play.

Midway through the half, the away side managed to create some space out wide for their winger to tip toe down the touch line and then cross under the post to take his side into the lead with the conversion added for a 0-7 lead.

From the restart, Treorchy tried to attack from deep, but good tackles from Bailey Llewellyn, Iestyn John, Mason Balmer and Thomas Coles kept them boxed in their 22.

Cian John kicked down field for Callum Lewis to chase. He secured the ball and from the ruck, Mackenzie Dent took an attack to within three metres.

The Sports worked it through several phases with Efan Dyer, Megan Lewis and Harri Williams all driving forward before Mackenzie Dent powered his way through the last tacklers standing to score under the posts. Cian John added the conversion to level the score at 7-7.

Treorchy re-started and the Sports forwards ran straight back at the Zebras before play broke down for the game to end all square.

Both sides showed plenty of endeavour but on a day where conditions were ideal for running rugby, neither team managed to find any fluidity in their game.

Bridgend Sports matchday squad:

Abi Davies Jones, Bailey Llewellyn Hopkins, Callum Jones, Callum Lewis, Cian John, Dylan Morgan, Efan Dyer, Harri Williams, Iestyn John, Ieuan Pilliner, Jodie Keane, Mackenzie Dent, Mason Balmer, Megan Lewis, Morgan Edwards, Thomas Chick, Thomas Coles, and Tyler Burton.

In the mini rugby section, the **under-7s** travelled to Aberavon Quins for a round robin with Llangennech. They edged Llangennech 7-8 in the first game. Ollie Balmer scored the first try of the

match for the Sports to lead. Llangennech quickly followed suit but with Archie Hall scoring the second try, the Sports were off to a flying start.

By end of first half Aled Rees had scored his first try for the Sports only for Llangennech to draw level again. The Sports scored further tries in the second half through Gethin Roberts, Aled Rees (two), Archie Hall and Ollie Balmer.

It was a real end-to-end game as Llangennech fought back to bring the scores within a point. Their second match against Aberavon Quins also proved to be a very fast paced game, but the Sports kept up the pace with some great passing and tagging. It finished 7-6 to Aberavon Quins.

The **under-8s** travelled to Taibach for a round robin set of games against Taibach and Dulais Valley. The whole squad of 16 worked well with tries scored by Zach Hughes, Gethin Jones (two), Ellis Morgan, Dan Perriman (two), Rhys Evans, Louis Payne (two), Max Hearing and Kayden Jones. Cai Rees stepped up with an excellent improvement on tagging, earning him Star of the week.

The **under-9s** were at Aberavon Quins for a

great morning of rugby. Their first game against Llangennech produced some great off-loading and defensive work with both sides enjoying the game. The Sports youngsters put in some great tackles as they outscored their opponents by six tries to four.

In their game against Aberavon Quins, the under-9s also outscored their opponents. The Sports try scorers were Gethin Evans, Oskar Amerein, Ioan Powell, Jayden Walters, Osian Stephens, Leo Giroud, Billy carpenter-Davies, Lennon Griffiths and Paul Cain. Their star performer was Gethin Evans for some superb wrecking ball tries.

The **under-10s**, with 19 players, also made the short trip away to Aberavon Quins for a great game of rugby. The Sports outscored their opponents 59-42 overall with a great effort put in by the whole squad to score some exciting tries. They followed this up with great tackling and rucking.

The **under-11s** travelled in the opposite direction to Whitchurch where they dominated affairs to take the spoils. Whitchurch were great hosts and the Sports youngsters showed them great respect.

Town under-9s sport new kit

BRIDGEND Town FC under-9s played their first matches of the season in their new kits – kindly provided and sponsored by Blackmill Service Station.

Head coach Shaun Horrex has assembled a large squad of 25+ players this season and the enjoyment and enthusiasm of the players was evident for all to see this weekend.

They played against some stern opposition from Aberkenfig, Maesteg and Tondur up at Archbishop School in Brackla.

Some great football skills were on show from all teams and some wonderful goals were scored.



The future of football in Bridgend is in very safe hands!

The squad would like to thank Dan Lewis at Blackmill Service Station for his generous support.

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OPEN DAY & EVENING

Thursday 5th October

Evening starts at 6.00pm

with address from Headteacher at 6.00pm and 7.00pm

The provision for spiritual, moral, social and cultural education is an outstanding feature. The school has a very positive and inclusive ethos...

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BROWNIE POINTS FOR BUDDING ENGINEERS

ENGINEERING company, Renishaw, recently hosted local Brownies at its Miskin site to help them earn a new badge in engineering.

The Brownie group leader collaborated with Renishaw to give the members a project to design and engineer their own name badges for their uniforms.

The girls took part in three sessions to earn their badge.

In the first session, the Brownies designed their name badges by hand, to include their name and the Brownie logo.

The following week Renishaw gave the girls a tour of the factory, and they transferred their image from paper to digital format using computer aided design (CAD).

The girls saw the first of their designs realised on the 3D printer. In the final session, Sarah the Lewis, fabrication development centre AS



The badge of honour, as designed and made by local brownies and with the aid of Renishaw.

(FDC) tutor at Renishaw's Miskin site, visited the Brownie group to deliver the finished pin badges for their uniforms.

"The Brownies were extremely grateful for the opportunity to experience something new and exciting," said Steph Horsley 1st Llanharan Brownie Leader. "It is a fantastic resource and to be able to try things that we cannot do in our own units is essential to developing the girls and hopefully inspiring them for the future. We thoroughly enjoyed it." AS

TRAINING OPPORTUNITIES 'VITAL TO LOCAL ECONOMY'



South Wales Central AM Andrew RT Davies at the Royal Mint with operations manager Leighton John (to Mr Davies' immediate left), head of development and innovation Steve Gregory (to Mr Davies' immediate right) and other staff who trained at the organisation.

ACCESS to good quality apprenticeships and training schemes is "absolutely vital" to the local economy, South Wales Central AM Andrew RT Davies has said.

Mr Davies made the comments on a visit to the Royal Mint in Llantrisant, a major employer in Cardiff, the Vale and Rhondda Cynon Taf.

The 1,000-year-old organisation supports 14 apprentices and 15 graduates through their training in areas ranging from operations, mechanical and electrical engineering, supply chain and R&D to marketing, finance, international trade and bullion.

Mr Davies was given a tour of the complex by operations manager Leighton John, who joined the Mint in 1991 as an engineering apprentice and the head of development and innovation, Steve Gregory, who also trained with the organisation.

Leighton John is the organisation's most senior ex-apprentice. Leighton said: "The Royal Mint has a long tradition of recruiting young talent via its apprenticeship and graduate schemes."

"In this way we can bring new skills into the business, which helps us progress new initiatives and drives our objectives. There are now more than 80 apprentices and graduates, past and present, working in key areas, helping us in our aim to be recognised as 'the world's best mint.'"

Mr Davies said: "The diverse range of apprenticeships and graduate schemes on offer at the Royal Mint is a great example of what the economy needs on a much larger scale."

"Vocational and academic training opportunities are equally important in providing the skilled workforce we need and it was a pleasure to meet the 80-plus workforce at the Mint who trained there."

WALKING TO HELP CONQUER BREAST CANCER

ON Sunday, October 8, Breast Cancer Now Cardiff and Vale Group, is organising its annual walk to raise funds for research work to eradicate deaths from this disease.

The walk will take place in Porthkerry Park, Barry with registration at 1.30pm at the Education Centre, near the café. Registration costs are £5 for adults and £3 for school age children. Children under school age go free.

The walk takes the form of a 2K or 5K route through the park, the 2K is mostly flat and runs from the education centre to the Conker tree in the upper car park and back.

The 5K walk again starts from the education centre, passes the Conker tree and winds through the woods to Nant Talwg Way and back and is a bit more challenging. Refreshments, crafts and activities for the youngsters are at the end in the education centre.

A spokesperson said: "Participants and supporters

are encouraged to deck the tree with pink ribbons as they pass to demonstrate their support for all those affected by breast cancer. It is not a race, and participants can be of all abilities and ages.

"Walkers with dogs are welcome."

The walk will start at around 2pm and marshals will be on the routes to direct walkers.

More information on the charity can be found at www.breastcan.cernow.org.

GORCHYMYN CYNGOR BRO MORGANNWG (GWAHARDD A CHYFYNGU AR FANNAU AROS A LLWYTHO A PHARCIO) (GORFODI SIFIL) (DIWYGIAD) (RHIF 8) 2017

1. Ar 20 Medi 2017, lluniodd Cyngor Bro Morgannwg, wrth arfer ei bwerau dan Adranau 1, 2, 3, 4, 32, 35, 45, 46, 53 a 124 a Rhan IV, Atodlen 9 o Ddeddf Rheoleiddio Traffig 1984 a Rhan 6 o Ddeddf Rheoli Traffig 2004 a'r holl bwerau galluogi eraill, Orchymyn a fydd yn pennu man parcio i bobl anabl yn y lleoliad a nodir yn Atodlen 3, yn cael gwared ar y man parcio i bobl anabl yn y lleoliad a nodir yn Atodlen 4, ac yn cyflwyno'r cyfyngiadau parcio yn y lleoliadau a nodir yn Atodlen 1, 2, 5 a 6 isod.

2. Daw'r Gorchymyn i rym ar 25 Medi 2017, neu ar y dyddiadau y bydd yr arwyddion a'r marciau ffordd wedi'u gosod, pa un bynnag sy'n ddiweddarach, a chyfeirir ato â'r enw "Gorchymyn Cyngor Bro Morgannwg (Gwahardd a Chyfyngu Mannau Aros a Llwytho a Pharcio) (Diwygiad) (Gorfodi Sifil) (Rhif 8) 2017".

3. Gellir gweld copi o'r Gorchymyn a chynlluniau sy'n dangos yr ardaloedd yr effeithir arnynt yn y cyfeiriad isod yn ystod oriau swyddfa arferol.

4. Os ydych am gwestiynu dylsyrwydd y Gorchymyn neu'r darpariaethau ynddo ar y sail nad ydynt yn unol â'r pwerau a ddylfarnwyd gan y Ddeddf uchod neu ar y sail nas cydymffurfirwyd ag unrhyw un o ofynion y Ddeddf, neu unrhyw offeryn a wnaed dan y Ddeddf mewn pethynas â'r Gorchymyn, gallwch, o fewn chwe wythnos o 25 Medi 2017, wneud cais i'r Uchel Lys i'r perwyl hwn.

Diwygir y Gorchymyn Rheoleiddio Traffig canlynol fel a ganlyn:

Gorchymyn Cyngor Bro Morgannwg (Gwahardd a Chyfyngu ar Fannau Aros a Llwytho a Pharcio) (Gorfodi Sifil) 2013

ATODLEN 1

Man Aros Cyfyngedig 8.00am tan 6.00pm ddydd Llun tan ddydd Sadwrn am uchafswm o 2 awr, dim dychwelyd o fewn 2 awr.

Island Road y Barri – Map AX50

Ar ochr y gogledd-ddwyrain o bwynt 8 metr i'r de-ddwyrain o'r gyffordd â'r Stryd Fawr, tua'r de-ddwyrain am 19 metr.

Ar yr ochr y gogledd-ddwyrain o bwynt 11 metr i'r gogledd-orllewin o'r gyffordd â Broad Street, i gyfeiriad y gogledd-orllewin am 20 metr.

ATODLEN 2

Man Aros Cyfyngedig 8.00am tan 6.00pm ddydd Llun tan ddydd Sadwrn am uchafswm o 2 awr, dim dychwelyd o fewn 2 awr, ac eithrio deiliad trwydded breswyl.

Stryd Fawr y Barri – Map AX50

Ar ochr y gogledd-orllewin o bwynt 3 metr i'r gogledd-ddwyrain o'r gyffordd ag East Street, tua'r gogledd-ddwyrain am 117 metr.

Ar ochr y de-ddwyrain o bwynt 3 metr i'r gogledd-ddwyrain o'r gyffordd ag East Street, tua'r gogledd-ddwyrain am 58 metr.

Ar ochr y de-ddwyrain o bwynt 73 metr i'r gogledd-ddwyrain o'r gyffordd ag East Street, tua'r gogledd-ddwyrain am 48 metr.

York Place y Barri – Map AY49 a Map AX50

Ar ochr y gogledd-orllewin o bwynt 6 metr i'r gogledd-ddwyrain o'r gyffordd â Windsor Road, tua'r gogledd-ddwyrain am 62 metr.

Ar ochr y de-ddwyrain o bwynt 6 metr i'r gogledd-ddwyrain o'r gyffordd â Windsor Road, tua'r gogledd-ddwyrain am 28 metr.

Ar ochr y de-ddwyrain o bwynt 59 metr i'r gogledd-ddwyrain o'r gyffordd â Windsor Road, tua'r gogledd-ddwyrain am 24 metr.

ATODLEN 3

Man Parcio Arfaethedig i Bobl Anabl

Stryd Fawr y Barri – Map AX50

Ar ochr y de-ddwyrain o bwynt 67 metr i'r gogledd-ddwyrain o'r gyffordd ag East Street, tua'r gogledd-ddwyrain am 6.6 metr.

ATODLEN 4

Tynnu Man Parcio i Bobl Anabl

Stryd Fawr y Barri – Map AX50

Ar ochr y de-ddwyrain o bwynt 7.1 metr i'r de-orllewin o'r ffin rhwng eiddo rhif 119 a 120 tua'r de-orllewin am 6 metr.

ATODLEN 5

Man 'Dim Aros ar Unrhyw Adeg' Arfaethedig

Heol Holltwn, y Barri – Map AV53

O bwynt tua 13.5 metr i'r gogledd-ddwyrain o'r gyffordd â Court Road, tua'r gogledd-ddwyrain am oddeutu 8.3 metr

ATODLEN 6

Man 'Dim Aros' Arfaethedig (Llun – Gwener 8.30am – 4.30pm)

Wordsworth Avenue Penarth – AK63

Ar ochr y gogledd, o bwynt tua 10 metr i'r dwyrain o'r gyffordd â Dryden Road, tua'r dwyrain am oddeutu 20 metr.

Ar ochr y de, o bwynt tua 10 metr i'r dwyrain o'r gyffordd â Dryden Road, tua'r dwyrain am oddeutu 20 metr.

Dyddiedig 21 Medi 2017

M. E. Punter
Cyfarwyddwr Amgylchedd a Thai
Cyngor Bro Morgannwg, Yr Alpau,
Gwentô CF5 6AA



THE VALE OF GLAMORGAN COUNCIL (PROHIBITION AND RESTRICTION OF WAITING AND LOADING AND PARKING PLACES) (CIVIL ENFORCEMENT) (AMENDMENT) (NO 8) ORDER 2017

1. On the 20th September 2017 The Vale of Glamorgan Council in exercise of its powers under Sections 1, 2, 3, 4, 32, 35, 45, 46, 53 and 124 and Part IV of Schedule 9 of the Road Traffic Regulation Act 1984 and Part 6 of the Traffic Management Act 2004 and all other enabling powers made an Order the general effect of which is to install the disabled persons parking place at the location specified in Schedule 3 and remove the disabled persons parking place at the location specified in Schedule 4 and install the parking restrictions at the locations specified in Schedules 1, 2, 5 & 6 below.

2. The Order will come into operation on 25th September 2017 or on the dates that the signs and road markings are in place whichever is the later and be known as the "Vale of Glamorgan Council (Prohibition and Restriction of Waiting and Loading and Parking Places) (Civil Enforcement) (Amendment) (No 8) Order 2017".

3. A copy of the Order and plans showing the affected areas may be seen at the address shown below during normal office hours.

4. If you wish to question the validity of the Order or any provisions contained therein on the grounds that they are not within the powers conferred by the above Act or on the grounds that any requirement of the same or that any instrument made under it has not been complied with in relation to the Order, you may within six weeks from the 25th September 2017 apply to the High Court for this purpose.

The following Traffic Regulation Order is to be amended as follows:

Vale of Glamorgan Council (Prohibition and Restriction of Waiting and Loading and Parking Places) (Civil Enforcement) Order 2013

SCHEDULE 1

Limited Waiting 8.00am to 6.00pm Monday to Saturday for a maximum period of 2 hours, return prohibited in 2 hours.

Island Road Barry – Map AX50

On the north east side from a point 8 metres south east of the junction with High Street, in a south easterly direction for 19 metres.

On the north east side from a point 11 metres north west of the junction with Broad Street, in a north westerly direction for 20 metres.

SCHEDULE 2

Limited Waiting 8.00am to 6.00pm Monday to Saturday for a maximum period of 2 hours, return prohibited in 2 hours, except for resident permit holders.

High Street Barry – Map AX50

On the north west side from a point 3 metres north east of the junction with East Street, in a north easterly direction for 117 metres.

On the south east side from a point 3 metres north east of the junction with East Street, in a north easterly direction for 58 metres.

On the south east side from a point 73 metres north east of the junction with East Street, in a north easterly direction for 48 metres.

York Place Barry – Map AY49 & Map AX50

On the north west side from a point 6 metres north east of the junction with Windsor Road, in a north easterly direction for 62 metres.

On the south east side from a point 6 metres north east of the junction with Windsor Road, in a north easterly direction for 28 metres.

On the south east side from a point 59 metres north east of the junction with Windsor Road, in a north easterly direction for 24 metres.

SCHEDULE 3

Proposed Disabled Persons Parking Place

High Street Barry – Map AX50

On the south east side from a point 67 metres north east of the junction with East Street, in a north easterly direction for 6.6 metres.

SCHEDULE 4

Revocation of Disabled Persons parking Place

High Street Barry – AX50

On the south east side from a point 7.1 metres south-west of the boundary line between property Nos.119 and 120 in a south-westerly direction for 6 metres.

SCHEDULE 5

Proposed 'No Waiting at Any Time'

Holton Road Barry – Map AV53

From a point approximately 13.5m north east from its junction with Court Road, in a north easterly direction for approximately 8.3metres

SCHEDULE 6

Proposed 'No Waiting' (Mon – Fri 8.30am – 4.30pm)

Wordsworth Avenue Penarth – AK63

On its northern side, from a point approximately 10metres east from its junction with Dryden Road, in an easterly direction for approximately 20metres.

On its southern side, from a point approximately 10metres east from its junction with Dryden Road, in an easterly direction for approximately 20metres.

Dated this 21st day of September, 2017.

M. E. Punter
Director of Environment & Housing
Vale of Glamorgan Council, The Alps,
Wenvoe CF5 6AA



LOCAL ATHLETES IMPRESS AT SUMMER GAMES



Adrian Abbott.



Kristina Rees and Laura Knight
(Picture by Stephen Bailey).



Gareth Lloyd.



Heather Williams.



James Savory.



Kiaran Parsons.



Melissa Jones.



Mark Eveleigh.

ON Monday, August 7, 14 members of Special Olympics Cardiff & Vale set out from the Vale to be picked up by the team coach in Cardiff, for the journey to Sheffield - Jeff Savory, head of delegation (Barry), Anthony Abbott, assistant head of delegation (Llantwit Major), Pam Abbott, families representative (St Brides Major) and head coach for Boccia, Valerie Savory (Barry) plus the 10 athletes listed below.

Special Olympics Cardiff & Vale would like to congratulate its 10 athletes from the Vale who competed in five different sports at the Special Olympics National Summer Games in Sheffield.

These 10 members were part of a 170 members making up Special Olympics Team Wales who participated in 11 sports with athletes from all parts of Wales bringing back the awesome total of 59 gold, 82 silver and 64 bronze medals totalling 205 medals, with the athletes from the Vale receiving six gold, 10 silver and five bronze medals.

We start with Aquatics with Kristina Rees (Llantwit Major) receiving gold in 100m freestyle, silver 50m freestyle and a bronze medal in 50m backstroke.

Laura Knights (Penarth) won a gold 50m freestyle and a Silver in 100m freestyle while Adrian Abbott (Llantwit Major) won gold in 100m freestyle.

The sole representative from the Vale in badminton, James Savory (Barry), won his A group then had to compete against the top players in group B in his division.

Unfortunately James was beaten 21-19 so received a bronze medal in men's singles and a fourth place in men's doubles top division with



Sam Lazenbury.

his partner Stephen Davies (Wrexham).

In boccia, the singles competition was held over two days with Heather Williams (Barry) bringing home a gold and Melissa Jones (Barry) receiving a fifth place.

Of the other members who train in Barry at the Boccia Rollers, Sonja Pedersen received a silver, John Harry Silver and Dewi Evans a bronze medal.

The men's pairs, Evans and Harry, received the bronze medal.

The ladies team event was held on the last day with Heather Williams (Barry), Melissa Jones (Barry) and Sonja Pedersen (Cardiff) receiving a fifth place.

In golf, Sam Lazenbury (Barry) competed in the 18 hole competition and after three rounds Sam received a silver medal. Mark Eveleigh (Barry) competed in the nine hole competition and after three rounds Mark received a fifth place medal.

In Artistic Gymnastics Gareth Lloyd (Barry) earned gold overall, silver floor, parallel bars, and rings and bronze high bar and pommels, while Kiaran Parsons (Barry) won gold on pommels, silver overall, floor, high bar and rings, bronze vault.

Special Olympics Cardiff & Vale would like to thank the local clubs in the Vale and coaches that these athletes train at weekly.

These are Aquatics: Bridgend Sharks and Cardiff Chameleons Swimming Club, Badminton: Cardiff Shadows Badminton Club, Boccia: Rollers (Barry), Golf: at St Andrews Major GC (Barry), Gymnastics: Penarth Gymnastics Club (Barry).

JS

Rhoose Junior Lifesavers are fourth in Britain



AUGUST saw the Great British National Surf Lifesaving Championships held in the beautiful Hollywell Bay, in Cornwall.

Rhoose took a strong junior team down and went all out for gold.

There was a brilliant two days of competition, with some testing conditions. Our juniors competed to the highest standard and came away with some very impressive results.

Along with the individual results that follow we also placed well in many of the pairs and double events, giving us and overall placing of fourth out of 26 clubs - what an outstanding achievement.

Results: Girls U19 Board - 2nd Kelsea Peterson; Girls U13 Board - 3rd Evie Wong; Girls U19 Ski - 2nd Kelsea Peterson; Girls U17 Ski - 1st Millie Wiggins, 2nd Ellie Peterson.

Male U17 Ski - 3rd Jason Grice; Girls U15 Ski - 2nd Brooke Peterson; Girls U19 Oceanwoman - 3rd Kelsea Peterson; Girls U19 1K - 3rd - Kelsea Peterson; Girls U13 1K - 2nd Evie Wong; Girls U19 Flags - 2nd Kelsea Peterson.

Girls U17 Flags - 1st Ellie Peterson; Girls U13 Flags - 1st Evie Wong; Male U13 Fags - 1st Finn Sullivan; Girls U17 Sprints - 2nd Millie Wiggins; Girls U13 Sprints - 1st Evie Wong; Male U13 Sprints - 3rd Finn Sullivan.

Lastly, a special mention to two young ladies - Kelsea Peterson, who on her last competition as a junior achieved a clean sweep by medalling in every she competed in.

Also Evie Wong had a great first competition as a nipper/junior medalling in all but one of her events, coming in a close fourth place on her swim - well done ladies.

VW



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SLOW STARTING PENCOED PHOENIX PLAY CATCH-UP AT HAVERFORDWEST

Pencoed Phoenix travelled to Haverfordwest and the final score of 17-7 to the west Walians does not reflect the entire match.

In the second half, Phoenix dominated the scrums and line out and deserved more from the game. Again, Phoenix did not start well and only found their feet after 20 minutes.

With a better start, they would win more games as the talent and experience are all there.

Missed tackles from Phoenix led to the first try, which was converted. Natalie O'Shea was a constant pain to the Ford side. Leanne Burnell's kicks upfield led to Haverfordwest running straight back at Phoenix. Rachel Jones for Phoenix made some ground before being stopped.

Haverfordwest scored again on the counter-attack, and added a penalty to be 17-0 up.

The game began to turn for Phoenix and they started to play better intelligent, flowing rugby, although the ref was giving too many penalties against them.

At the half-time break a good talking from captain Rhian Noakes and team manager Michele Halse sorted a few errors out.

Katie Murphy started bursting through tackles and Ella Roberts showed her talent in line outs.

The scrum generated a fantastic drive and Ford were tiring as a result. The Phoenix forwards showed great energy as the second half continued with Caitlin Jones enjoying herself.

Rachel Darks, with a good catch and run down the line was just held up. The second half belonged to Phoenix and good hands from Natalie O'Shea, and Rachel Jones led to Leanne Burnell running in a well-deserved try, converted by Rhian Noakes.

The lady of the match was Caitlin Jones for Phoenix.

Next up for Pencoed is Barry home on September 24. Anyone is welcome to join the club. Contact team manager Michele Halse or the Pencoed Phoenix Facebook page.

More photos can be seen on <http://juliehancok.org>



*Natalie O'Shea on the charge for Phoenix.
Photos by Julie Hancock.*



Leanne Burnell runs in the Pencoed try.



Katie Murphy goes for a tackle with Sarah Payne in support.



Rachel Darks for Pencoed tries to evade a Haverfordwest tackler.

Phoenix under-18s put on a fine show of running rugby

This Ospreys Central Youth under-18 league match at the Recreation ground – pitting Pencoed against Seven Sisters – provided spectators with a feast of tries, 12 in total with the home side getting the lion's share with eight.

The home support did not have to wait long for the opening score, Phoenix turning defence into attack only metres from their own line.

Jade Thomas sparked off a counter and good hands from the threequarters saw play sweep the length of the field for the supporting Diane Jones to score half-way out, Rosie Carr adding the conversion.

Seven Sisters soon replied with a try and

conversion from Ellie Harries.

Phoenix then got a second try, again counter attacking from their own half and Sarah Veysey ran around the covering defenders to score at the posts, Carr converted.

Soon after Phoenix were awarded a penalty try and led 21-7. The visitors returned to the attack and flanker Mellisa Gnojek broke down the blindside of a scrummage to score from 20 metres out.

Phoenix then secured their try bonus point, centre Meg Jenkins breaking away to score, with Carr adding a fine conversion.

Approaching the interval a 40-metre run from Veysey to score saw Phoenix lead by 33-12 at the break.

Seven Sisters started the second half strongly with back row forward Gnojek prominent, and her forceful running resulted in completing a try hat-trick, and with Harries adding a conversion it was now anyone's game at 33-24.

Phoenix however, regrouped themselves to finish the match strongly with a further three tries to put the result beyond doubt.

First, Jenkins broke strongly to put Veysey away for her try hat-trick, and with kicker Rosie Carr briefly off the field, twin sister Katie took over the kicking responsibility and duly obliged with the conversion.

Jenkins then got her second try before Erin Smith brought matters to a close with home try number eight.

Rosie Carr, resuming kicking duties, added both conversions for a final scoreline of 54-24.

Meg Jenkins of Phoenix and Ellie Harries of Seven Sisters were chosen as players of the match by their respective opponents.

TR

Two late penalties deny Tondy an away victory



YSTALAFERA 31 – 26 TONDY
Report by Mike Sully. Photos by Gareth Anthony.

We were treated to a wonderful game of running rugby by two sides intent on entertaining.

The game sprang into life as early as the fifth minute when open side flanker Ryan James finished off a fine move for the game's first try. The conversion came from outside half Gareth James 7 - 0.

Just two minutes later a magnificent break from Tondy full back Aled Jones saw him breeze over for the visitors' first try. This was converted by Josh Tatchell for 7-7.

The game never failed to entertain and a flowing move down the left saw wing Luke Cairnes restore the home side's lead before Gareth James added a penalty to give Ystalyfera a 15-7 advantage.

But Tondy would not lie down and came back with a great try from Aled Jones minutes later. The last points of an entertaining first half came from the boot of Ystalyfera outside half Gareth James and it was 18-12 at the break.

The second half was only two minutes old when Ryan James scored his second try, peeling over from a five-metre lineout. Gareth James again added the extra points from wide out and the game looked to be over.

Tondy had other ideas though, smooth handling across the back line sent full back Aled Jones over for another try before an interception and 40-metre run in saw outside half Paul Smithson score a great try. Both were converted by Josh Tatchell, and it was game on at 25-26 to the visitors.

The final quarter saw both sides attempt to gain the upper hand but at the end of the day, the home side's dominance up front gave them the advantage over a fluid Tondy back line on the day and it ended up with two Gareth James penalties that sealed this very entertaining encounter.

Tondy head coach Matthew Tatchell said: "It was a game of missed chances – one that got away."

Fine win for Ath seconds

BRIDGEND Athletic RFC second XV have decided to test themselves this season playing at a higher than District level by competing in a new National Welsh Conference West Division.

They travelled to Newcastle Emlyn and came away with a very creditable 15-8 victory.

The first Athletic try came when a series of forward drives set up space for a training ground backs move, culminating in debutant wing Kieran Waagness racing over from 30 metres out.

Despite good defence from the forwards led by Gareth Bartlett and Lewis Taylor, the team were disappointed to concede a try from a Newcastle Emlyn forward surge just before half-time.

Poor discipline then allowed Emlyn to take an 8-5 lead with a penalty.

Lloyd Pemberton came on for the last quarter and made an immediate impact.

He was held up just

short of the line and from the resultant ruck the Athletic set up a series of thrusts.

When the ball again reached Pemberton he sold a dummy to create space and his strength took him over the line with two defenders on his back.

Stand-in skipper Scott Jones nailed the conversion to open a 12-8 lead.

Newcastle Emlyn were penalised for indiscipline following the try.

The Athletic found touch near the corner and from the resultant play, Scott Govan launched an excellent 40-metre drop goal from the touchline to seal a 15-8 victory.

This was a great result from an excellent all-round team performance, with special mention for backs Luke Yardley and centre John Taylor in defence, when Emlyn came out hard in the second half.

It was also encouraging in the team numbers who turned out for the long journey west.

AB

Bridgend Bridge Club news update

THE results for recent events at Bridgend Bridge Club are as follows:

Wednesday, September 13: First, Simon Richards and Julian Pottage; second, Keith Davison and Ann Fox; third, Alan Heath and Geoff Barnes.

The winners on handicap were Keith Davison and Ann Fox.

Thursday, September 14: Equal first, Hilary and Peter Rowley, and Margaret Roach and Leila O'Hagan; third, Maggie and Richard Ashpole.

The winners on handicap were Hilary and Peter Rowley.

Friday, September 15: First, Norma and David Newman; second, Jane Brook and Wendy Williams; third, Ann Fox and Maggie Ashpole.

The winners on handicap were Norma and David Newman.

Regular club nights take place on Wednesdays and Fridays at Noltan Church Hall.

Play is scheduled to start at 7pm; to enable a prompt start, it helps if players arrive at least 10 minutes early.

On Thursday

afternoons at 2pm, there is a gentle bridge session when help is available with the bidding.

All sessions are played in a friendly manner, visitors and new members are always welcome.

Lessons take place on Wednesday afternoons from 4pm until 6pm, and are primarily for beginners.

For further information, contact one of Steve Burgoyne on 01656 661968, John Evans on 01656 880372 or David Newman on 01656 649138.

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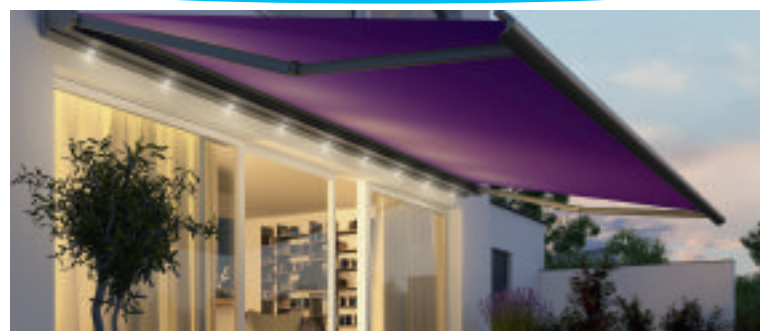
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Family Notices

VINCENT

Virginia (Gina)

Tragically died on 14th September 2017 whilst on holiday in Cyprus. She will be greatly missed by her loving husband, children, grandchildren and friends.

Further information available at a later date from W. James & Sons, Fommon.
Tel. 01446 710096.

HEYES

Samuel (Sam)

Peacefully on 9 September at home with his family, Samuel (Sam), aged 80 years, of Ash Grove, Barry. Dearly loved husband of Carol, loving father to all his children, grandchildren, great grandchildren and great great grandchildren.

Sam will be sadly missed by all of his family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry until the funeral on Monday, 25 September. Service in the chapel at 2pm, followed by cremation at Cardiff & Glamorgan Crematorium, Port Road East, Barry. Family flowers only, if desired, donations may be handed to the funeral director after the funeral for Barry Male Voice Choir.

HEMMING

Ceidwedd (née Lewis)

Peacefully on 18th September at Foxtroty Residential Home, Tondur, Cein, aged 91 years, formerly of Fferm Goch, Llangan. Beloved wife of the late Ern, much loved mother of Pauline and Richard, mother-in-law to Phil and Jacqui. Loving gran to Gerwyn, Matthew, Darren and Luke, great-granny to Jack, Evan and Ioan. Cein will be sadly missed by all her family and friends.

Funeral Monday, 2nd October, service and cremation at Coychurch Crematorium at 12 noon. Flowers and inquiries to Mel & Ron Watkins Funeral Services, Pencoeed, Bridgend, CF35 5NP. Tel: 01656 860545.

ADEY

Beryl Rose (née Simpson)

Peacefully on 8th September at Bryn Celyn Care Home, Maesteg, Beryl (formerly of Penprysg, Pencoeed). Dearly beloved wife of the late Gerald, much loved mother of Nigel, Bevis, Giles and Iona. Loving granny to Laura, Gwen, James, George and Sarah, great-granny to Alice and Eleanor.

Funeral Monday, 25th September, service at St. David's Church, Pencoeed at 1pm, followed by interment at Pencoeed Cemetery at 2pm. Family flowers only, donations in lieu may be made to the Alzheimer's Society c/o Mel & Ron Watkins Funeral Services, 2, Hilda House, Pencoeed, Bridgend, CF35 5NP. Tel: 01656 860545.

JONES

Hywel Gwyn (Hugh)

Suddenly at Llandough Hospital, Hugh passed away aged 63 years. He will be sadly missed by wife Rosemary, his children Robert and Helen and all his loving family and friends.

Resting at W.A. Brown Funeralcare, Llantwit Major until the funeral service at Coychurch Crematorium on Wednesday, 27th September at 1.15pm. Family flowers only, donations if wished to The British Heart Foundation c/o the Funeral Director (cheques only).

MAY

Jennifer Cheryl

Peacefully at Holme Tower Marie Curie, Penarth, Jenny devoted to her late partner Bill, loving mother to Phillip.

Jenny will be sadly missed by all friends and family.

Resting at the Private Funeral Home of W. James & Sons, Fommon. Funeral Tuesday, 26 September, service 12.45pm at St Athan Church, followed by cremation 2.15pm at Coychurch Crematorium, Bridgend. No flowers by request, donation if desired to Holme Tower Marie Curie.

THOMAS

Raymond John

Peacefully on September 9th at the University Hospital of Wales, Cardiff, Raymond of Gileston. Beloved husband of Dilys, loving father of Audrey and John, respected father-in-law of Owen and Lynette. Much loved grandfather of Laura, Rhys, William, Phillip and Edward.

Resting at the Private Funeral Home of W. James & Sons, Fommon. Funeral Monday, September 25th, service 2pm at St Giles Church, Gileston, followed by interment in Gileston Cemetery. No flowers by request, donations in lieu, if desired, to The Stroke Association or British Heart Foundation c/o W. James & Sons, Funeral Directors, Fommon, Vale of Glamorgan, CF62 3BJ.

APPLEBY

Alan

Sadly on Sunday, 10th September 2017 at the University Hospital Wales, in the presence of his loving family, Alan, beloved husband of Marilyn. Much loved father of David and Ruth, treasured step-father of Sharon, wonderful grandfather of Josie, Jessie, Ruben and Heidi. Brother of Brian, John and Liz, son of the late Jim and Millie.

Resting at Park Funeral Home, Tynwydd Road, Barry, CF62 8HB until the funeral service at Cardiff & Glamorgan Crematorium, Barry on Monday, 25th September at 10am and then to Wenvoe Castle Golf Club, Port Road. If desired, flowers to be sent to Park Funeral Home or donations in favour of Macmillan Cancer Support to be sent to Park Funeral.

DAVIES

Susan Elizabeth

Peacefully at home on 7th September, surrounded by her adored family, Susan, well known and loved within Barry and a devoted partner of Kevin. Much loved mum of Craig, Paul, Wesley and the late Kate. Cherished nan to Vinney, Connor, Jordan, Ethan and little Connor.

She will be greatly missed by all her family and many friends.

Susan is in the care of Lyndsay Ellis @ The Vale Funeral Service, Court Road, Barry until her service at All Saints Church, Park Road, Barry on Tuesday, 26th September at 1.30pm, followed by interment at Barry Cemetery. Donations if desired may be made at the service or via Sue's online tribute page at www.valefuneralservice.co.uk where you are welcome to leave your personal messages and memories. All donations received to support Velindre Cancer Centre, Cardiff. Family request that something with a hint of orange to be worn to reflect on Susan's colourful character.

DAVIES

Jean Elizabeth

Peacefully on 17 September at Llandough Hospital, Jean Elizabeth of Fontygary Road, Rhooose. Dearly loved wife of Reverend Malcolm. A loving mother of Jonathan, Suzanne and mother-in-law of Andrea and Lee. Cherished grandmother of James and Katie.

Jean will be sadly missed by all of her family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry. Funeral service on Friday, 29th September at All Saints Church, Barry, at 9.45am, followed by cremation at Cardiff and Glamorgan Crematorium, Port Road East, Barry, 11am. Family flowers only, if desired, donations may be handed to the funeral director after the funeral for Cancer Charities.

KNIGHT

Maisie (née Elston)

Passed away peacefully after a short illness on 31st August 2017 at the University of Wales - Maisie, aged 87 years. Beloved wife of the late Bill, loving sister of Jean and the late John and loving mother of Stephen, Robert and Richard. Mother-in-law to Sue, Carolyn and Marilyn. Grandmother to Lee, Jonathan, Kara, Jenna, Louise, James, Lauren and Louis, great Grandmother to Blake, Daisy, Amelia, Henry and Isabella.

Resting at Lyndsay Ellis Funeral Home, Court Road, Barry until the service on Friday, 29th September at All Saints Church, Park Road, Barry at 2pm, followed by cremation at Cardiff & Vale Crematorium, Port Road, Barry.

Family flowers only. Donations in lieu of flowers, if so desired, may be sent to The Alzheimer's Society, 16 Columbus Walk, Brigantia Place, Cardiff, CF10 4BY.

FRY

Roger Philip

Peacefully on 11th September after a short illness, with his family present, Roger, aged 77 years. Beloved husband of Anne, much loved dad of Chris, Rob and Pete, cherished granddad Roger to his grandchildren.

Roger will be sadly missed by all his family and friends.

Resting at W.A. Brown Funeralcare until the service at St Illtyd's Church, Llantwit Major on Thursday, 28th September at 12 noon, followed by committal at Coychurch Crematorium. Family flowers only, donations in lieu, if so desired, for Llantwit Major and Cowbridge Lions c/o the funeral director.

SALISBURY

Louisa (Lucy)

Suddenly but peacefully at Llandough Hospital, Penarth, on September 12th, Lucy, formerly of Pyke Street, Barry. Dearly beloved wife of the late Frank, much loved mum of Elizabeth and partner Brian, adored nan of Ross.

Lucy will be sadly missed by all her family and friends.

Resting at A.G. Adams Funeralcare, Gladstone Road, Barry until her funeral service in the chapel on Friday, October 6th at 1pm, followed by cremation at The Cardiff & Glamorgan Crematorium, Barry at 2pm. Family flowers only but donations in lieu of flowers to Dementia UK.

McCARTHY

Albert John (John)

Peacefully on 15th September at Barry Community Hospital after a long illness, John McCarthy, aged 85 years, sadly passed away. Beloved husband of Hazel, much loved father to Jacqui, Peter, Kevin and Michael. Father-in-law to David, Julia and Paula. Grandad to nine grandchildren and great grandad to nine great grandchildren.

Resting at Lyndsay Ellis Funeral Home, Court Road, Barry until the service on Wednesday, 27th September at Cardiff and Glamorgan Crematorium, Port Road, Barry at 11am. Family flowers only, donations if desired, may be sent to Marie Curie Hospice, Bridgeman Road, Penarth, CF64 3YR in memory of John.

MORRIS

Ann (née Casey)

Suddenly on 9th September at her home, Cae Talcen, Pencoeed, Ann aged 78 years. Dearly beloved wife of the late David (Morris Travel, Pencoeed), much loved mother of Denise, Andrea and David, mother-in-law to Neil and Terry, cherished nan to Zara and great-nan to Joshua and Daisy, a dear sister to Kitty, Billy, Norah and the late Sheila, Tommy and Maureen.

Ann will be greatly missed by all her family and many friends.

Funeral Tuesday, 26th September, service and cremation at Coychurch Crematorium at 1.15pm. Family flowers only, donations in lieu may be made to Cancer Research Wales c/o Mel & Ron Watkins Funeral Services, 2 Hilda House, Pencoeed, Bridgend, CF35 5NP Tel: 01656 860545.

CROWE-COOMBES

Margaret

Suddenly at home on September 10th, Margaret aged 67 years, sadly passed away. A devoted wife of Ken and cherished sister to Angela.

Margaret will be dearly missed by all who knew and loved her.

Resting at The Vale Funeral Service, Court Road, Barry until her service at Cardiff & Glamorgan Crematorium, Barry on Tuesday, 26th September at 10am. No Flowers by request.

Funeral arrangements entrusted to Lyndsay Ellis 01446 407962.

FIDLING

Michael John (Mick)

Peacefully at the University Hospital of Wales on 18th September 2017, Mick passed away, aged 78 years.

He will be sadly missed by his beloved wife Sheila, daughters Caroline and Joanne, sons-in-law Garry and Jeff and treasured grandchildren Meaghan, Rhianon and Ben.

Resting at W.A. Brown Funeralcare, Llantwit Major until the funeral service at Coychurch Crematorium on Thursday, 28th September 2017 at 3.45pm. All enquiries to W.A. Brown Funeralcare. Tel 01446 792489.

FROUD

Sylvia (Formerly Gulwell)

Peacefully on 13 September, Sylvia, wife of the late Simmer (Brian). Mum to Michael, Paul, Geoffrey and the late Robert. Funeral 12 noon Monday 25th September at Barry Crematorium and after in the Wilton Lounge at Sully Sports and Social Club. Family flowers only. Donations in aid of Macmillan Nurses may be handed to the funeral director.

HEY

Marjorie

With great sadness, Gill and Stephen Hey announce the death of their mother Marjorie, who passed away peacefully on Sunday, 17 September at the Manor House, St Hilary. The funeral will be held at St John the Baptist Church, Llanblethian, followed by interment at 2pm on Friday, 29 September.

Acknowledgements

LANGFORD

Julie Simone

1981 - 2017

Peter, Curtis, Morgan, Ashton and Family would like to thank relatives and friends for their love and support at this sad time. Special thanks to Father Ben Andrews for his comforting service in celebration of Julie's life and to Lyndsay Ellis of Vale Funeral services for the kindness and attention afforded to Julie.

GODDARD

David

The Goddard family would like to thank friends and family from home and around the world for helping to celebrate the life of our amazing David.

Thank you for the generous donations to PETA and your continued support.

Love, Light and Peace.

HORSEY

Pauline

Julian, Angharad and Seren would like to thank their wonderful family, friends and neighbours for their support at this sad time.

Also special thanks to Heather for the lovely service and Thomas Brothers Funeral Directors.

PUNTER

Beti

Geraint, Delyth and Rhodri would like to thank all relatives, friends and neighbours for their love and support during this sad time. Thank you to Reverend Phil Denyer for his kind words and comforting service as we said our farewells to mum.

Our thanks extend to Penybont Funeral Directors for their attentive care and also the staff at Milsom House and Southway Residential Home for looking after mum with such kindness. Special thanks go to her neighbours, friends and carers who supported mum with such kindness in her own home.

We are deeply appreciative.

'...Or you can do what she would want; smile, open your eyes, love and go on.' David Harkins

In Memory

MATHESON

Gordon

A year on from that horrendous day our lives changed forever. We were lucky to have had that precious time with the most caring loving happy gorgeous man, we call Gordon, my hubby and the best daddy to Kieran and Kirsty.

Love you always Tracey xxx

Love and hugs from Kieran and Kirsty ♥
Till we are together again xx


Birthday

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24 September

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St Athan personnel running for RAF Benevolent Fund

ON October 1, around 45 RAF fundraisers will join thousands of others pounding the streets of Wales to conquer the Cardiff Half Marathon in aid of the RAF Benevolent Fund.

With 30 MoD St Athan personnel running for the same cause, and 15 from University of Wales Air Squadron, each runner has been tasked with raising money for the RAF's leading welfare charity.

Flight Sergeant Dean Morgan, of MoD St Athan, said: "We've got individuals of all ranks and ages running for the RAF Benevolent Fund, hoping to raise as much as possible."

"A team of ours entered the event last year, and this year we've been training for three months to beat our own times - with varying intensity and success!"

He continued: "The RAF

Benevolent Fund is the chosen charity for us here at MoD St Athan. We fully understand the scope of work that they undertake and being in the RAF, what better charity to run for!"

"They really do embark on great work for the entire RAF community." Paul Hewson, regional director for the RAF Benevolent Fund, said: "To have the support of 45 RAF personnel for one event is nothing short of inspiring."

"To all of those taking part, thank you very much for everything you are doing for us."

"Your efforts mean we can assist many more deserving individuals of the RAF family, whether that's through financial support, advice or advocacy, to help change their lives for the better."

To support the efforts of the MoD St Athan team, visit www.justgiving.com/fundraising/mod-st-athan-cardiff-half-marathon.

Give your gear for charity

OUTDOOR and travel store Rohan on Birds Lane in Cowbridge is running a 'Gift Your Gear' charity initiative which aims to enable people to benefit from life-changing experiences in the great outdoors - regardless of their circumstances.

Cowbridge residents can bring any unwanted (but usable) outdoor wear, such as outdoor trousers, jackets and

fleece, into the store before October 1. The kit will then be donated to local community organisations, youth groups and charities.

The Rohan shop on Birds Lane will take outdoor gear of any brand and, as an incentive for local people to get involved in 'gifting their gear,' is offering a 15 per cent discount off all purchases made on the day.

Customers who want to nominate an organisation to benefit from 'Gift Your Gear' can apply at giftyourgear.com.

If you have a story to submit, the deadline is 5pm on the Monday of the week it is to go in.
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Re-dedication of Fred Dunn Gates on September 29

AS part of the project to refurbish the Cowbridge Athletic Club gates, funded by the Heritage Lottery Fund, Cowbridge Town Council and private donations, the opportunity has been taken to incorporate a brass tablet commemorating those members who lost their lives in conflict.

In the First World War, five members died, including three brothers of the Dunn family. Frank and Jack were killed in skirmishes with Turkish troops at Suvla Bay in 1915 and Hugh drowned while swimming in the Monnow in 1916.

Albert Gibbs and Harold Moynan both died at Ypres in 1916 and 1917 respectively.

The Second World War was responsible for the loss of three members, John Gwyn and George Pratt were killed in the advance through Italy; Roy Watts died in an aeroplane accident in 1941.

All of the above were primarily cricketers but the loss of Captain Thomas Clarke of the Army Air Corps in Afghanistan was felt particularly by the rugby fraternity, where Thomas was a popular member and is much missed.

The Fred Dunn Gates

Having lost three brothers in the First World War, Fred Dunn determined that as far as possible, the terrible effects of the conflict would not stop the revival of the Cowbridge Athletic Club.

Fred had been captain of the cricket club before the war and on returning to

civilian life he led a small, but dedicated, group which revived the club.

By 1921 they had made sufficient progress that the club members presented Fred with a gold cigarette case in gratitude.

Fred continued his service to the club, acting as secretary and then president. Fred died in 1960 and in 1962 the memorial gates were erected. The then chairman, Edward John was reported as having said that Fred Dunn was the difference between the club surviving and prospering or never reopening after the First World War.

The gates were originally facing the road from Westgate but were repositioned to allow the road to the leisure centre to be built.

The refurbishment has been undertaken by Ross Smith of Anvil Forge in Pontypool.

The event on the morning of Friday, September 29 will begin at 11am with short talks in the Pavilion. The first by the Glamorgan CCC archivist Dr Andrew Hignell, who will discuss the effect of the First World War on sport and the second by Jeffrey Bird, the president of the Cricket Club focusing on the Dunn story.

At 11.50am there will be a Service of Dedication of the new memorial then The Rt Hon Alun Cairns MP, Secretary of State for Wales, will officially re-open the gates.

The Cowbridge Athletic Club extends an invitation to everyone who might like to attend. Light refreshments will be served in the Pavilion after the ceremonies.

Contact Jeffrey Bird on jrb@rsbird.com or 01446 773386.

Vale of Glamorgan Senior Football League Round Up

The Vale football league was hit by major disruption this weekend with a number of the games at the Buttrills Fields abandoned due to the deluge of rain that came on at kick off.

Barry Saints vs SP Billy, Cadoxton Imps vs Cardiff Airport, Tynewydd vs Sully Sports, BRT Dynamos vs Barry Albion and Cwm Talwg vs Cadoxton Athletic were all abandoned due to waterlogged pitches.

However, there were a handful of games played elsewhere around the Vale. Llantwit Major maintained their 100 per cent start in Division Two while ending Cadoxton Barry's own perfect start with a big 4-0 away win over the leaders coming into the weekend.

St Athan B picked up their first three points of the campaign to follow on from last week's draw, as they dispatched Island Marine B 2-1, Vale Madrid continued their winning run and went top with a 3-0 victory over bottom club Glenbrook, and AFC Rhosneigwa hammered BV 5-0 to go fifth.

Only one game survived in Division One as Cogan Cornonation came away with the bragging rights in their derby game with Penarth Town B, a 3-1 scoreline giving the home side the win.

Due to SWFA Cup games there was also only a sole Premier Division games played as league leaders Barry Athletic strengthened their position with a 4-2 triumph over Cowbridge Town.

The result sends Athletic six points clear, albeit having played two games more than second place, while Cowbridge go bottom on goal difference but are still only three points off second, to highlight how close the league is.

Two Vale sides were in SWFA Senior Cup action as St Athan hit three in a 3-0 away win against Llanharan while Island Marine thumped Abercarn Wanderers 5-1.

Next week the Barry Cup takes centre stage as the first round commences, with Barry Saints, Cwm Talwg, Vale Madrid, Cadoxton Imps and Tynewydd all playing Premier Division sides and looking for those cup upsets. Check back here next week for a full round up.

HD

TIME FOR SOME PROSECCO IN PONTYCLUN!



Prosecco and strawberries for the Pontyclun Bosom Pals and guests.

FOLLOWING the first week back in Parliament after the summer recess, MP for Ogmore, Chris Elmore, attended the Prosecco and Strawberries event at the Boars Head, Pontyclun.

The event was organised by the Pontyclun Bosom Pals, a breast cancer support group for Pontyclun and the surrounding areas.

The Ogmore MP (pictured far

right), commented: "Cancer is something which affects each and every one of us. It's so refreshing to see the community coming together to help raise vital funds for the loved ones of those suffering with breast cancer."

The Pontyclun Bosom Pals meet on the first Monday of every month (unless it falls on a bank holiday). For further information, call 07563 795885 or go along to the Pavilion in Talbot Green at 7.30pm.

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Whitmore Bay Surf Lifesavers Club brings home medals



A SMALL team of nippers from Whitmore Bay Surf Lifesaving Club with ages ranging from nine to 12 years attended the two-day surf life saving life GB competition in August for the first time.

With very challenging sea conditions and every type of weather, the nippers performed to an amazing standard with many personal best achievements.

Every child competed with huge smiles and

loved the experience of competing at such a high level. The team competed in sea swims, board races, long 1km runs, 100m sprints and beach flags.

There was an outstanding performance by Lily Foscolo, under-10s, who was rewarded with a silver medal in sprints and a gold medal in beach flags. Lily is now the GB champion.

The event was a fantastic experience for all the children taking part and a huge thanks go to all the club's parent helpers and the coaches. AS

Ship sail to top of the league

THE Glenbrook Wanderers travelled to the Borough Arms for a must-win match.

The first set of singles were shared 2-2 with Div Jones impressing in frame four.

The doubles matches were a tight affair and could have gone either way, and Jeff Bartle calling a skill shot on the black to win was definitely the highlight of the match.

The Wanderers were now on a roll. The next set of singles saw Robert Larkin take on Div Jones, who was in all sorts of trouble, only to see Rob go in off the black.

The Wanderers somehow came away 2-10 winners, with Rhodri Thomas and Karl Marsh shunning, but it has to be said that luck certainly favoured the away team and the scoreline does

not reflect how close all the frames actually were.

Over at the Witchill, the Wildcats hosted the Libs Rejects. The home team got off to a shaky start when the impressive Mike Williams beat county player Dean Jenkins in frame two, making it 2-2 at the end of the first singles session.

In form James Hill, Chris Bardsley, Joe 90 and Ian Hill would go on to make it 4-2. There was no stopping the Wildcats, winning the next six frames with Lawrence Klee and Colin Berryman giving the Rejects no mercy.

The win was secured by the Vale's top lady player, Sian Kedward, with magnificent four ball clearance to make the final score 10-2.

Last year's champions Billy United came away from Millwood with a resounding 12-0 victory.

The scoreline does not reflect how close all the frames were in this match, with several games going down to the black. Only experience and skill from Mark Ingram, Ian Roberts, Les Ashton and Gary Roberts had them always finding a way to get over the line.

They were supported by Martin Pring and Gareth Corcoran, who both had a 100 per cent record in the match. Despite having a depleted team, the Castle Dark Lords recorded an impressive 9-3 away win at Ffynegans, who hosted a great evening.

Young Ralph Miners was top scorer and man of the match for the Castle winning four out of four. Gavin Rowlands was unlucky missing a 'gimme' in the middle pocket, winning three out of four. Captain Sean Kelly also missed out on a 100 per cent record when Lewis Croel played an impressive skill when snookered.

Finnegan's best players were Carson Martin, Ian Doel and Harry Asprou. The Ship continue to lead the table under Graham Awaient's

We're still looking for players of all capabilities for Thursday night pool. Follow us on Facebook at Vale of Glamorgan Pool League. Thanks go to our sponsors, Asprou Barbers Park Crescent, Eze Drive and R&M Mobile Valeting.

Bridge results

THE results for the Vale of Glamorgan Bridge Club for September 11 are as follows:

First, Marjorie Morris and Bill Turner, 64.24 per cent; second, John Evans and Steve Burgoyne, 61.96 per cent; third, Irene Thomas and Graham Jones, 56.55 per cent.

www.glamorgan-gem.co.uk

Four winners for David at Ffos Las

Abergavenny's David Evans landed a near 438-1 four-timer when saddling the first four winners at Ffos Las last Sunday.

In the opening two-year-old nursery over six furlongs, his Give Em A Clump, who went off the 9-4 favourite, came home two lengths ahead of stablemate Kheley's Girl and in the seven furlongs novice stakes, his YouBeLucky won at odds of 4-1.

Evans's hat-trick came in the following seven furlong handicap when his TopMeUp won by a short-head from the top-weighted The Groove.

Evans's four-timer was achieved when his top weighted Fastnet Spin accounted for the bottom weighted Born To Please in the Wales Fillies Handicap over a mile.

All four winners were ridden by Fran Berry.

Brian Lee (Contact 02920736438).

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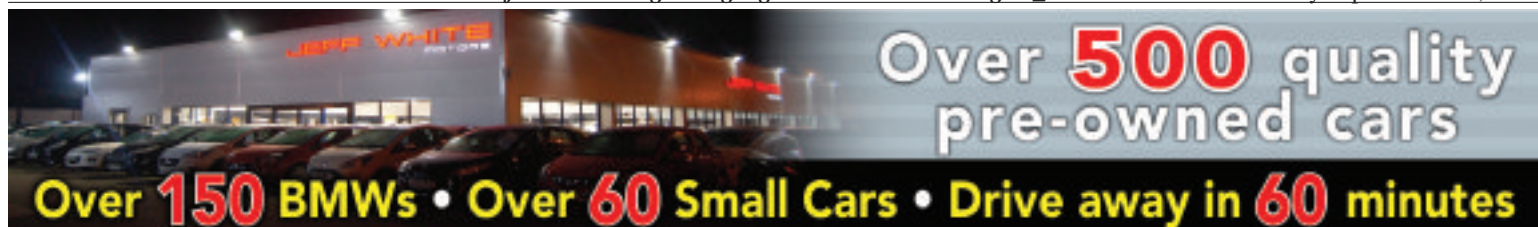
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BMW WARRANTY NOV 2019

16 66 BMW 520 DM Sport 4dr automatic 190BHP, sat nav, Bluetooth, digital cockpit, 5k, white, full leather

£20495

BMW WARRANTY MAY 2018

15 15 BMW M135 3.0i 3dr automatic, BMW warranty May 2018, sat nav, 18" alloys, 18k, grey, full red leather

£10995

14 14 BMW 116 2.0 D Sport 3dr, pdc front + rear, Bluetooth, DAB, 35k, choice

£12995

12 12 AUDI TT 2.0 T FSI S-Line coupe, 18" alloys, PDC, heated seats, 36k, black, half leather/alcantara

£8795

FORD WARRANTY APRIL 2018

15 15 FORD FOCUS 1.0 EcoBoost Zetec 5dr, Ford warranty April 2018, Bluetooth, 17" alloys, 20k, choice

£5795

14 14 FIAT 500 1.2 S 3dr (Start/Stop), Bluetooth, aux, usb, 23k, red, half-leather

£12495

HYUNDAI WARRANTY APRIL 2020

15 15 HYUNDAI iX35 2.0 CRDI SE NAV 5dr automatic 4WD, Hyundai warranty April 2020, sat nav, reverse camera, choice, half leather

£12995

NISSAN WARRANTY APRIL 2018

15 15 NISSAN QASHQAI 1.5 DCI N-Tec 5dr, sat nav, cruise, reverse camera, 23k, choice

£12995

14 14 KIA SPORTAGE 1.7 CRDI 3 ISG 5dr, elec pan roof, 18" alloys, 26k, orange, full leather

£77995

PORSCHE WARRANTY JUNE 2020

17 17 PORSCHE CAYENNE 3.6 GTS AWD 5dr Tiptronic S auto, pan roof, 21" alloys, BOSE, reverse camera, under 2000 miles in met grey with half-leather & alcantara

£30995

AUDI WARRANTY SEPT 2019

16 66 AUDI TT 2.0 TFSI 310 Quattro Coupe automatic, Audi warranty Sep 2019, sat nav, 19" alloys, 7k, yellow, full leather

£31995

MERCEDES WARRANTY JUNE 2019

16 16 MERCEDES GLC250d Sport (Premium) 4MATIC 5dr 9-G, Mercedes warranty June 2019, sat nav, pano roof, reverse camera, Bluetooth, black, full cream leather

£14495

HYUNDAI WARRANTY OCT 2020

15 65 HYUNDAI TUSCON 1.7 CRDI Blue Drive SE 5dr, Hyundai warranty October 2020, Bluetooth, heated seats, 22k, silver

£17495

JAGUAR WARRANTY FEB 2019

16 65 JAGUAR XE 2.0 D Prestige 4dr, Jaguar warranty Dec 2018, sat nav, cruise, DAB, heated seats, choice, full leather

12 61 ABARTH 500 1.4 T Jet 3dr (135bhp), Bluetooth, usb, 35k, met white, full leather £7495

15 65 ABARTH 595 1.4 T-Jet Yamaha Factory Racing, air-con, Bluetooth, 8k, white £11495

14 64 AUDI A1 1.4 TFSI Black Edition 3dr s-tronic automatic, cruise, Bluetooth, 18" alloys, choice £12995

14 14 AUDI A1 1.6 TDI Sport 3dr, Bluetooth, aircon, 39k, Scuba blue £9995

15 15 AUDI A1 1.6 TDI SE 5dr, alloys, DAB, 18k, choice £10995

13 63 AUDI A3 1.6 TDI Sport 5dr, sat nav, cruise, pdc, red £9995

15 15 AUDI A3 1.6 TDI Sport 3dr, Bluetooth, dab, 17" alloys, 26k, white £12995

16 16 AUDI A3 1.6 TDI Quattro Sport 4dr, Audi warranty April 2019, sat nav, Bluetooth, 18" alloys, 13k, choice £16995

16 66 AUDI A3 2.0 TDI Quattro S-Line 3dr S-Tronic automatic (184bhp), sat nav, Bluetooth, cruise, dab, 18" alloys, 5k, met grey, half-leather £22495

16 66 AUDI A3 2.0 TDI Quattro S Line 5dr, Audi warranty Nov 2019, sat nav, cruise, 8k, black, half leather £21995

14 14 AUDI A4 2.0 TDI 177 Technik 4dr, sat nav, Bluetooth, 18" alloys, brown, full leather £11995

17 66 AUDI A4 2.0 TDI Quattro S-Line 4dr Multitronic automatic (190bhp), sat nav, Bluetooth, cruise, pdc, 6k, met grey, half-leather £25495

15 15 AUDI A6 2.0 TDI ULTRA SE Estate, sat nav, cruise, Bluetooth, blue, full leather £14995

13 63 AUDI A6 3.0 TDI Black Edition 4dr (215bhp), 20" alloys, sat nav, Bose, 24, garnet red, full leather £18995

15 15 AUDI A6 3.0 BITDI Black Edition 4dr tiptronic automatic (330bhp), sunroof, sat nav, Bose, 20" alloys, park system plus, heated seats, met blue, full leather £27995

15 65 AUDI A7 3.0 TDI Ultra SE Executive 5dr S-Tronic, sat nav, Audi park system plus, cruise, 19" alloys, heated seats, black with full leather £24995

15 65 AUDI Q3 2.0 TDI S-Line Plus 5dr, Audi warranty Sep 2018, sat nav, 19" alloys, heated seats, 13k, silver, half leather £22995

13 13 AUDI Q5 2.0 TDI S Line Plus Quattro 5dr S Tronic, pano sunroof, Bluetooth, heated seats, met red, full leather £16995

08 08 AUDI TT 3.2 V6 Quattro 3dr (247bhp), sat nav, xenons, BOSE, cruise, heated seats, petrol blue, full leather £8995

13 13 BMW 116 D Efficientdynamics 5dr, heated seats, 27k, white, full leather £10995

14 14 BMW 116 2.0 D Sport 5dr, Bluetooth, DAB, full leather, choice £10995

15 15 BMW 116 D ED Plus 5dr, BMW warranty July 2018, sat nav, privacy, 21k, choice £12995

13 13 BMW 118 D Sport Plus 2dr convertible, 18" alloys, heated seats, black, full oyster leather £13495

15 15 BMW 118 2.0 D Sport 5dr, sat nav, sport plus pack, pdc, Bluetooth, choice £12995

14 14 BMW 120i XDrive M Sport 5dr, widescreen sat nav, Harman kardon, heated seats, 35k, met orange £14995

14 14 BMW 120 D M Sport 3dr (184bhp) sat nav, xenons, 18" alloys, estoril blue, full leather £13995

15 65 BMW M135 3.0 M Sport 5dr automatic, widescreen navigation, 16k, white, full leather £22495

14 64 BMW 218 DSE Active Tourer 5dr automatic, sat nav, park assist, heated seats, Bluetooth, 19k, silver, full leather £15995

14 64 BMW 220i Sport 2dr coupe, cruise, bluetooth, DAB, 28k, white £15995

14 64 BMW 220 D Sport 2dr coupe, sat nav, 18" alloys, black, full leather £17995

12 12 BMW 320 D Sport 4dr, heated seats, cruise, silver, full leather £11495

13 13 BMW 320 D Efficientdynamics 4dr automatic, sat nav, Bluetooth, 18" m sport alloys, choice, full leather £10495

13 63 BMW 320 D LUXURY Gran Turismo 4dr automatic (184bhp), 19" alloys, Harman Kardon, cruise, Bluetooth, estoril blue, full leather £14995

14 14 BMW 320 D Sport 4dr (184bhp) sat nav, DAB, 18" M sport alloys, 34k, red £14995

14 14 BMW 320 DM Sport GT 5dr, widescreen sat nav, cruise, pdc, heated seats, estoril blue, full leather £17495

14 14 BMW 320 D M Sport Gran Turismo 5dr auto, 19" alloys, sat nav, reverse camera, 25k, white, full leather £19495

15 15 BMW 320 D LUXURY Gran Turismo 5dr auto, BMW warranty April 2018, 18" alloys, 30k, beige, full leather £19995

15 15 BMW 320 D BluePerformance M Sport 4dr, BMW warranty July 2018, 19" alloys, sat nav, privacy, 27k, white, full leather £17495

15 65 BMW 320 D Sport Estate auto, BMW warranty Nov 2018, wide screen nav, heated seats, Bluetooth, 17k, silver £18995

13 63 BMW 330 D BluePerformance M Sport 4dr automatic (258bhp), widescreen sat nav, Bluetooth, 19" alloys, 29k, estoril blue, full leather £17495

16 16 BMW 330 E Sport 4dr automatic Start/Stop, sat nav, cruise, pdc, 8k, choice £21995

15 65 BMW 335d M Sport Xdrive 4dr automatic, BMW warranty Dec 2018, sat nav, 18" alloys, cruise, 14k, silver, full leather £21995

14 14 BMW 420 D M Sport 2dr coupe automatic, sat nav, xenons, 34k, choice, full leather £17995

14 64 BMW 420 DM Sport 2dr automatic, 19" alloys, widescreen sat nav, service inclusive, Harman Kardon, cruise, pdc, full leather, 27k, silver £19995

15 15 BMW 420 D M Sport 2dr convertible automatic, BMW warranty Sep 2018, 19" alloys, head-up display, 25k, grey, full beige leather £24995

15 15 BMW 420 D Sport 2dr, sat nav, cruise, heated seats, full leather, black £17995

15 15 BMW 420 D Sport 2dr coupe, BMW warranty March 2018, sat nav, 18" alloys, Bluetooth, black, full leather £17995

17 17 BMW 420d M Sport XDRIVE Gran Coupe, BMW warranty June 2020, sat nav, 19" alloys, 3k, grey, full leather £26995

14 14 BMW 428i M Sport 2dr coupe (245bhp) sat nav, cruise, Bluetooth, 15k, grey, full leather £19995

14 64 BMW 430 D M Sport 2dr coupe automatic (258bhp), BMW warranty Oct 2017, sat nav, 19" alloys, 17k, estoril blue, full leather £22995

14 14 BMW 435i XDrive M Sport 2dr automatic, sunroof, widescreen sat nav, 19" alloys, sunroof, Harman Kardon, cruise, heated seats, pdc, full leather, estoril blue £23995

14 14 BMW 518i DSE 4dr automatic, sat nav, reverse camera, Bluetooth, cruise, silver, full leather £12995

13 63 BMW 520 D M Sport 4dr, M Sport Plus package, 19" alloys, sat nav, 38k, white, full leather £16995

14 64 BMW 520 DSE 4dr (184bhp), sat nav, Bluetooth, cruise, DAB, 39k, black, full leather £15995

16 16 BMW 520 D M Sport Estate automatic, BMW warranty March 2019, sat nav, Bluetooth, 18" alloys, 15k, grey, full leather £23995

15 15 BMW 535i DM Sport 4dr automatic (313bhp), 19" alloys, sat nav, Harman kardon, split fold rear seats, heated seats, full leather, silver £22495

13 13 BMW 640i DSE 2dr coupe auto, 20" alloys, soft close doors, reverse camera, sat nav, 31k, blue, full leather £21995

12 62 BMW 640 D SE 2dr coupe automatic, 19" alloys, sat nav, vermilion red, full ivory white leather £18995

15 65 BMW 740i M Sport 4dr automatic, pan roof, park assist, 20" alloys, rear DVD's, in black, full beige leather £24995

14 14 BMW i3 eDrive 5dr automatic, sat nav, harman kardon, 21k, white £15495

14 63 BMW X1 XDRIVE18D X-Line 5dr, 18" alloys, heated seats, 15k, silver, full leather £14995

14 63 BMW X1 2.0 18d XDRIVE 5dr, 18" alloys, sport seats, cruise, 26k, blue £12995

14 14 BMW X1 Xdrive 2.0 DM Sport 5dr, sat nav, reverse camera, pdc, 18" alloys, 21k, choice, full leather £15995

15 15 BMW X4 XDrive 2.0 DM Sport 5dr automatic, sunroof, widescreen sat nav, advanced parking pack, folding mirrors, electric memory seats, 19" alloys, 19k, alpine white, full ivory white leather £28995

15 65 BMW X5 3.0 XDrive4.0D M Sport 5dr auto (7-Seater), 20" alloys, sat nav, 12k, met white, full leather £38995

14 14 BMW X6 XDrive 4.0 D 5dr automatic (306bhp), widescreen sat nav, dynamic pack, reverse camera, 20" alloys, rear third seat, electric heated memory seats, dynamic pack, white, full leather £26995

14 64 CITROEN C4 GRAND PICASSO 1.6 E-HDI Airdream VTR + 5dr ETG6 automatic (7-Seater), Bluetooth, cruise, pdc, choice £9995

14 64 CITROEN DS3 1.6 E-HDI DStyle + 3dr, 17" alloys, cruise, Bluetooth, choice £6995

15 15 CITROEN DS3 1.6 E-HDI Airdream DStyle Plus 3dr, Citroen warranty April 2018, 17" alloys, cruise, Bluetooth, white £7495

13 63 CITROEN DS4 2.0 HDI Sport 5dr, sat nav, cruise, 19" alloys, pdc, heated seats, 22k, met blue, full leather £8995

16 16 DS 3 1.6 BlueHDI DStyle 3dr, Citroen warranty April 2019, DAB, Bluetooth, 17" alloys, white £7995

15 15 DACIA SANDERO STEPWAY 0.9 Laureate 5dr, sat nav, air-con, pdc, Bluetooth, 12k, met blue £7495

14 14 FIAT 500L 1.3 MultiJet Diesel Pop Star 5dr, air-con, cruise, alloys, Bluetooth, 33k, red £6795

14 14 FORD FIESTA 1.0 ecoBOOST Zetec 5dr, alloys, USB, 12k, silver £7995

15 15 FORD FIESTA 1.0 EcoBOOST 125 Zetec S 3dr, Bluetooth, USB, alloys, cruise, 15k, copper £8995

11 11 FORD FIESTA 1.6 Zetec S 3dr, air-con, 17" alloys, aux, usb, 26k, silver £6495

14 14 FORD FIESTA 1.5 TDCI Zetec 5dr, Bluetooth, alloys, aux, usb, silver £6995

15 65 FORD FIESTA 1.5 TDCI Titanium 3dr, Ford warranty Nov 2018, Bluetooth, cruise, USB, black £7495

14 14 FORD FIESTA 1.6 TDCI ecoNETIC Zetec 3dr, Bluetooth, USB, alloys, silver £5795

12 12 FORD FOCUS 1.0 ecoBOOST Zetec 5dr, appearance pack, Bluetooth, 26k, red £7295

14 14 FORD FOCUS 1.0 T EcoBoost Zetec 5dr, appearance pack, 17" alloys, Bluetooth, silver £7995

16 16 FORD FOCUS 1.0 ecoBOOST Titanium 5dr, Ford warranty April 2019, cruise, Bluetooth, 8k, blue £12995

13 63 FORD FOCUS 1.6 TDCI Zetec 5dr, air-con, alloys, Bluetooth, 39k, black £6995

15 15 FORD FOCUS 1.5 TDCI Zetec S 5dr, Ford warranty July 2018, sat nav, Bluetooth, 23k, white £11995

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14 64 FORD GALAXY 2.0 TDCI Titanium 5dr Powershift (7-seater) Ford warranty Nov 2017, Bluetooth, DAB, cruise, 21k, blue. **£15995**

12 62 FORD KA 1.2 Grand Prix II 3dr, aircon, Bluetooth, alloys, 22k, silver. **£4995**

14 14 FORD KUGA 2.0 TDCI Titanium 5dr, cruise, Bluetooth, 24k, black, half leather. **£12495**

15 15 FORD KUGA 2.0 TDCI Titanium X Sport AWD 5dr Powershift, Ford warranty July 2018, pan roof, 19" alloys, 28k, black, full leather. **£17995**

15 15 FORD KUGA 2.0 TDCI Titanium 5dr, appearance pack, Ford warranty April 2018, cruise, Bluetooth, privacy glass, 19k, choice, half leather. **£13495**

15 15 FORD KUGA 2.0 TDCI Titanium AWD 5dr (180bhp), appearance pack, 19" alloys, Bluetooth, cruise, 20k, choice, half leather. **£14995**

16 16 FORD KUGA 2.0 TDCI Titanium X Sport 5dr automatic, pan roof, sat nav, cruise, pdc, 19" alloys, heated seats, 6k, met grey, full leather. **£20995**

14 14 FORD MONDEO 2.0 TDCI Titanium X Business Estate, sat nav, heated seats, privacy glass, black. **£9995**

16 16 FORD S-MAX 2.0 TDCI 180 Titanium Sport (X-Pack) (7-seater) Ford warranty Sep 2019, sat nav, park assist, 13k, grey, full leather. **£20995**

17 66 HONDA CR-V 1.6 I-DTEC SE Plus 5dr, cruise, Bluetooth, rear camera, 7k black. **£17995**

13 13 HYUNDAI i20 1.2 Active 5dr, air-con, Bluetooth, pdc, aux, usb, 34k, black. **£4995**

13 13 HYUNDAI iX35 1.7 CRDI Premium 5dr, pan roof, Hyundai warranty June 2018, sat nav, cruise, heated seats, 18k, white, half-leather. **£11995**

15 65 JAGUAR XE 2.0 D Portfolio 4dr automatic (180bhp) Jaguar warranty Dec 2018, sat nav, reverse camera, 18" alloys, 26k, met red, full leather. **£19995**

14 14 JAGUAR XF 2.2 D Luxury 4dr automatic, sat nav, Bluetooth, cruise, pdc, 30k, black, full leather. **£15995**

15 15 JAGUAR XF 2.2 D Portfolio 4dr automatic, Jaguar warranty April 2018, sat nav, heated seats, reverse camera, choice, full leather. **£17995**

15 15 JEEP RENEGADE 2.0 Multitop Trailhawk 5dr automatic 4WD, sat nav, cruise, pdc, heated seats, 12k, white with full leather. **£17495**

17 17 KIA OPTIMA 1.7 CRDI 2 Estate iSG, Kia warranty April 2024, sat nav, cruise, Bluetooth, 492 miles, black. **£18995**

15 64 KIA PRO CEED 1.6 CRDI SE Ecodynamics 3dr, Kia warranty Feb 2021, sat nav, reverse camera, 19k, silver. **£10495**

16 16 KIA SPORTAGE 1.6 T-GDI GT-Line AWD 5dr, Kia warranty July 2023, sat nav, reverse camera, 12k, black, full leather. **£18995**

14 14 KIA SPORTAGE 1.7 CRDI 2 iSG 5dr, panoramic roof, cruise, Bluetooth, 44k, silver, half leather. **£11995**

14 14 KIA SPORTAGE 2.0 CRDI KX-3 AWD 5dr, Kia warranty June 2021, pan roof, sat nav, heated seats, choice, full leather. **£11995**

15 65 KIA SPORTAGE 2.0 CRDI KX-2 AWD 5dr, Kia warranty Oct 2022, pan roof, pdc, 20k, white, half leather. **£15495**

13 13 LANDROVER FREELANDER 2 2.2 SD4 HSE Luxury 5dr 4x4 5dr automatic, panoramic roof, sat nav, reverse camera, black, full cream leather. **£15995**

14 63 LEXUS IS250 Luxury 4dr automatic (204bhp), sat nav, reverse camera, 18" alloys, 30k, white, Half leather. **£14995**

14 14 MAZDA 6 2.2 D SkyActive SE 4dr, sat nav, cruise, Bluetooth, 33k, met red. **£10495**

14 14 MAZDA CX-5 2.2 D Sport Nav 5dr automatic 4wd, Bose, reverse camera, white, full leather. **£14495**

14 14 MAZDA CX-5 2.2 D Sport 5dr, sat nav, 19" alloys, reverse camera, cruise, pdc, heated seats, full leather, choice. **£11995**

15 65 MERCEDES A180 CDI AMG Sport 5dr, Mercedes warranty Oct 2018, 18" alloys, privacy glass, south seas blue, half leather. **£16495**

15 15 MERCEDES A200 CDI Sport 5dr, Mercedes warranty June 2018, reverse camera, cruise, 12k, blue, half leather. **£15995**

14 14 MERCEDES B180 CDI Sport 5dr 7G-DCT, 18" alloys, reverse camera, 35k, grey, full leather. **£12995**

13 63 MERCEDES B200 CDI Sport 5dr 7G-DCT, sat nav, 18" alloys, 15k, white, full leather. **£15995**

16 16 MERCEDES C220d SE Executive Edition 4dr, Mercedes warranty April 2019, sat nav, heated seats, cruise, 17k, silver, full leather. **£17995**

14 14 MERCEDES C250 CDI AMG Sport (Premium Plus) Estate 7-G Tronic plus, panoramic roof, sat nav, reverse camera, privacy glass, 28k, black, full leather. **£16995**

15 65 MERCEDES CLA220 CDI Sport Estate 7G-DCT automatic, Mercedes warranty Nov 2018, sat nav, heated seats, 26k, white, half leather. **£21495**

10 60 MERCEDES S350 CDI Blue efficiency 4dr 7-Gtronic automatic, AMG sports pack, sat nav, 19" alloys, heated seats, 59k, met white, full leather. **£16995**

14 64 MINI COOPER 1.5 D 3dr Start/Stop, pepper + TLC pack, Bluetooth, in orange with black roof and mirror caps. **£8995**

15 15 MINI COOPER 1.5 D 5dr (chilli pack), Harman kardon, pdc, dab, Bluetooth, privacy glass, choice. **£10495**

16 16 MINI COOPER 1.5 D 5dr automatic, chilli + TLC + media XL pack, sat nav, Bluetooth, 16k, choice with half-leather. **£12995**

11 61 MINI COOPER 2.0 D 2dr convertible automatic (chilli pack) bluetooth, 17" alloys, 35k, white. **£9995**

14 14 MINI COOPER 2.0 SD 2dr convertible 143BHP, chilli + TLC pack, cruise, PDC, met blue, half-leather. **£10995**

16 65 MINI COOPER 2.0 SD 5dr (170bhp), chilli pack, sat nav, cruise, Bluetooth, DAB, 9k, choice. **£13995**

12 62 MINI COUNTRYMAN 1.6 COOPER D 5dr (Chili Pack) cruise, choice. **£8795**

15 15 MINI COUNTRYMAN 1.6 COOPER D 5dr (Media, Pepper & TLC Pack) sat nav, privacy glass, 25k, white. **£11995**

13 13 MINI PACEMAN 1.6 John Cooper Works All 4 3dr (211bhp), chilli + media + TLC pack, pan roof, sat nav, 19" alloys, 29k, black with full leather. **£15495**

14 14 MINI PACEMAN 1.6 D Cooper 3dr, media + TLC pack, air-con, sat nav, Bluetooth, choice. **£9995**

14 64 MINI PACEMAN 2.0 COOPER SD ALL4 3dr (Chili Pack) 18" alloys, heated seats, 26k, black, full leather. **£11995**

14 14 MITSUBISHI ASX 2.2 DI-D 4 4X4 5dr automatic, panoramic roof, sat nav, reverse camera, white, full leather. **£12495**

15 65 MITSUBISHI OUTLANDER 2.2 DI-D GX3 5dr (7-Seater), cruise, pdc, Bluetooth, 9k, black. **£17995**

15 15 NISSAN QASHQAI 1.6 DCI Acenta Premium 5dr (130BHP), Nissan warranty May 2018, sat nav, pan roof, reverse camera, met red. **£12995**

14 64 NISSAN X-Trail 1.6 DCI Tekna 4X4 5dr (7-Seater) pan roof, sat nav, reverse camera, 10k, silver, full leather. **£17995**

17 66 PEUGEOT 2008 1.2 Pure Tech Access 5dr, air-con, cruise, 7k, black. **£9995**

11 61 RANGE ROVER EVOQUE 2.2 SD4 Prestige 3dr, sat nav, 19" alloys, cruise, rear view camera, Bluetooth, 31k, met grey, full leather. **£18995**

14 64 RANGEROVER SPORT 3.0 SDV6 HSE 4WD 5dr automatic, Landrover warranty Nov 2017, 20" alloys, sat nav, DAB, Bluetooth, 36, silver, full leather. **£43995**

15 65 RENAULT CAPTUR 1.5 DCI Energy Dynamique S 5dr, Renault warranty Oct 2018, sat nav, Bluetooth, PDC, choice auto or manual. **£10995**

16 66 RENAULT KADJAR 1.5 DCI Energy Dynamique S 5dr, sat nav, cruise, 19" alloys, Bluetooth, 7k, met blue. **£14995**

15 65 RENAULT SCENIC Xmod 1.6 DCI Energy Dynamique 5dr, Renault warranty Oct 2018, sat nav, PDC, 16k, choice. **£9995**

15 15 RENAULT TWINGO 0.9 TCE 5dr, Renault warranty April 2018, cruise, DAB, alloys, blue. **£6995**

16 16 SEAT LEON 1.2 TSI SE Sport Coupe 3dr, Seat warranty Aug 2019, cruise, Bluetooth, USB, 5k, red. **£10995**

16 16 SKODA FABIA 1.2 TSI Colour Edition 5dr, cruise, DAB, Bluetooth, 15k, white with black roof. **£9495**

10 60 SKODA YETI 1.2 TSI SE 5dr DSG automatic, air-con, pdc, aux, 17" alloys, 53k, silver. **£6995**

14 14 TOYOTA VERSO 1.8 V-Matic Icon M-drive S 5dr automatic (7-seater) reverse camera, Bluetooth, cruise, silver. **£10995**

16 65 VAUXHALL ASTRA 1.4 T SRI 5dr (150bhp), Vauxhall warranty Feb 2019, 17" alloys, cruise, Bluetooth, white. **£10995**

15 15 VAUXHALL ASTRA 1.6 VVTI 16V Design Estate, air-con, cruise, aux, usb, 24k, silver. **£7995**

14 64 VAUXHALL ASTRA 1.6 CDTi EcoFlex Tech Line 5dr, sat nav, cruise, Bluetooth, 17" alloys, choice. **£6995**

11 11 VAUXHALL CORSA 1.2 16V Limited Edition 3dr, 17" alloys, air-con, 29k, yellow. **£4995**

15 65 VAUXHALL CORSA 1.4 i ecoFLEX SRI 5dr, Vauxhall warranty Dec 2018, cruise, Bluetooth, 9k, choice. **£7495**

14 14 VAUXHALL INSIGNIA 2.0 CDTi ecoFLEX Elite Estate, 18" alloys, heated seats, cruise, black, full leather. **£9495**

15 64 VAUXHALL MOKKA 1.4 TSE 5dr automatic (140bhp), cruise, Bluetooth, pdc, heated seats, in white, full leather. **£10795**

15 15 VAUXHALL MOKKA 1.7 CDTi ecoFLEX Techline 5dr, sat nav, cruise, PDC, 10k, choice. **£10995**

12 62 VW CC 2.0 TDI Bluemotion Tech GT 4dr, sat nav, Bluetooth, DAB, cruise, heated seats, pdc, 40k, full leather. **£10995**

16 16 VW GOLF 2.0 TDI Bluemotion Tech GTD Estate (184bhp), VW warranty May 2019, sat nav, xenons, cruise, white. **£17995**

16 16 VW GOLF SV 1.6 TDI Bluemotion Tech 5dr, VW warranty May 2019, sat nav, Bluetooth, 11k, blue. **£13495**

15 15 VW PASSAT 2.0 TDI Bluemotion Tech GT Estate, VW warranty Aug 2018, sat nav, privacy, 18" alloys, 20k, blue, half leather/alcantara. **£16495**

12 12 VW POLO 1.4 Match 5dr, aircon, Bluetooth, alloys, 39k, red. **£6495**

16 16 VOLVO XC60 2.4 D5 R-Design 5dr automatic AWD, sat nav, cruise, Bluetooth, heated seats, 20k, black, half-leather. **£23995**



£9995

14 14 MINI COOPER 1.5 D 3dr (Pepper, TLC & Media XL Pack) panoramic roof, sat nav, heated seats, 35k, volcanic orange



£18995

15 15 BMW 520 D M Sport 4dr automatic (190bhp), BMW warranty March 2018, sat nav, Bluetooth, 18" alloys, choice, full leather



£2795

10 10 FIAT PUNTO EVO 1.4 Active 5dr, Bluetooth, new cambelt, blue



£10995

14 14 BMW 316 2.0 DSE 4dr, cruise, Bluetooth, USB, white



£9495

14 14 FORD FOCUS 1.6 TDCI Zetec S 5dr (City Pack) 18" alloys, privacy glass, Bluetooth, 37k, white



£16995

15 15 BMW 320d EfficientDynamics BluePerformance Business Edition 4dr, BMW warranty June 2018, 18" alloys, sat nav, 15k, black, full oyster leather



£8495

12 62 SEAT LEON 2.0 TDI FR 5dr DSG automatic, 17" alloys, cruise, USB, 27k, grey



£11995

14 14 MAZDA CX-5 2.2 DSE-Lux Nav 5dr, sat nav, cruise, Bluetooth, pdc, choice



£20995

14 14 BMW 420 D Sport convertible, 18" alloys, cruise, Bluetooth, heated seats, 27k, met white, full red leather



£10495

14 64 VW GOLF 1.6 TDI Bluemotion 5dr, 19" alloys, Bluetooth, DAB, blue



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13 13 NISSAN QASHQAI 1.6 DCI 360 5dr, sat nav, pan roof, cruise, reverse camera, grey



£8995

14 14 SKODA YETI 1.6 TDI SE GreenLine II 5dr, cruise, pdc, Bluetooth, choice



£11995

15 15 MINI COOPER 1.5 D 5dr, chilli + media XL + TLC pack, sat nav, cruise, Bluetooth, dab, half-leather, 14k, choice



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12 12 KIA PICANTO 1.25 2 5dr automatic, aircon, Bluetooth, USB, 28k, red

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In black with beige leather, 75,000 miles
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63 VOLKSWAGEN Tiguan 2.0 TDi Match Auto 4x4
In silver, 39,000 mile diesel
£13,995



60 LANDROVER Freelander 2.2 TD4 GS
In kosrae green, 79,000 miles
£9,995

- 11 RANGE Rover Sport 3.0 TDV6 Autobiography Auto met grey, 46,000 miles, superb example**£27,995**
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- 63 VOLKSWAGEN Tiguan 2.0 TDi Match Auto 4x4 In silver, 39,000 mile diesel**REDUCED BY £1000 TO £13,995**
- 12 BMW 118i M-Sport Automatic Convertible In met-red, 26,000 miles, very nice example**£12,695**
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- 14 NISSAN Juke 1.5 DCi Tekna In red, 42,000 miles, sat nav, leather etc**£9,995**
- 14 SKODA Octavia 1.6TDi CRS Elegance Auto 5-Dr In white/black leather, 45,000 miles**£9,995**
- 60 LANDROVER Freelander 2.2 TD4 GS In kosrae green, 79,000 miles**£9,995**
- 14 NISSAN Juke 1.6 N-Tec In white, 45,000 miles with high spec**£8,995**
- 64 PEUGEOT 2008 EVTi 1.2 Active Automatic In silver, 22,000 miles**REDUCED TO £8,995**
- 14 VAUXHALL Insignia 1.8 SRI 5-Dr In met silver, 30,000 mile family hatch**REDUCED TO £8,995**
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- 62 HYUNDAI i40 Blue Drive Style 1.6 CRDi Estate In met blue, 57,000 miles, £30 road tax**£8,495**
- 07 AUDI TT 2.0 FSi In met grey with full red leather interior, only 42,000 miles**£8,495**
- 14 CITROEN DS3 1.6 Style met blue/grey roof, 15,000 miles, 1 owner, fantastic example**£7,995**
- 63 TOYOTA Auris 1.6 Valvematic Icon 5-Dr In blue streak metallic, 26,000 miles, superb example**£7,995**
- 13 HONDA Jazz 1.3 i-VTEC ES Automatic In red, 17,000 miles from new**£7,995**
- 13 MINI 1.6 Diesel Cooper D In black, 35,000 miles, with a/c, alloys etc**£7,995**
- 62 FORD B-Max 1.6 Titanium Automatic In met blue, 27,000 miles**£7,995**
- 10 FORD S-Max 2.0 TDCi Zetec Automatic In black, 68,000 miles, diesel 7-seater**REDUCED TO £7,995**
- 15 VAUXHALL Corsa 1.4 SRI Ecoflex 3-Dr In black, 23,000 miles**£7,495**
- 13 MINI One 1.6 In red, 31,000 miles, 1 owner with alloys, climate, pepper pack**REDUCED TO £7,495**
- 64 SUZUKI Swift 1.2 SZL 3-Dr In black with white roof, 19,000 miles, 1 owner**REDUCED TO £6,995**
- 63 CITROEN DS3 1.6 HDi Style-E In encre met with white roof, 52,000 mile diesel hatch, free road tax**£6,995**
- 13 PEUGEOT 3008 Aless HDi 5-Dr In met red, 29,000 mile**REDUCED TO £6,995**
- 63 FORD Fiesta 1.5 TDCi Zetec 3-Dr In black, 56,000 miles, 1 owner, free road tax**£6,995**
- 62 SKODA Octavia 1.6 TDi CR SE 5-Dr In silver, 34,000 miles, 1 owner**£6,995**
- 09 VOLKSWAGEN Golf 2.0 TDi (140) GT 5-Dr In black, 49,000 miles, superb example**£6,995**
- 63 VAUXHALL Astra 1.4 Excite 5-Dr In silver, 41,000 miles, 1 owner**£6,795**
- 13 SKODA Octavia 1.6 Diesel TDi SE Estate In silver, 70,000 miles, £30 road tax**£6,495**
- 62 VAUXHALL Astra 1.6 SE 5-Dr In silver, 46,000 mile family hatch**£6,495**
- 62 FORD Fiesta 1.4 TDCi Titanium 5-Dr In black, 45,000 miles, diesel at**£6,495**

- 11 NISSAN Juke 1.6 Acenta In met bronze, 62,000 miles 2 owners**£6,495**
- 14 PEUGEOT 208 Active 1.0 5-Dr In silver, 24,000 miles free road tax**£6,295**
- 64 PEUGEOT 108 Active 3-Dr In red, 23,000 miles, 1 owner, free road tax**REDUCED TO £5,995**
- 62 VAUXHALL Zafira 1.7 Diesel Exclusive In met grey, 48,000 mile 7 seater**£5,995**
- 09 SEAT Leon 2.0 TDi FR 5-Dr In red, 53,000 mile hot hatch at**£5,995**
- 61 SKODA Octavia 1.6 TDi 5-Dr Elegance In met-grey, 68,000 mile diesel hatch**£5,695**
- 60 VAUXHALL Astra 1.6 SE 5-Dr Automatic In met-grey, 53,000 miles**£5,695**
- 60 VOLKSWAGEN Polo 1.2 Moda 5-Dr In black, 53,000 miles, low running costs**£5,495**
- 59 FORD Fiesta 1.4 Titanium 3-Dr In hot magenta, 48,000 miles, full leather trim**£5,495**
- 11 FIAT 500 1.2 Lounge In silver, 44,000 miles, glass roof, allots etc**£4,995**
- 61 SKODA Fabia 1.4 SE 5-Dr In red, 62,000 miles, 1 owner**£4,995**
- 60 FORD Fiesta 1.2 Zetec 5-Dr In black, 49,000 miles, local car**£4,995**
- 09 HONDA Jazz 1.4 i-VTEC EX In met-grey, 66,000 miles example at**£4,995**
- 59 VAUXHALL Insignia 2.0 CDTi Elite Nav In met-burgundy/cream leather, 1 owner, 85,000 mile diesel**£4,995**
- 09 FORD Fiesta 1.6 Titanium 3-Dr In jupiter red, 60,000 mile, high spec model**£4,695**
- 61 HYUNDAI i20 Comfort 5-Dr In met-grey, 33,000 miles, £30 road tax**£4,495**
- 61 RENAULT Clio GT Tom Tom 1.5 DCi Estate In met-grey, 76,000 miles diesel**£4,495**
- 11 HYUNDAI i30 Comfort 1.6 CRDi 5-Dr In met-burgundy, 69,000 mile diesel hatch**£4,495**
- 60 FORD Fiesta 1.2 Edge 5-Dr In met-blue, 65,000 miles, low insurance**£4,495**
- 10 CITROEN C3 Airdream 5-Dr 1.6 Diesel In silver, 67,000 miles, free road tax**£4,495**
- 58 VAUXHALL Corsa 1.6 SRI 5-Dr In silver, only 29,000 miles**£4,495**
- 58 FIAT 500 1.2 Lounge In silver, 33,000 miles, with glass roof, a/c etc**£4,495**
- 11 FORD Ka 1.2 TDCi Titanium In silver, 48,000 mile economical diesel, £30 road tax**£4,295**
- 10 FIAT 500 1.2 Sport In yellow, 62,000 miles with Italia stripes, £30 road tax**£4,295**
- 57 HONDA Accord 2.0 Executive Automatic In black with leather trim, 51,000 miles**£4,295**
- 06 BMW 318 Diesel SE In silver, 72,000 miles, 2 owners**£4,295**
- 61 RENAULT Megane 1.6 Pzaz 5-Dr In electric blue, 44,000 mile family hatch**£3,995**
- 57 VOLKSWAGEN Golf+ 1.9 TDi Dune Edition In met grey, 68,000 miles, 1 owner, F.S.H**£3,995**
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- 57 FORD Mondeo 2.0 Zetec (New Shape) 5-Dr In met grey, 74,000 miles, 2 owners**£3,495**
- 59 HYUNDAI i30 Comfort 1.4 5-Dr In red, 86,000 mile family hatch**£3,295**
- 08 SEAT Leon 1.6 Stylance 5-Dr In zenith grey, 83,000 miles**£3,295**
- 57 SUZUKI Swift 1.6 Sport 3-Dr In met-red, 71,000 miles with a/c, alloys etc**£3,295**
- 57 CITROEN Picasso 1.6 Diesel VTX In met-grey, 49,000 miles, 2 owners**£2,795**



10 FIAT 500 1.2 Sport
In yellow, 62,000 miles with Italia stripes, £30 road tax
£4,295



12 BMW 118i M-Sport Automatic Convertible
In met red, 26,000 miles, very nice example
£12,695



RANGE Rover Sport 3.0 TDV6 Autobiography Auto
In met-grey, 46,000 miles superb example
£27,995



62 FORD B-Max 1.6 Titanium Automatic
In met blue, 27,000 miles,
£7,995



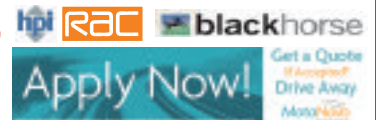
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ST ATHAN SENIORS JUST LOSE OUT IN SWSC FINAL

A team of golfers from St Athan represented their club on Thursday, September 14, in the finals of the South Wales Seniors Classic (SWSC) Bowl Championships.



Max Boyce with the St Athan finalists.

Over 700 players started in this year's competition with the victors in the first round going on to the knock-out stages of the Cup tournament, and all others in the draw for the Bowl.

As in the previous six years, St Athan were unfortunate in the draws – never securing a home tie and having to travel to Woodlake Park, Glynhrir, Clyne and twice to Morriston before taking up the challenge for the final at the Grove Golf Club.

Each club had a 'bank' of 12 players that they could call upon to field a team of six for each four-ball better-ball match-play game.

H Williams, R Davidge, JWG Morgan, T Graham, T Tait, G Turnbull, G James, T Highgate, T Johannsen, M Whilding, A Hawkins and T Punter were all pivotal in their contribution throughout the tournament, resulting in the team captain having a difficult and unenviable decision when selecting just six for the final.

With the team selected, Tony Highgate was devastated when injury prevented him from playing and it was Gary James, straight off the plane from Fuerteventura, who stepped in as a last minute replacement.

Roger Davidge and Hugh Williams were the first pairing to tee off against their opponents – Llanishen, followed closely by Trev Graham and Tom Tait with Gary and Gerry Turnbull masking up the last partnership.

There were several 'ugly' shots from all players throughout the day but the visiting spectators also witnessed some truly remarkable golf; exceptionally long drives, fantastic bunker shots and impressive putts.

The shot of the day was undoubtedly Trev's second shot on the par 4 14th. With 158 yards to the pin, Trev managed to find the hole with his 6 iron!

Unfortunately for the St Athan players, the Llanishen boys played the better golf on the day and produced some remarkable putts at crucial times to win two of the three matches – thus lifting the trophy at the evening gala dinner and presentation.

The competitors were honoured to be graced with the presence of the SWSC president, Max Boyce. Max briefly outlined the history of the tournament, explaining how it originated in 2003 with the sole intention of raising funds for the Wales Air Ambulance – to date this tournament alone has raised the magnificent sum of over £70,000 for an invaluable service that some of us have already been in the unfortunate position of needing.

The evening culminated with thanks being given to everybody involved in the organisation of the SWSC, along with the club captain and his team at the Grove, for not only providing a tremendously warm welcome but also the superb presentation of their course.

As Max Boyce famously says "I was there", well guess what? "So were we!"

St Athan GC welcomes new players of all abilities; for further information, call 01446 751043.

Barrivale Bridge Club

THE results for the Barrivale Bridge Club session on September 12 were as follows:

The top three placed were first, Peter Millar and Mike Close, 67.97 per cent; second, Dave Thomas and Tom Kendrick, 58.63 per cent; third, Celia and Huw Thomas, 54.46 per cent.

The handicap winners were Dave Thomas and Tom Kendrick.

New members are always welcome at the club and a partner may be arranged, if required. If you would like to join in, call 01446 418380, 01446 733425 or 01446 735592, or call in at the Pioneer Hall, Beryl Road, Barry on Tuesdays at 7pm.

A beginners' Bridge class starts on September 22 and is a perfect

introduction to bridge for anyone with no knowledge or limited knowledge of the game.

The expert bridge instructors will take you through the stages of the game with hand-outs and quizzes provided. There is also ongoing assisted play to improve skills and enjoy the challenges of bridge playing.

As a member of the beginners' class, you are part of an enthusiastic and friendly group of players who enjoy the game and chat over a cup of tea or coffee. Some members even go on to play at club level, but there is no pressure to do this.

So why not come along at 10am to the Pioneer Hall, Beryl Road, Barry on September 22 – and get your autumn off to an exciting and new start?

LH

HYSBYSIAD CYNGOR BRO MORGANNWG

GORCHYMYN CAU FFORDD DROS DRO, ADUAN 16A DEDDF RHEOLEIDDO TRAFFIC FYRDD 1984

HANNER MARATHON CAERDYDD - PENARTH

DYDD SUL 1 HYDREF 2017

RHODDIR HYSBYSIAD DRWY HYN fod Cyngor Bro Morgannwg wedi gwneud y gorchymyn canlynol dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984:-

DRWY HYN yn ystod oriau penodol o'r dydd ac ar y dyddiad a nodir yng nghlofn 1 yr Atodlen caiff y strydoedd neu'r rhannau o'r strydoedd a nodir yng nghlofn 2 yr Atodlen honno eu defnyddio i gynnal digwyddiad perthnasol fel y disgrifir yn Adran 16(A) (1) Deddf Rheoleiddio Traffig Ffyrdd 1984, mae'r Cyngor yn unol â'r pwerau a ddwymerir iddo dan Adran 16A Deddf Rheoleiddio Traffig Ffyrdd 1984 yn **GORCHYMYN AC YN CYFEIRIO** er mwyn hwylyso'r gwaith o gynnal y digwyddiad, galluogi aelodau'r cyhoedd i wyllo'r digwyddiad hwnnw ac i leihau ar unrhyw effaith ar draffig a achosir gan y digwyddiad, cydymffurfiaeth â'r rheoliad canlynol:-

CYFYNGIR, ac eithrio i'r hyn y darperir ar ei gyfer yn y gorchymyn, y defnydd o'r strydoedd neu'r rhannau o'r strydoedd a nodir i'r holl draffig cerbydau, gan gynnwys beiciau pedal, ac eithrio i Gerbydau'r Gwasanaethau Brys, rhwng yr oriau a nodir yng nghlofn 3 o'r atodlen a nodir. Y gosb am dorri'r rheoliad yw dirwy hyd at £1000.00.

SCHEDULE

| Colofn 1 | Colofn 2 | Colofn 3 |
|------------------------|--|--|
| Dydd Sul 1 Hydref 2017 | <p>1/ A4055 - Cogan Spur (ar gau yn y ddau gyfeiriad) o'r gyffordd ag A4160 Heol Penarth tua'r gogledd-ddwyrain i ffin y sir.</p> <p>2/ A4160 - Windsor Road (Cogan Hill) ar gau tua'r de-ddwyrain o'r gyffordd ag A4055 Cogan Spur i'r gyffordd â Marconi Avenue, bydd hyn yn cynnwys ffordd gylchol y gylchfan ym Marconi Avenue, er y bydd yn dal i alluogi traffig i adael Penarth tua'r gogledd-orllewin yn unig.</p> <p>3/ A4160 - Heol Penarth (ar gau yn y ddau gyfeiriad) o'r gyffordd ag A4055 Cogan Spur/Barry Road tua'r gogledd-orllewin i ffin y sir â Chaerdydd yn Afon Elai.</p> <p>4/ A4055 - Barry Road o'r gyffordd ag A4160 Heol Penarth tua'r de-orllewin i'r gyffordd â Penlan Road, wrth gyffordd Merrie Harrier, Llandochau (bydd y ffordd hon ar gau i draffig yn mynd i'r gogledd-ddwyrain yn unig, bydd hyn yn galluogi traffig i adael Penarth i gyffordd Merrie Harrier).</p> <p>5/ Llandough Hill (ar gau yn y ddau gyfeiriad), o'r gyffordd â Heol Penarth am tua 210m tua'r gorllewin.</p> <p>6/ Marconi Avenue (ar gau yn y ddau gyfeiriad), o'r gyffordd ag A4160 Windsor Road (Cogan Hill), i'r gyffordd â Terra Nova Way, bydd hyn yn cynnwys ffordd gylchol y gylchfan yn Terra Nova Way.</p> <p>7/ Terra Nova Way (y ddau gyfeiriad),</p> <p>8/ Penarth Portway (ar gau yn y ddau gyfeiriad), rhwng Terra Nova Way a maes parcio'r morglawdd, gan gynnwys ffordd gylchol y gylchfan wrth y gyffordd â Terra Nova Way.</p> <p>9/ Bydd Paget Road (a adnabyddir hefyd fel Dock Road) (ar gau yn y ddau gyfeiriad) hefyd ar gau rhwng y gyffordd â Paget Terrace a Penarth Portway, bydd hyn yn cynnwys ffordd gylchol y gylchfan wrth y gyffordd â Penarth Portway.</p> | <p>09.00am tan 12.00pm</p> <p>09.00am tan 12.00pm</p> <p>09.00am tan 12.00pm</p> <p>09.00am tan 12.00pm</p> <p>09.00am tan 12.00pm</p> <p>09.45am tan 12.00pm</p> <p>09.45am tan 12.00pm</p> <p>09.45am tan 12.00pm</p> <p>09.45am tan 12.00pm</p> |

Caiff arwyddion eu codi ar gyfer gwyradau i draffig na all ddefnyddio A4055 Cogan Spur/Barry Road nac A4160 Heol Penarth drwy B4267 Penlan Road a Leckwith Road, oherwydd pont wan ar waelod Leckwith Hill, bydd y llwybr hwn yn anaddas i gerbydau dros 7.5 tonnelli (11 tonnelli os mai cerbydau gwasanaeth cyhoeddus ar lwybr lleol ydynt, cerbydau Gwasanaethau Brys, cerbydau Cynnal a Chadw Prifffyrdd yr Awdurdod Lleol), bydd rhaid i gerbydau mwy deithio ar hyd yr A4231 Ffordd Gyswilt Dociau'r Barri, ac A4050 Port Road.

Dyddiedig 21 o Fedi 2017

M. E. Punter
Cyfarwyddwr Amgylchedd a Thai
Cyngor Bro Morgannwg
Depo The Alps
Gwenfô, CF5 6AA



THE VALE OF GLAMORGAN COUNCIL

TEMPORARY ROAD CLOSURE ORDER, SECTION 16A ROAD TRAFFIC REGULATION ACT 1984

CARDIFF HALF MARATHON - PENARTH

SUNDAY 1st OCTOBER 2017

NOTICE IS HEREBY GIVEN that the Vale of Glamorgan Council have made an order under Section 16A Road Traffic Regulation Act 1984 as follows:-

WHEREAS during certain hours of the day and date specified in column 1 of the Schedule hereto the streets or part thereof listed in column 2 of the said Schedule will be used for the holding of a relevant event as described in Section 16(A)(1) of the Road Traffic Regulation Act 1984, the Council, pursuant to the powers conferred by Section 16A of the Road Traffic Regulation Act 1984 do **HEREBY ORDER AND DIRECT** in order to facilitate the holding of the event, enable members of the public to watch the said event and to reduce the disruption to traffic likely to be caused by the event the following regulation shall be observed:-

THAT, except as provided by the order, the said streets or parts thereof shall be closed to all vehicular traffic including pedal cycles **with the exception of Emergency Services Vehicles** between the hours specified in column 3 of the said schedule. The penalty for infringement of the said regulation is a fine not exceeding £1000.00

SCHEDULE

| Column 1 | Column 2 | Column 3 |
|-------------------------|--|---|
| Sunday 1st October 2017 | <p>1/ A4055 - Cogan Spur (closed in both directions) from its junction with the A4160 Penarth Road in a north easterly direction to the county boundary.</p> <p>2/ A4160 - Windsor Road (Cogan Hill) closed in a south easterly direction from its junction with the A4055 Cogan Spur to its junction with Marconi Avenue, this will include the gyratory of the roundabout at Marconi Avenue, though it will still allow traffic to exit Penarth in a north westerly direction only.</p> <p>3/ A4160 - Penarth Road (closed in both directions) from its junction with the A4055 Cogan Spur/Barry Road in a generally north westerly direction to the county boundary with Cardiff at the river Ely.</p> <p>4/ A4055 - Barry Road from its junction with the A4160 Penarth Road in a generally south westerly direction to its junction with Penlan Road, at the Merrie Harrier junction Llandochau (this road will only be closed to northeast bound traffic, this will allow traffic to exit from Penarth to the Merrie Harrier junction).</p> <p>5/ Llandough Hill (closed in both directions), from its junction with Penarth Road for a distance of approximately 210m in a generally westerly direction.</p> <p>6/ Marconi Avenue (closed in both directions), from its junction with the A4160 Windsor Road (Cogan Hill), to its junction with Terra Nova Way, this will include the gyratory of the roundabout at Terra Nova Way.</p> <p>7/ Terra Nova Way (both directions), throughout its length.</p> <p>8/ Penarth Portway (closed in both directions), between Terra Nova Way and the barrage car park, including the gyratory of the roundabout at its junction with Terra Nova Way.</p> <p>9/ Paget Road (also known as Dock Road) (closed in both directions), will also be closed between its junction with Paget Terrace and Penarth Portway, this will include the gyratory of the roundabout at its junction with Penarth Portway.</p> | <p>09.00am to 12.00noon</p> <p>09.00am to 12.00noon</p> <p>09.00am to 12.00noon</p> <p>09.00am to 12.00noon</p> <p>09.00am to 12.00noon</p> <p>09.45am to 12.00noon</p> <p>09.45am to 12.00noon</p> <p>09.45am to 12.00noon</p> <p>09.45am to 12.00noon</p> |

Signed diversions shall be in operation for traffic unable to use A4055 Cogan Spur/Barry Road and A4160 Penarth Road will be in place via the B4267 Penlan Road and Leckwith Road, due to a weak bridge at the bottom of Leckwith Hill this route will be unsuitable for vehicles over 7.5 tonnes (11 tonnes if they are a public service vehicle on a local route, Emergency Service vehicles, local Authority Highway Maintenance vehicles), larger vehicles will have to travel via the A4231 Barry Docks Link, and A4050 Port Road.

Dated this 21st day of September 2017

M. E. Punter
Director of Environment & Housing
Vale of Glamorgan Council
The Alps Depot
Wenwoc CF5 6AA

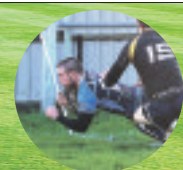




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GRIM WEATHER SPOILS GAME AS ATHLETIC LOSE OUT TO MAESTEG



ABOVE:
Matthew Norman tries to break a tackle.



Cameron Thomas is tackled.
Photos by Glensports.

Bridgend 6-9 Maesteg, National League Division One, West Central.

The Bridgend Athletic pack failed to match the intensity they showed away at Tondur the previous week and a very flat lacklustre performance saw them generally second best to a Maesteg side showing more enthusiasm for the contest.

The game was a dire spectacle, with the miserable weather leading to an error-strewn match on a greasy Newbridge Fields surface. The visitors deserved their win by 9 points to 6.

After a bright Athletic opening quarter, the Maesteg pack kept the Athletic largely on the backfoot with flanker Cameron Thomas and No 8 Sean Williams excelling in defence. Williams was also ruling the line out.

All too often the Athletic easily turned over possession. Athletic centre Tom Jenkins tried hard to attack, but found it difficult with the team generally going backwards.

The first points came on the stroke of half time when the Athletic were judged to have illegally stopped a rolling maul. They paid a double penalty with hooker Lee Murphy consigned to the sin bin and Maesteg centre Sam Griffiths adding the three points.

The Athletic started the second half on the front foot and levelled the scores when centre Robin Davies, followed his hat-trick of penalties against Tondur with an excellent 45-metre kick. Five minutes later his second penalty saw the Athletic take a 6-3 lead.

The introduction of Athletic prop Matthew Norman completely changed the scrum momentum, with the Athletic gaining ascendancy and even winning a scrum five metres from the Athletic try line and driving Maesteg back 30 metres before winning a penalty.

However, the home side failed to capitalise and the match drifted aimlessly until the final 10 minutes.

In a three-minute spell the result was turned on its head as Sam Griffiths put the visitors ahead with two quick penalties. This woke up the Athletic and they at last successfully moved the ball along the line.

Wing Dan James sprinted 30 metres over the try line, but was bundled into touch in goal as he attempted to put the ball down. Maesteg then successfully retained possession to close out the game.

The Athletic face a potentially season-defining game this Saturday, September 23, at the Morganstone Brewery Field, Bridgend, against last season's Welsh Plate winners Ystalyfera.

The team are missing the influence of club captain Ben Howe whose pre-season arm injury is keeping him out for a few more weeks. The whole team and coaches need to iron out obvious problems this training. They need to improve on their lone try by lock Jonathon Stoker in the last two weeks.

SECOND XV

Bridgend Athletic 2nd XV 11 Brackla 1st XV 3
Welsh Bowl Cup Round 1 – September 16

By virtue of competing in the Welsh Conference for clubs above Division One of the National League, Bridgend Athletic Second XV can now compete in the Welsh Bowl against first teams at third division or below level. They progressed to the second round of the competition after overcoming local rivals Brackla First XV 11-3.

The Athletic, with many players out of their normal position, started at a frantic pace controlling the opening exchanges. The ever-reliable veteran prop Ian Holman gave the set pieces a sound base.

However, a lapse of concentration allowed Brackla to shake off their defensive shackles and launch an attack that led to them opening the scoring through a penalty goal.

Just before half time the Athletic at last got their forwards going through the phases to create space for a try wide out by full back Lyndsey MacCauley to give the Athletic a 5-3 half time lead.

The Athletic and Brackla, with several experienced forwards, both showed good defences to prevent any further tries. Athletic's outside half Scott Jones' two penalties secured a hard-won victory.

This week the Athletic 2nd XV entertain Llandovery 2nd XV in the Welsh Conference.

Bridgend Athletic Youth 26 Swansea Uplands 10
Ospreys League A Division

Following a disappointing pre-season, the senior Athletic Youth team, winners of last season National League District play offs and the Ospreys A league, secured a bonus point 26-10 victory over Swansea Uplands as they set off in defence of their league title.

Many of last season's senior team have moved on to senior level and most of last season's Rags second youth team now have moved up.

The Athletic opened in confident fashion, quickly asserting control up front. This allowed the backs to

showcase their skills.

Wing Sam Palmer chipped ahead for centre Tom Davies to gather and put Palmer in for the opening try, converted by Matthew Hobby. Further good forward rucking allowed the dangerous backline to prosper with Levi Hallett crossing wide out for the second try, again converted by Hobby.

The Athletic frustratingly saw many promising moves break down. One such move saw then Uplands fly hack the ball 60 metres upfield and set up a scrum from which they moved the ball for a converted try under the posts, to leave the score 14-7 at half time.

The second half mimicked the first with the Athletic playing good attractive rugby. Flanker Joe Grabham showed great strength handing off many defenders on a barn-storming run before putting wing Cameron Lewis over in the corner.

Uplands reduced their deficit to 19-10 with a well-struck 40-metre penalty. Deteriorating weather conditions then led to lack of continuity for both sides, before replacement lock Harry Harries crashed over for the bonus point try following good forward interplay. Hobby converted for an excellent 26-10 win in greasy conditions throughout.

This Saturday the senior youth team travel to Nantyllon for another Ospreys A league game.

Bridgend Athletic Youth Rags 7 Machen Youth 22 (friendly)

The Athletic second-string youth the Rags – mainly a very young side from last season's under-16 team – played an early kick off friendly against Machen Youth.

They showed great spirit in securing a fair share of possession, but unfortunately lack of experience prevented them turning many opportunities into tries. The older more mature Machen side produced some good try-scoring moves to run in four tries.

The Rags showed character and were rewarded for their persistence with a try wide out by scrum half Josh Tidy, well converted by Sam Owens.

Coach Lee Grabham said: "This young Rags side are improving with each pre-season friendly game, and start their league campaign away at Taibach this Saturday. This season's experience will stand them in good stead and is a good stepping stone to the senior youth team in the next two seasons."

Adrian Burt
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Junior rugby at Porthcawl

Porthcawl under-12s had their first outing of the season at home to Treherbert, and ran out winners by 54-33.

Other results were:

Under-13s:

Cowbridge 43-21 Porthcawl.

Under-11s: Porthcawl

43-12 Maesteg Celtic.

Under-10s: Porthcawl

50-10 Maesteg Celtic.

Under-8s: Porthcawl

7-9 Maesteg Celtic.

Under-7s: Porthcawl

10-8 Maesteg Celtic.

Pencoed grind out valuable victory

Pencoed 19 v 10 Brynamman.



Shane Izatt makes a break for Pencoed.



Kyle Barnett gets ready to feed the scrum.
(Photos by Julie Hancock).

Due in no small part to the conditions, this was never really going to be a scintillating game of rugby.

However, what the spectators did witness was the trade mark indomitable spirit of the Pencoed squad, enabling them to grind out a third straight league win.

Pencoed were first on the score sheet after 11 minutes. Following a dummy scissors in midfield, outside half Adam Williams was able to put Morgan Jones into the gap created, with the centre powering over near the posts. Adam Williams added the conversion.

Brynamman scored next on 17 minutes, with their No10 Craig Jones slotting over a penalty.

The rest of the half then became littered with unforced errors from both sides and the only incident of note was the Pencoed No 8 and Brynamman No 10 being shown the yellow card for what can only be described as a difference of opinion, on the stroke of half time, leaving Pencoed leading 7-3.

Pencoed started the second half strongly. After securing a foothold in Brynamman territory, on 48 minutes, Shane Izatt went on a typical barnstorming run, breaking through the first line of defence, before feeding Jacob Lloyd, who was on his shoulder, for the full-back to touch down near the posts, Adam Williams again adding the extras.

Brynamman then dragged themselves back into the game when replacement David Hopkins forced himself over the home line on 53 minutes, Craig Jones adding the conversion to leave the game finely balanced at 14-10.

Both teams then went in search of the all-important next score. To the relief of the home contingent, Pencoed got it.

Following concerted pressure on the Brynamman line, with Dan Matthews to the fore, scrum half Kyle Barrett was able to force himself over on 70 minutes. The conversion was missed, shaving the wrong side of the upright.

To their credit, Brynamman used the remaining time trying to secure a losing bonus point. With a mixture of resolute defence and missed kicks, they were unable to trouble the scorers, leaving Pencoed the winners 19-10.

Kyle Barrett was the supporters' man of the match, with Adam Williams catching the coach's eye.

Next week Pencoed are away at Cwmgor. There will be a bus available for those wishing to travel.

SHD.
photos by club photographer Julie Hancock
<http://juliehancock.org>

Former rugby players are made of Iron!

CONGRATULATIONS to three former Bridgend Athletic RFC players – outside half Richard Dyke, wing Jason Raffill and flanker Marcus Sainsbury – for the second consecutive year on completing the gruelling Tenby Ironman course on Sunday, September 11.

The event comprised a 2.4-mile swim in the waters of Carmarthen Bay, a 112-mile bike ride along the Pembrokeshire coast, followed by a full 26 mile marathon around the streets and surrounding villages of Tenby.

Marcus completed the course in just under 13 hours, Jason in 13 hours and Richard in 13 hours, 47 minutes, a tremendous achievement by three over-40s.

AB